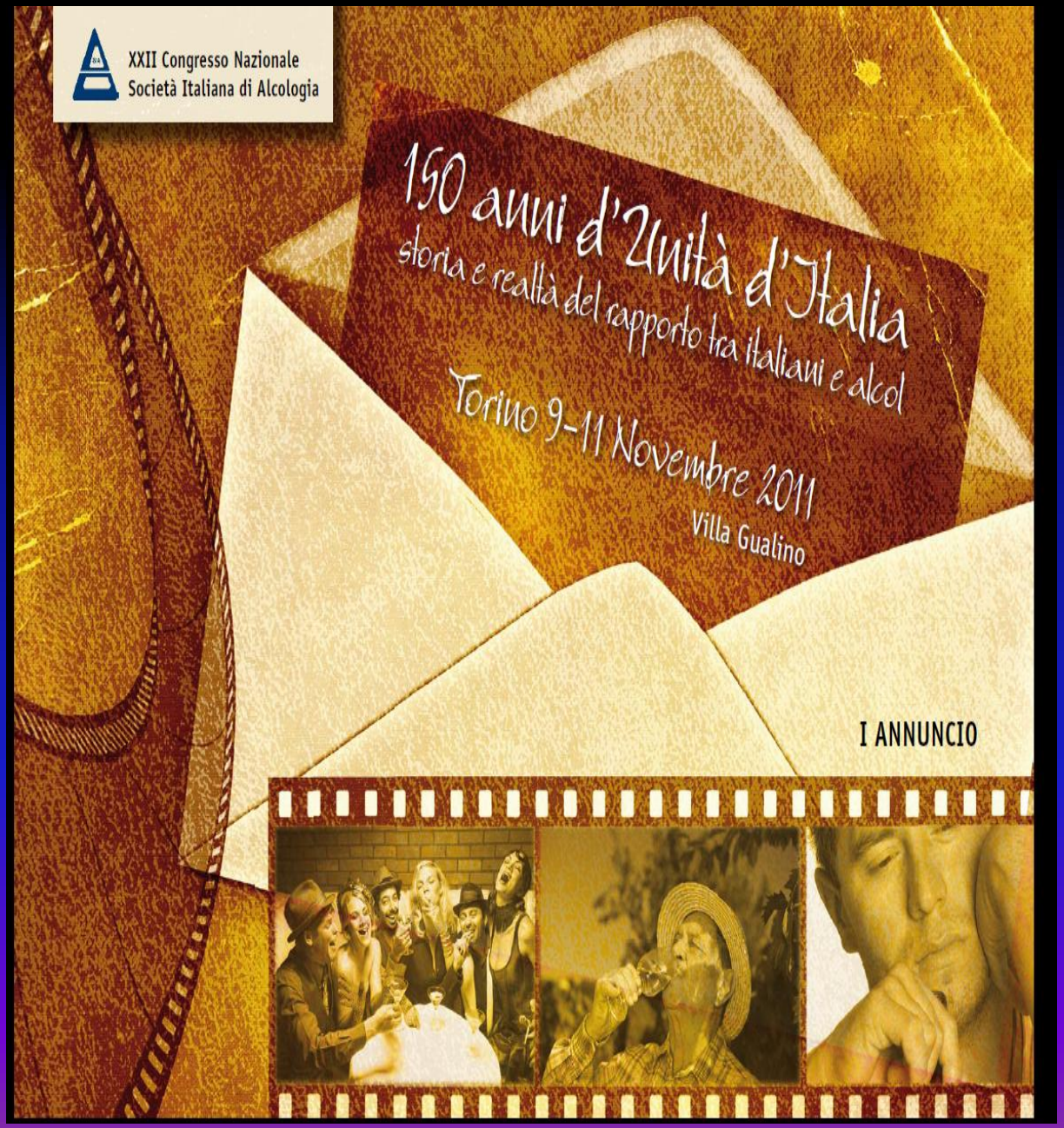


ALCOL E TUMORI

Dipartimento

Medicina Interna e Specialistica

IRCCS Ospedale San Martino-IST

Genova

Societa' Italiana di Alcologia

Gianni Testino

vino e salute
Osservatorio Nazionale sul Consumo Consapevole del Vino

Wine in Moderation
Art de Vivre

Wine, food and cancer prevention

International Symposium of the European Cancer Prevention Organization (ECP)

Castle of Grinzane Cavour (Piedmont, Italy)
25th -26th of november 2011

L' "**International Congress on wine, food and cancer prevention**" si svolgerà il **25 e 26 novembre 2011**. Si tratta di un congresso internazionale sotto l'egida dell'**ECP** (**European Cancer Prevention Organization**), una delle più prestigiose Istituzioni di ricerca scientifica in Europa. L'ECP ha sede in Belgio e costituisce un network di ricerca con affiliazioni in tutti i Paesi europei. Pubblica una rivista scientifica assai quotata: l'EJCP (European Journal of Cancer Prevention) e coordina progetti di ricerca in vari settori della prevenzione oncologica incluso quello dei rapporti fra alimentazione e cancro.
L'obiettivo è quello di far luce su un tema di rilevante significato scientifico e sociale qual è il rapporto tra il consumo di alcuni cibi, il vino e la prevenzione. Porrà in evidenza come il consumo corretto e consapevole di alcuni alimenti e di vino sia fondamentale per prevenire rischi di carattere oncologico.

Fotogallery
workshop 5-7 Febbraio 2010

citazioni celebri

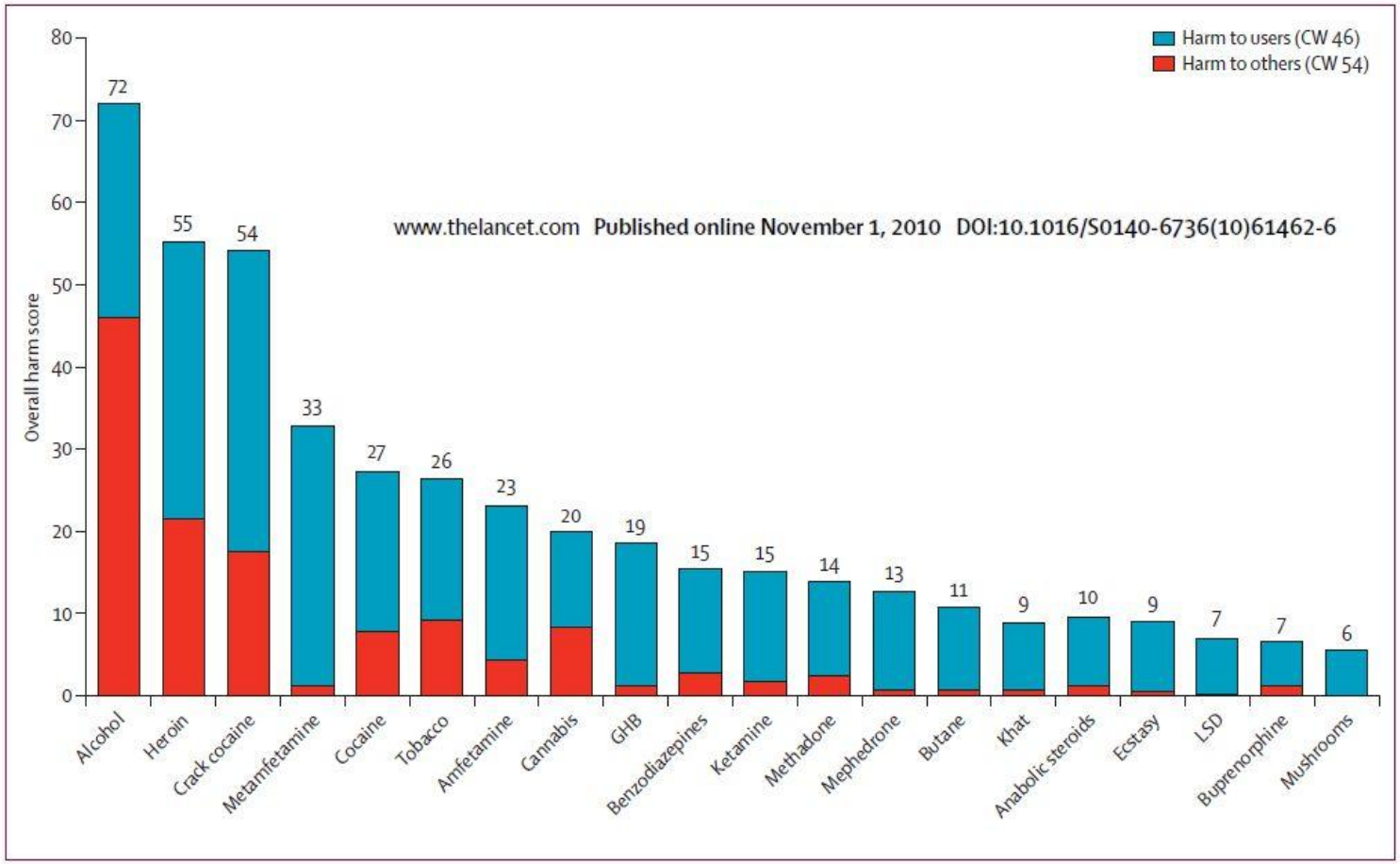
Chi beve solo acqua ha un segreto da nascondere.
(Charles Baudelaire, 1821- 1867).

Login
Nome utente
Password
Ricordami
Login

Password dimenticata?
Nome utente dimenticato?

Chi è online
3 visitatori online

ALCOL socialmente più dannoso delle droghe



www.thelancet.com Published online November 1, 2010 DOI:10.1016/S0140-6736(10)61462-6

Figure 2: Drugs ordered by their overall harm scores, showing the separate contributions to the overall scores of harms to users and harm to others
The weights after normalisation (0–100) are shown in the key (cumulative in tl
all the criteria to others, 54). CW=cumulative weight. GHB=γ hydroxybutyric ac

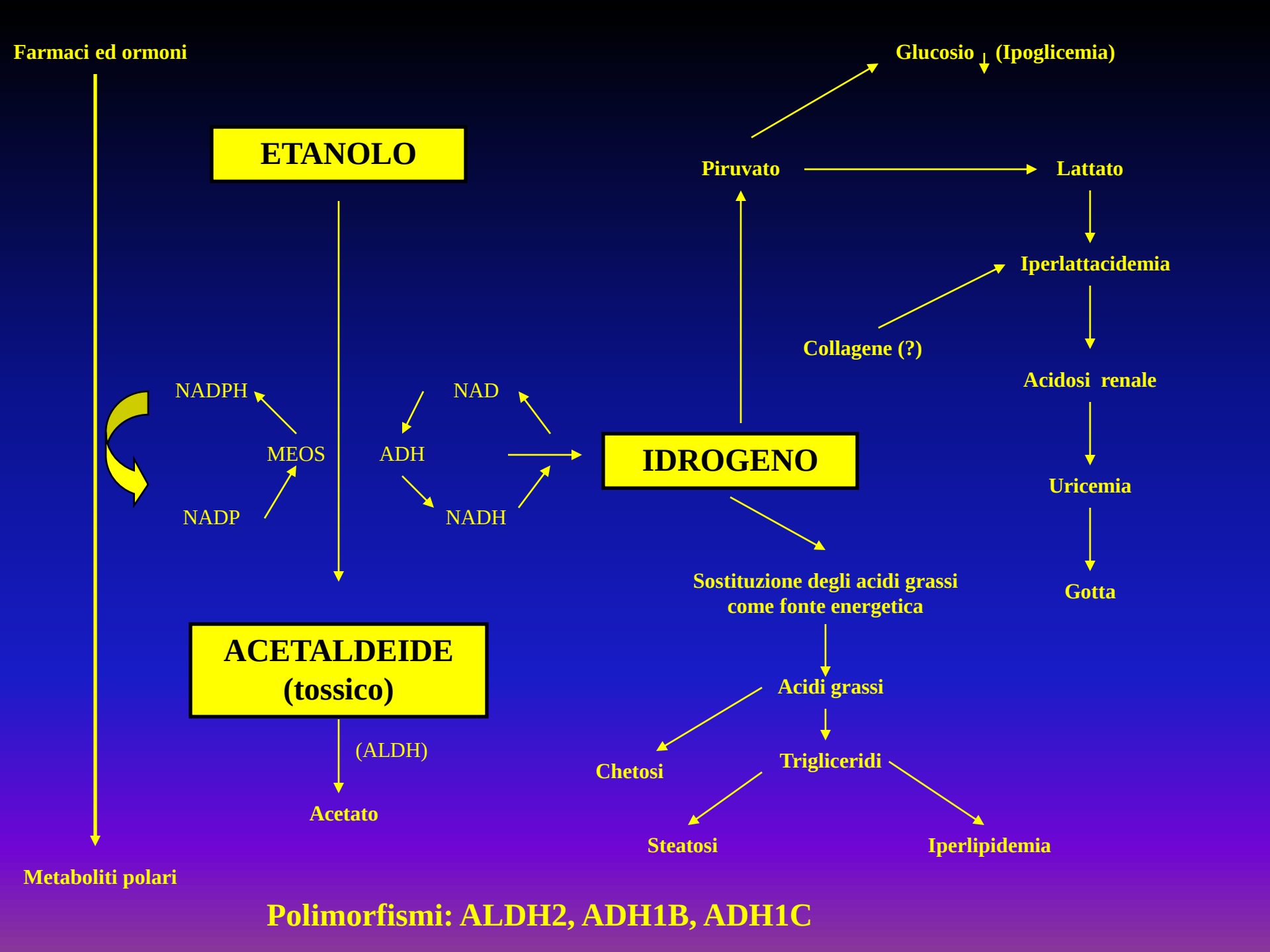
Drug harms in the UK: a multicriteria decision analysis

David J Nutt, Leslie A King, Lawrence D Phillips, on behalf of the Independent Scientific Committee on Drugs

The major external, modifiable risk factors are: environmentally influenced behaviours such as tobacco use; alcohol consumption; unhealthy diets and physical inactivity ……

Alcohol Control is the second Legislative Priority for Cancer Prevention

Beaglehole et al, Public Health 2011


Farmaci ed ormoni
Glucosio
(Ipoglicemia)
ETANOLO
Piruvato
Lattato
Iperlattacidemia
Collagene (?)
Acidosi renale
NADPH
NAD
MEOS
ADH
IDROGENO
NADP
NADH
Uricemia
Gotta
Sostituzione degli acidi grassi
come fonte energetica
ACETALDEIDE
(tossico)
Acidi grassi
(ALDH)
Chetosi
Trigliceridi
Acetato
Steatosi
Iperlipidemia
Metaboliti polari
Polimorfismi: ALDH2, ADH1B, ADH1C

ALCOHOL

Fatty Liver

Alcohol Hepatitis/Fibrosis

Cirrhosis

Hepatocellular Carcinoma

Chronic Pancreatitis

Parotid Hypertrophy

Glossitis

Stomatitis

Gastro-Esophageal Reflux

Mallory-Weiss Syndrome

Chronic Gastritis

Erosive Hemorrhagic Gastritis

Delayed Gastric Emptyimg

Malabsorption

Reduce Transit Time

Carcinogenesis*

***Upper Aero-Digestive Tract, Colon, Rectum, Breast, Liver, Pancreas**

Testino G,

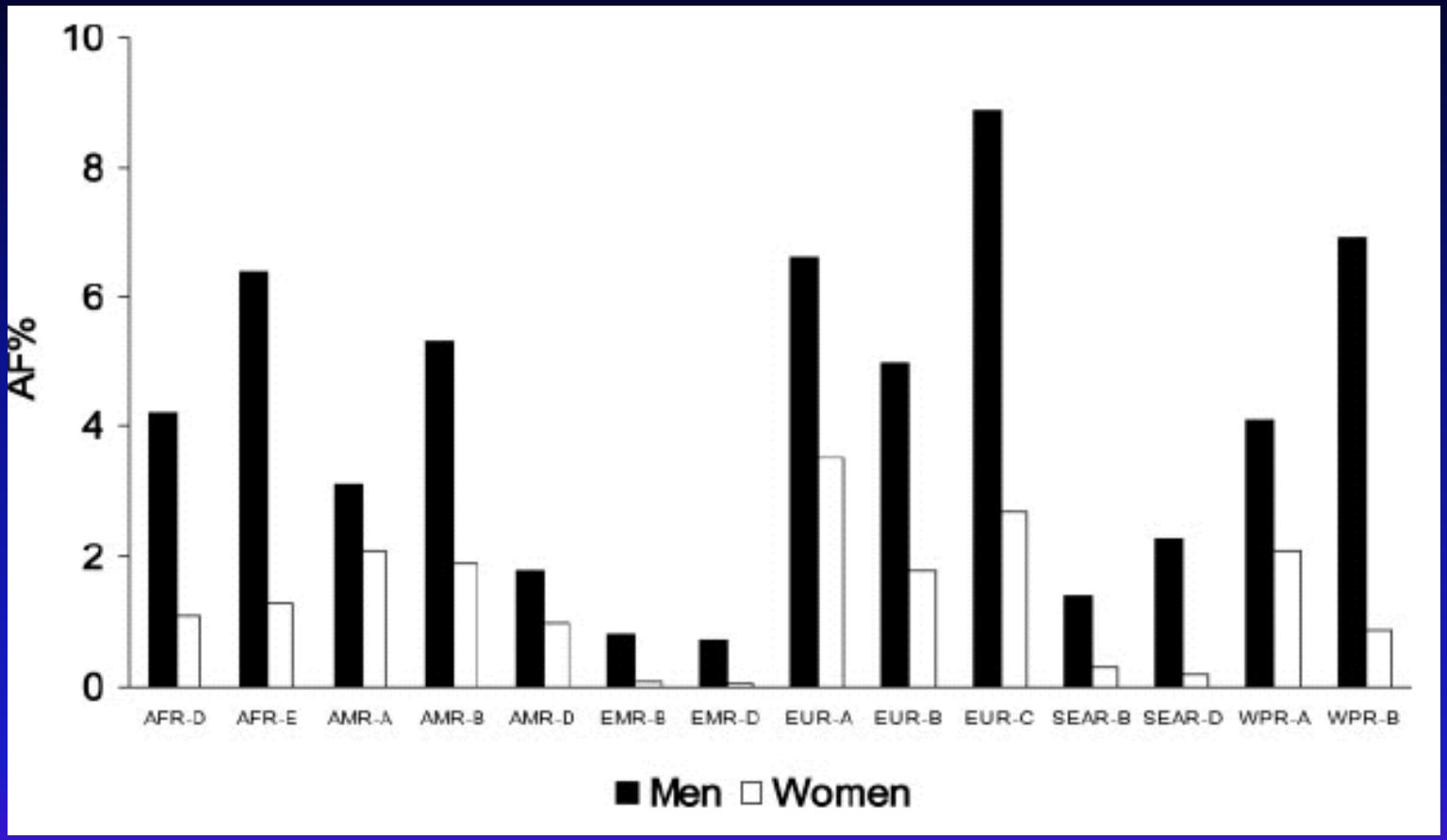
Hepatogasroenterology 2008

Table 1 | **Alcohol and experimental carcinogenesis**

Animal species	Sex	No.	Exposure time	Ethanol administration	Effects	Comments	Ref
B6C3F1 mice	F and M	281	104 weeks	2.5% and 5.0% in dw	More male animals with HCA and HCC	Significant dose-related trend ($P<0.05$)	31
ICR mice	F	40	25 months	10% and 15% in dw	45% more animals with papillary and meduallary adenocarcinomas of the breast ($P=0.0012$)	No tumours in control group	32
C57/B6^{APCmin} mice	M	24	10 weeks	15% and 20% in dw	More intestinal tumours ($P=0.027$); more tumours in the distal small intestine ($P=0.01$)	C57/B6 ^{APCmin} mice respresent a genetic model that resembles that of FAP in humans.	33
SD Rats	F and M	440	Life long	10% in dw	More tumours of oral cavity, lips, tongue and forestomach ($P=0.001$)	More animals developed malignant tumours, and more tumours per animal were observed after alcohol feeding	34

dw, drinking water; F, female; FAP, familial adenomatous polyposis; HCA, hepatocellular adenoma; HCC, hepatocellular carcinoma; M, male.

Seitz and Stickel, Nature Rev. 2007



Alcohol-Attributable fraction (AF) of all cancer by sex and WHO subregion

Boffetta et al, Int J Cancer 2006

Selection process and main characteristics of the studies selected for the meta-analysis

Condition	History of studies selection			Study design		No. of cases	RR (and 95% CI) for selected doses of alcohol intake[a]		
	Retrieved[b]	Included[c]	Selected[d]	Case-control	Cohort		25 g/day	50 g/day	100 g/day
Neoplastic conditions (cancer site)									
Oral cavity and pharynx	58	24	15	14	1	4507	1.86 (1.76–1.96)	3.11 (2.85–3.39)	6.45 (5.76–7.24)
Esophagus	51	28	14	13	1	3233	1.39 (1.36–1.42)	1.93 (1.85–2.00)	3.59 (3.34–3.87)
Larynx	38	20	20	20	0	3789	1.43 (1.38–1.48)	2.02 (1.89–2.16)	3.86 (3.42–4.35)
Colon		16	16	12	4	5360	1.05 (1.01–1.09)	1.10 (1.03–1.18)	1.21 (1.05–1.39)
Rectum	}49	14	6	4	2	1420	1.09 (1.08–1.12)	1.19 (1.14–1.24)	1.42 (1.30–1.55)
Liver	43	19	10	8	2	1321	1.19 (1.12–1.27)	1.40 (1.25–1.56)	1.81 (1.50–2.19)
Breast	72	48	29	24	5	32,175	1.25 (1.20–1.29)	1.55 (1.44–1.67)	2.41 (2.07–2.80)
Non neoplastic conditions									
Essential hypertension	11	3	2	0	2	5801	1.43 (1.33–1.53)	2.04 (1.77–2.35)	4.15 (3.13–5.52)
Coronary heart disease	196	51	28	0	28	49,640	0.81 (0.79–0.83)	0.87 (0.84–0.90)	1.13 (1.06–1.21)
Ischemic stroke		7	6	3	3	893	0.90 (0.75–1.07)	1.17 (0.97–1.44)	4.37 (2.28–8.37)
Hemorrhagic stroke	}56	9	9	6	3	1192	1.19 (0.97–1.49)	1.82 (1.46–2.28)	4.70 (3.35–6.59)
Gastroduodenal ulcer	9	3	2	1	1	425	0.98 (0.77–1.25)	0.97 (0.59–1.57)	0.93 (0.35–2.45)
Liver cirrhosis	27	15	9	6	3	2202	2.90 (2.71–3.09)	7.13 (6.35–8.00)	26.52 (22.26–31.59)
Chronic pancreatitis	4	2	2	2	0	247	1.34 (1.16–1.54)	1.78 (1.34–2.36)	3.19 (1.82–5.59)
Injures and violence	34	18	12	1	11	4501	1.12 (1.06–1.18)	1.26 (1.13–1.40)	1.58 (1.27–1.95)
Total	561	240	156	99	57	116,706	–	–	–

Corrao et al, Preventive Medicine 2004

	Cases	Controls	Relative risk (95% CI)	p for trend	Ref
Oral, pharynx					
Men					
None	13	78	1·00 (Reference)	<0·001	13
<1 OWE	20	90	1·33 (0·57–3·13)		
1·0–2·9 OWE	19	48	2·37 (1·00–5·64)		
3·0–6·9 OWE	13	27	2·89 (1·10–7·60)		
≥7 OWE*	8	11	4·36 (1·39–13·68)		
Women					
None	55	192	1·00 (Reference)	1·0	13
<1 OWE*	34	127	0·93 (0·53–1·64)		
1·0–2·9 OWE*	7	28	0·87 (0·29–2·59)		
3·0–6·9 OWE*	1	8	0·44 (0·03–7·09)		
≥7 OWE*	3	4	2·62 (0·51–13·34)		
Non-drinkers	4	202	1·00 (Reference)	0·03	14
<35 years of drinking	16	382	2·9 (0·9–9·2)		
≥35 years of drinking	22	278	3·6 (1·2–11·2)		
Missing data	0	2			
Oesophagus					
Never drinkers	91	423	1·00 (Reference)	0·002	15
1–24 mL ethanol/day	14	65	1·43 (0·72–2·84)		
25–49 mL ethanol/day	12	43	1·61 (0·75–3·48)		
50–149 mL ethanol/day	14	69	1·77 (0·85–3·67)		
≥150 mL ethanol/day	9	18	5·70 (2·11–15·44)		
Missing data	4	12			
Larynx					
<8 drinks/day	31	142	1·00 (Reference)	NA	16
≥8 drinks/day	9	18	2·46 (0·98–6·20)		

OWE=ounces of whiskey equivalent: combined intake of beer, wine, and liquor.

Table 1: Relative risk of cancer of upper aerodigestive tract with alcohol consumption, never-smokers

Lancet, February 2006

WORLD HEALTH ORGANIZATION
International Agency for Research on Cancer
(IARC)
Evaluation of Carcinogenic Risks to Humans

Group 1 Carcinogenic to humans
(arsenic, asbesto, benzene, radionuclide, tobacco smoking …..)

Group 2 A Probably carcinogenic to humans

Group 2B Possibly carcinogenic to humans
(radio frequency elettromagnetic fields from wireless phones ….)

Group 3 Unclassifiable as to carcinogenicity in humans

Group 4 Probably not carcinogenic to humans

IARC; Lancet Oncology, November 2009

	Tumour sites for which there is sufficient evidence	Tumour sites for which there is limited evidence	Tumour sites for which there is evidence suggesting lack of carcinogenicity
Tobacco smoking	Oral cavity, oropharynx, nasopharynx, and hypopharynx, oesophagus (adenocarcinoma and squamous-cell carcinoma), stomach, colorectum,* liver, pancreas, nasal cavity and paranasal sinuses, larynx, lung, uterine cervix, ovary (mucinous)*, urinary bladder, kidney (body and pelvis), ureter, bone marrow (myeloid leukaemia)	Female breast*	Endometrium (postmenopausal*), thyroid*
Parental smoking (cancer in the offspring)	Hepatoblastoma*	Childhood leukaemia (in particular acute lymphocytic leukaemia)*	
Second-hand smoke	Lung	Larynx,* pharynx*	
Smokeless tobacco	Oral cavity, oesophagus,* pancreas		
Areca nut			
Betel quid with added tobacco	Oral cavity, pharynx, oesophagus		
Betel quid without added tobacco	Oral cavity, oesophagus*	Liver*	
Alcohol consumption	Oral cavity, pharynx, larynx, oesophagus, liver, colorectum, female breast	Pancreas*	Kidney, non-Hodgkin lymphoma
Acetaldehyde associated with alcohol consumption	Oesophagus,* head and neck*		
Chinese-style salted fish	Nasopharynx	Stomach*	
Indoor emissions from household combustion of coal	Lung		

*New sites.

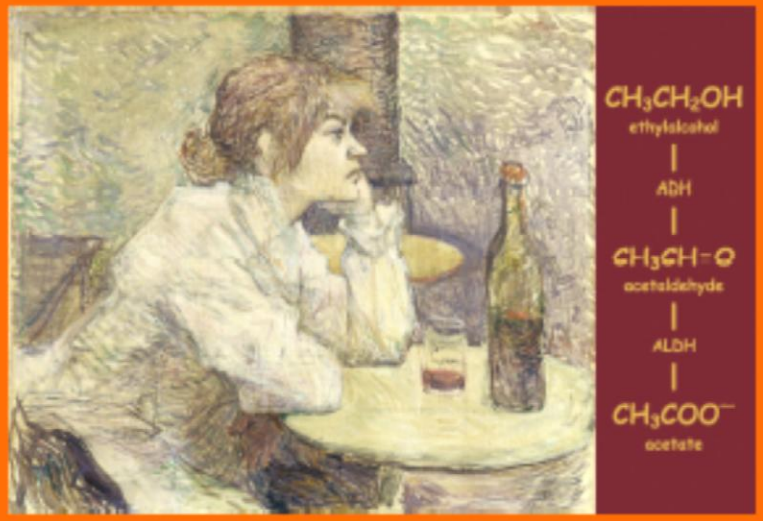
Table: Evidence for carcinogenicity in humans of Group 1 agents assessed

WORLD HEALTH ORGANIZATION
INTERNATIONAL AGENCY FOR RESEARCH ON CANCER

IARC Monographs on the Evaluation of Carcinogenic Risks to Humans

VOLUME 96

Alcohol Consumption and Ethyl Carbamate



LYON, FRANCE
2010

Alcohol Attributable Burden of Incidence of Cancer in Eight European Countries* Based on Results from Prospective Cohort Study

* Denmark, France, Germany, Greece, Italy, the Netherlands, Spain, UK

…among men and women, 10% (95% confidence interval 7 to 13%) and 3% (1 to 5%) of the incidence of total cancer was attributable to former and current alcohol consumption……

Alcohol Attributable Fractions:

upper aerodigestive tract	44% for men and 25% for women
liver	33% for men and 18% for women
colorectal	17% for men and 4% for women
female breast	5%

BMJ 2011; 342: d1564

Site of cancer (ICD 7)	Men				Women			
	Obs	Exp	SIR	(95% CI)	Obs	Exp	SIR	95% (CI)
All cancers except non-melanoma skin cancer (140–205 minus 191)	2145	1140.8	1.9	(1.8–2.0)**	601	239.1	2.5	(2.3–2.7)**
Buccal cavity and pharynx (140–148)	227	48.2	4.7	(4.1–5.4)**	42	3.2	13.1	(9.5–17.7)**
Lip (140)	3	14.5	0.2	(0.0–0.6)*	0	0.3	0.0	(0.0–12.7)
Tongue (141)	47	5.7	8.3	(6.1–11.0)**	10	0.5	20.4	(9.8–37.5)**
Salivary glands (142)	6	3.2	1.9	(0.7–4.1)	1	0.4	2.3	(0.0–12.9)
Mouth (143–144)	76	11.0	6.9	(5.5–8.7)**	11	1.0	10.7	(5.3–19.1)**
Pharynx (145–148)	95	13.8	6.9	(5.6–8.4)**	20	1.0	21.1	(12.9–32.5)**
Digestive organs and peritoneum (150–159)	473	297.8	1.6	(1.5–1.7)**	55	38.4	1.4	(1.1–1.9)*
Oesophagus (150)	80	19.6	4.1	(3.2–5.1)**	8	1.1	7.1	(3.1–14.0)**
Stomach (151)	68	49.6	1.4	(1.1–1.7)*	7	3.7	1.9	(0.8–3.9)
Colon (153)	89	87.5	1.0	(0.8–1.3)	14	15.7	0.9	(0.5–1.5)
Rectum (154)	81	66.6	1.2	(1.0–1.5)	4	7.4	0.5	(0.2–1.4)
Liver (155)	64	13.6	4.7	(3.6–6.0)**	8	1.3	6.0	(2.6–11.9)**
Gall bladder (155.1)	9	7.6	1.2	(0.5–2.3)	4	1.7	2.3	(0.6–6.0)
Pancreas (157)	61	36.5	1.7	(1.3–2.2)**	6	4.8	1.2	(0.5–2.7)
Respiratory system (160–164)	661	276.7	2.4	(2.2–2.6)**	96	24.2	4.0	(3.2–4.9)**
Larynx (161)	121	26.1	4.6	(3.9–5.5)**	4	1.0	3.9	(1.0–9.9)*
Lung (162)	523	238.2	2.2	(2.0–2.4)**	90	22.4	4.0	(3.2–5.0)**
Pleura (162.2)	11	6.5	1.7	(0.8–3.0)	1	0.3	3.6	(0.1–19.9)
Urinary system (180–181)	174	156.3	1.1	(1.0–1.3)	16	10.7	1.5	(0.9–2.4)
Kidney (180)	64	44.4	1.4	(1.1–1.8)*	10	4.8	2.1	(1.0–3.8)*
Urinary bladder (181)	110	112.0	1.0	(0.8–1.2)	6	5.9	1.0	(0.4–2.2)
Breast (170)	3	2.2	1.4	(0.3–4.1)	93	75.9	1.2	(1.0–1.5)
Female genital organs (171–176)	–	–	–	–	58	45.8	1.3	(1.0–1.6)
Cervix uteri (171)	–	–	–	–	29	16.3	1.8	(1.2–2.6)*
Corpus uteri (172)	–	–	–	–	8	13.2	0.6	(0.3–1.2)
Ovary (175)	–	–	–	–	16	13.8	1.2	(0.7–1.9)
Male genital organs (177–179)	170	133.6	1.3	(1.1–1.5)*	–	–	–	–
Prostate gland (177)	135	100.7	1.3	(1.1–1.6)**	–	–	–	–
Testis (178)	27	28.1	1.0	(0.6–1.4)	–	–	–	–

*$P < 0.05$.
**$P < 0.001$.

Thygesen et al, Alcohol and Alcoholism 2009

IARC; Lancet Oncology, November 2009

	Tumour sites for which there is sufficient evidence	Tumour sites for which there is limited evidence	Tumour sites for which there is evidence suggesting lack of carcinogenicity
Tobacco smoking	Oral cavity, oropharynx, nasopharynx, and hypopharynx, oesophagus (adenocarcinoma and squamous-cell carcinoma), stomach, colorectum,* liver, pancreas, nasal cavity and paranasal sinuses, larynx, lung, uterine cervix, ovary (mucinous)*, urinary bladder, kidney (body and pelvis), ureter, bone marrow (myeloid leukaemia)	Female breast*	Endometrium (postmenopausal*), thyroid*
Parental smoking (cancer in the offspring)	Hepatoblastoma*	Childhood leukaemia (in particular acute lymphocytic leukaemia)*	
Second-hand smoke	Lung	Larynx,* pharynx*	
Smokeless tobacco	Oral cavity, oesophagus,* pancreas		
Areca nut			
Betel quid with added tobacco	Oral cavity, pharynx, oesophagus		
Betel quid without added tobacco	Oral cavity, oesophagus*	Liver*	
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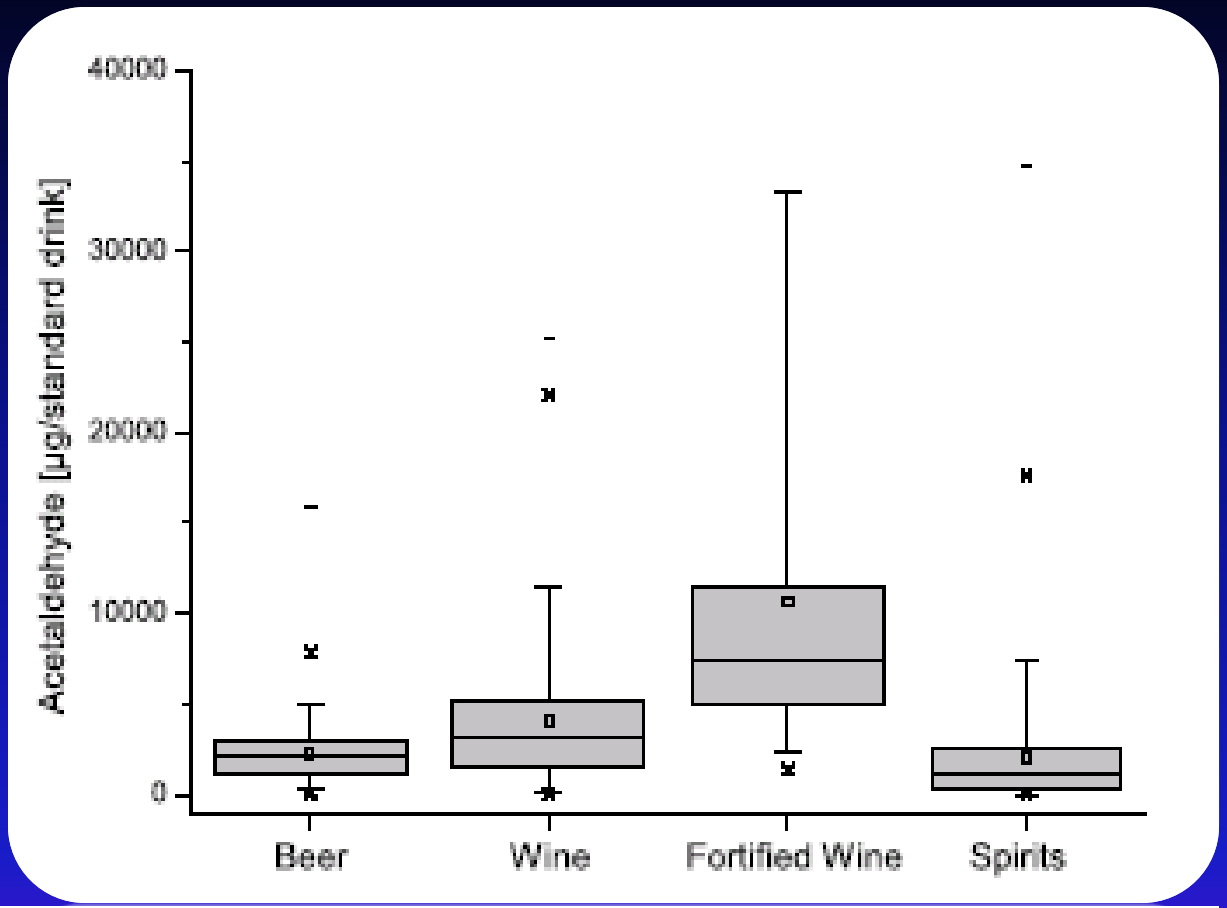
Acetaldehyde associated with alcohol consumption	Oesophagus,* head and neck*		
Chinese-style salted fish	Nasopharynx	Stomach*	
Indoor emissions from household combustion of coal	Lung		

*New sites.

Table: Evidence for carcinogenicity in humans of Group 1 agents assessed



Box chart of the acetaldehyde content of alcoholic beverages (in µg/portion).

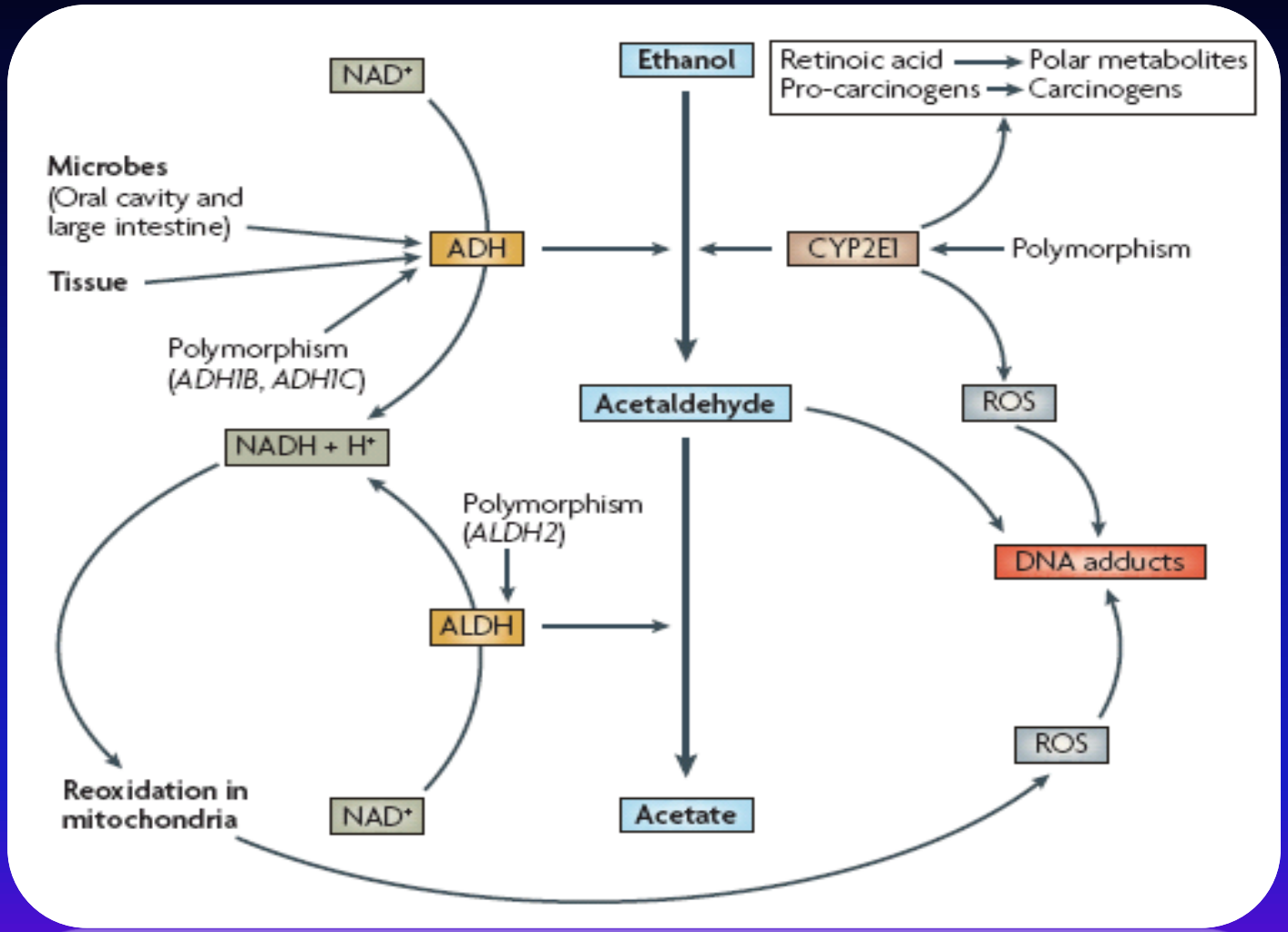
D.W. Lachenmeier, Food and Chemical Toxicology 2008

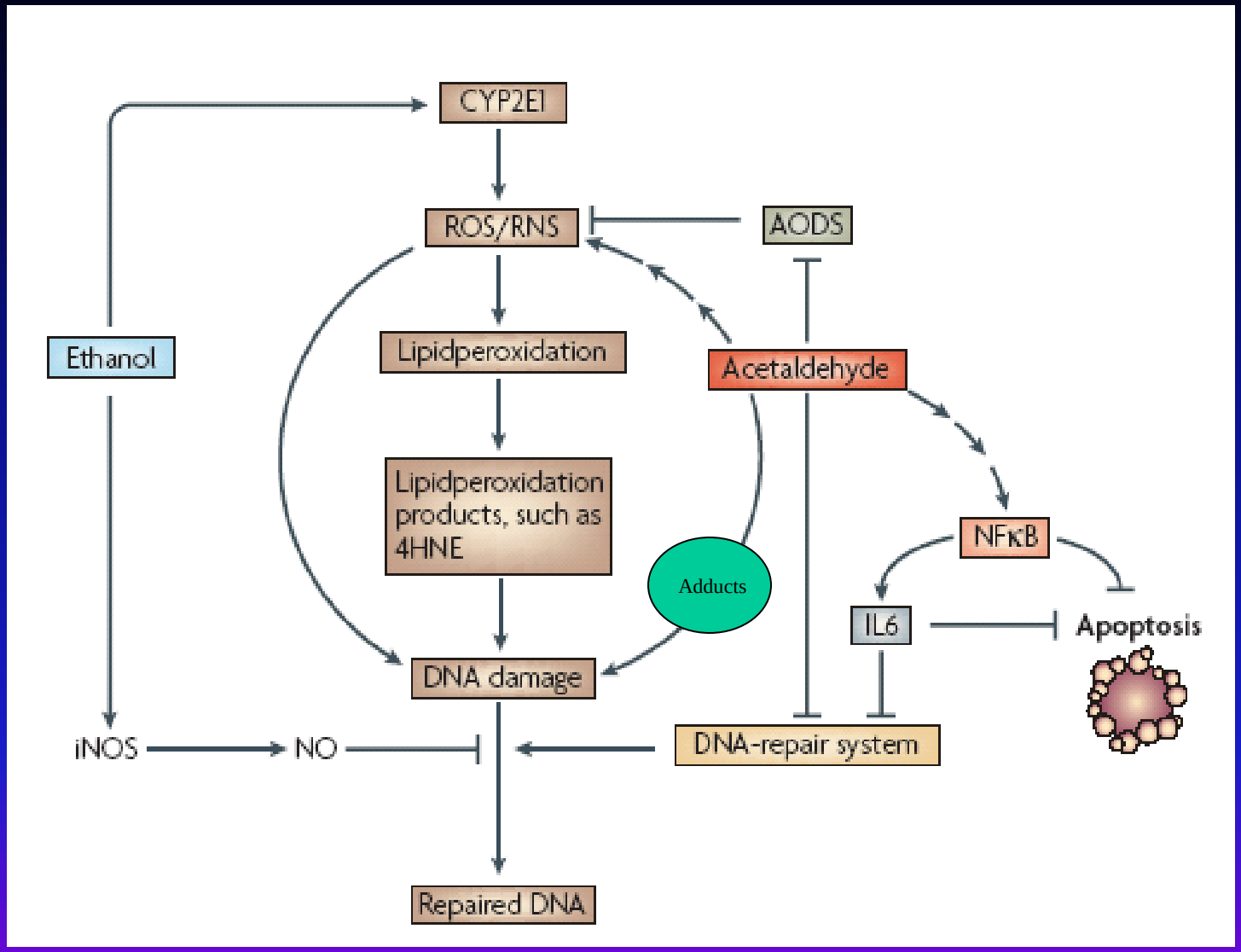
D.W Lachenmeier et al, Addiction 2009

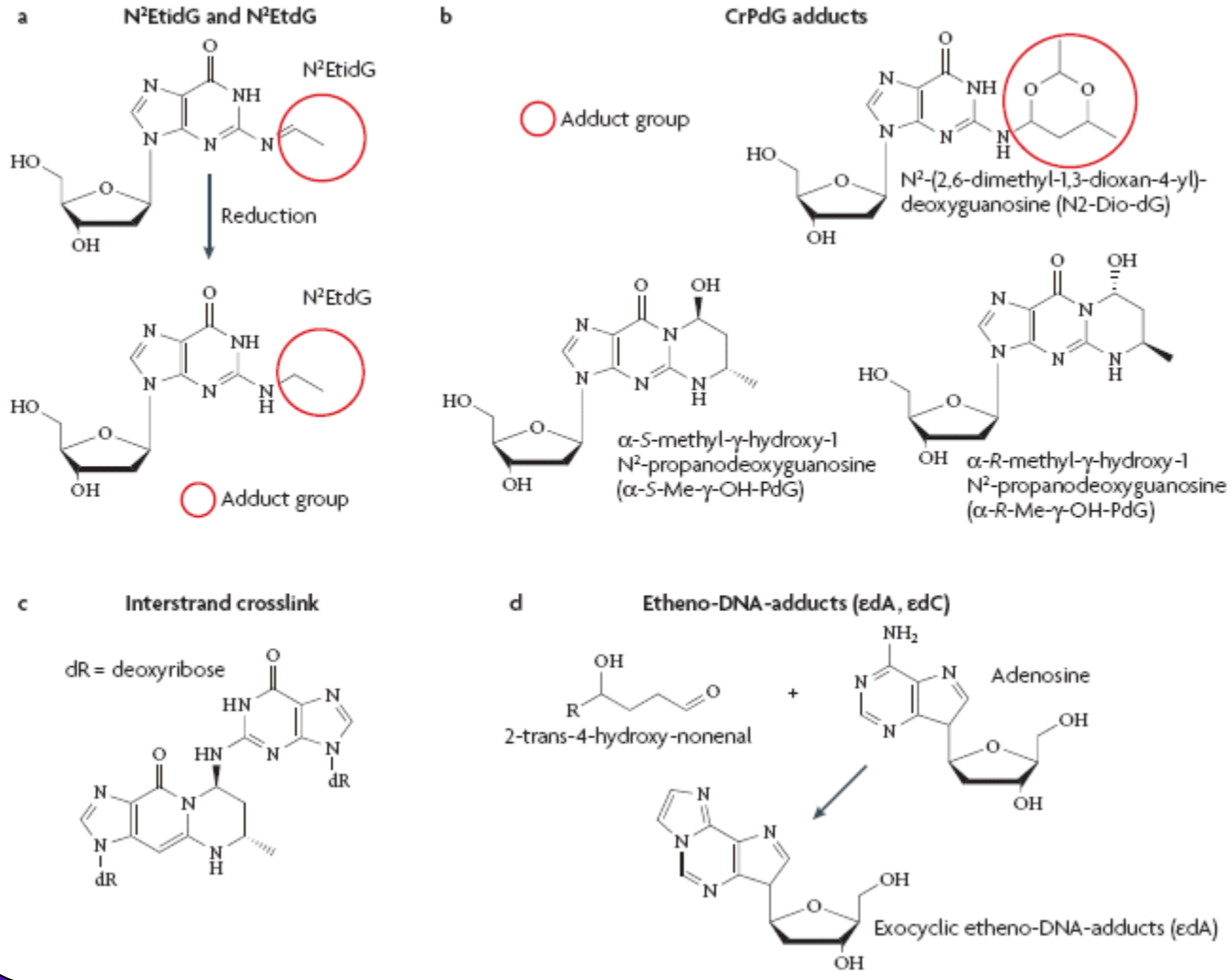
ALCOHOL AND CARCINOGENESIS

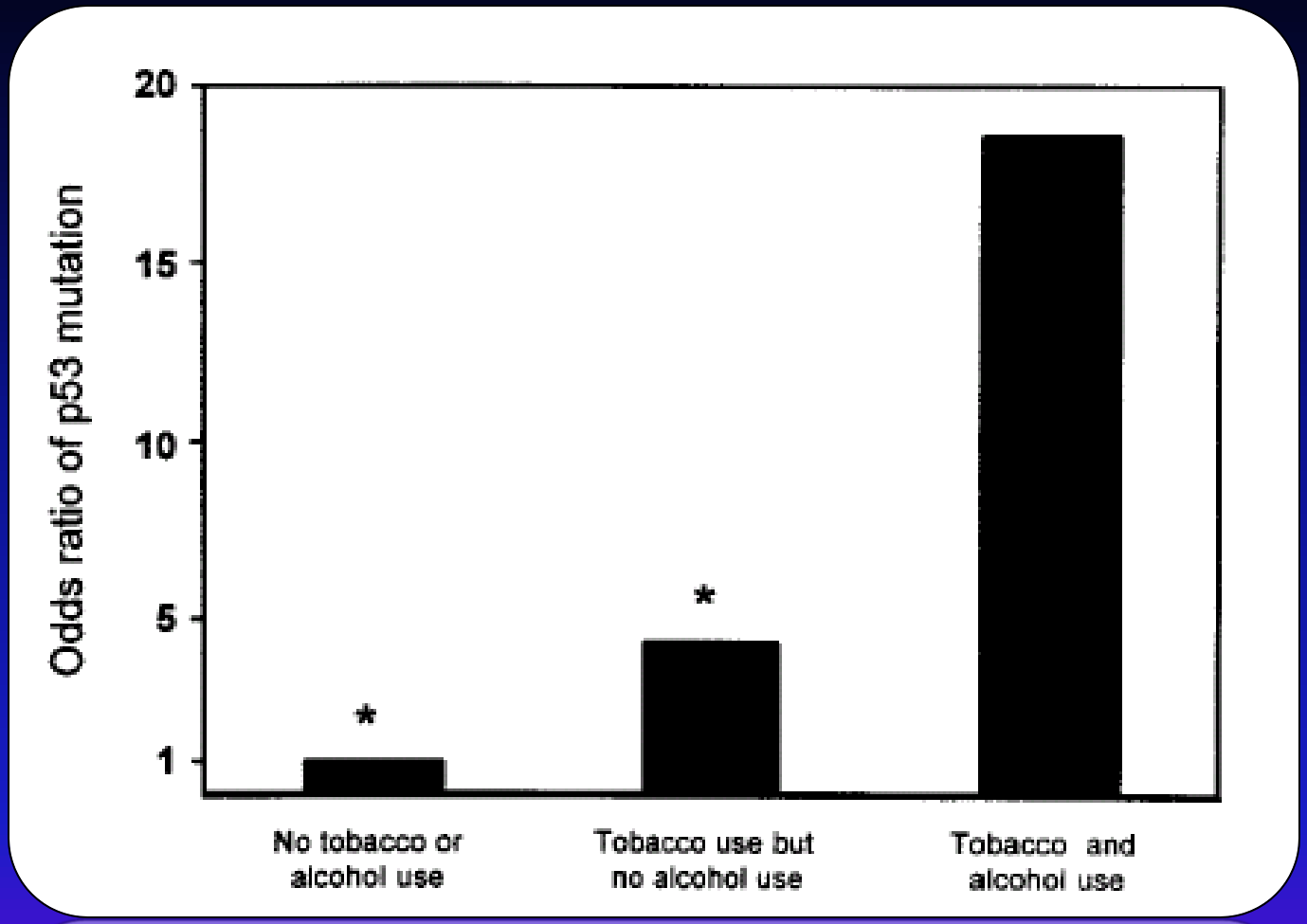
- ✓ Local Effect
- ✓ Acetaldehyde (ALDH isoenzymes polymorphism)
- ✓ Polymorphisms of ADH1B, ADH1C
- ✓ Induction of CYP2E1 (conversion of various xenobiotics)
- ✓ Nutritional Deficiencies
- ✓ Interaction with Retinoids
- ✓ Changes in the degree of Methylation
- ✓ Immune Surveillance

Testino G, Hepatogastroenterol 2008


NAD+
Ethanol
Retinoic acid → Polar metabolites
Pro-carcinogens → Carcinogens
Microbes
(Oral cavity and
large intestine)
Tissue
ADH
CYP2E1
Polymorphism
Polymorphism
(ADH1B, ADH1C)
Acetaldehyde
ROS
NADH + H+
Polymorphism
(ALDH2)
DNA adducts
ALDH
ROS
Reoxidation in
mitochondria
NAD+
Acetate


CYP2E1
ROS/RNS
AODS
Ethanol
Lipidperoxidation
Acetaldehyde
Lipidperoxidation products, such as 4HNE
NFκB
Adducts
IL6
Apoptosis
DNA damage
iNOS
NO
DNA-repair system
Repaired DNA


a
N²EtidG and N²EtdG
N²EtidG
Reduction
N²EtdG
Adduct group
b
CrPdG adducts
Adduct group
N²-(2,6-dimethyl-1,3-dioxan-4-yl)-deoxyguanosine (N2-Dio-dG)
α-S-methyl-γ-hydroxy-1 N²-propanodeoxyguanosine (α-S-Me-γ-OH-PdG)
α-R-methyl-γ-hydroxy-1 N²-propanodeoxyguanosine (α-R-Me-γ-OH-PdG)
c
Interstrand crosslink
dR = deoxyribose
d
Etheno-DNA-adducts (εdA, εdC)
2-trans-4-hydroxy-nonenal
Adenosine
Exocyclic etheno-DNA-adducts (εdA)



Ahrendt et al, Cancer Research 2000

PREDISPOSITION TO ALCOHOLIC LIVER DISEASE

Mutations and Polymorphism of genes

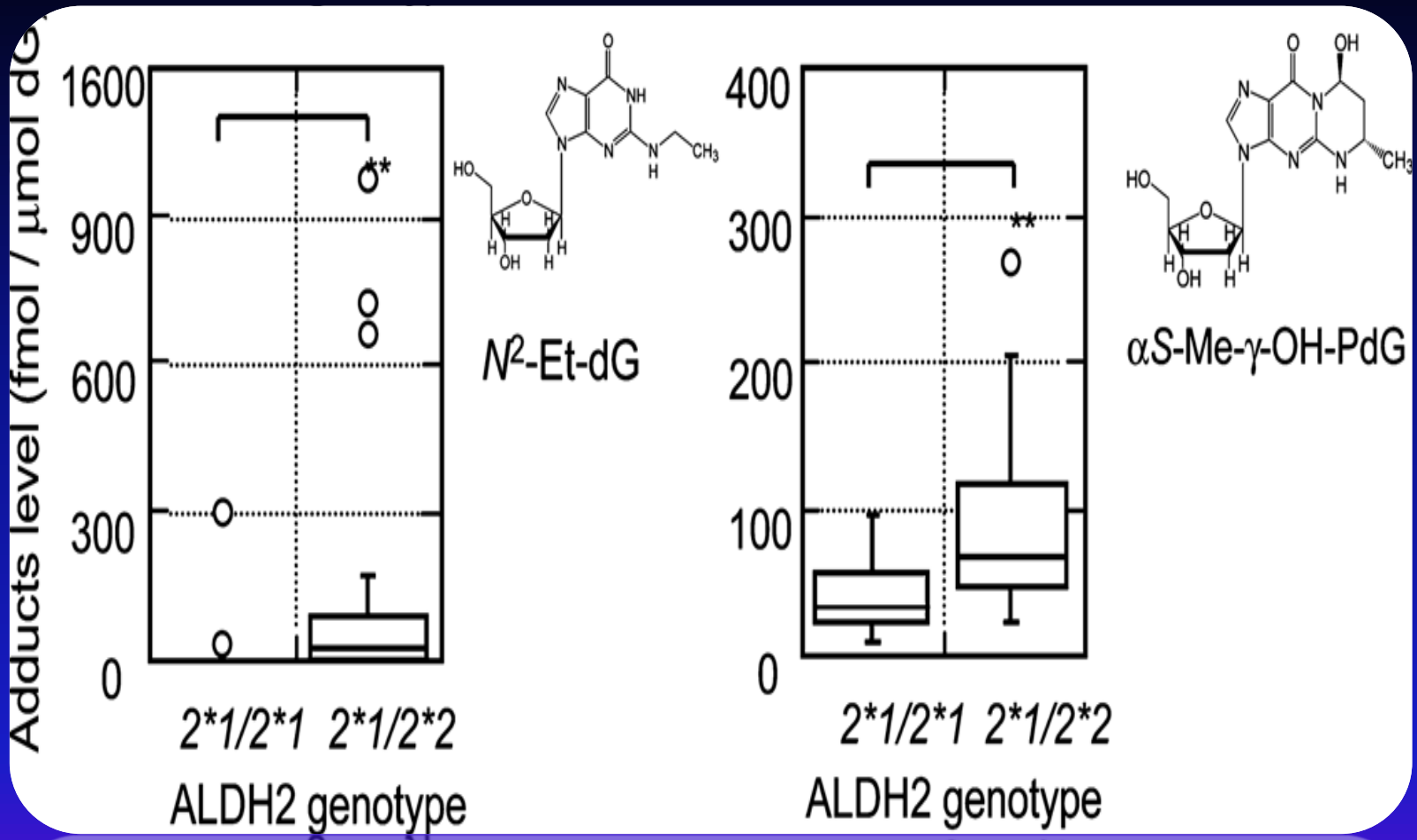
- Ethanol metabolism (ADHs, ALDHs, CYP2E1, Mitochondrial Superoxide Dismutase, Myeloperoxidase)
- Cytokines of the inflammatory response (TNF alpha, TNF alpha promoter polymorphisms, IL1, IL10,TNF-alpha-type-1 receptor,….)
- Polymorphisms in DNA repair genes (DNA ligase III, DNA polymerase b, poly-ADB-ribose-polymerase….)
- Genes involved in estrogen synthesis and metabolism (CYP17, CYP19, CYP1B1, catechol-0-methyltransferase)
- Polymorphisms in methylenetetrahydrofolate reductase
- GABA-ergic, dopaminergic, serotoninergic systems
- Components of immune systems (innate, adaptive)

IARC, 2010

TABLEAU 1 : POLYMORPHISMES GÉNÉTIQUES ASSOCIÉS AUX ENZYMES QUI MÉTABOLISENT L'ALCOOL

Enzyme	Allèles humains	Ancienne nomenclature	Activité enzymatique	Fréquence par population	Référence
ADH1B	*ADH1B*1*	*ADH2*1*	Active		Bosron, 1986 ; Quertemont, 2004 ; Brennan, 2004b ; Coutelle, 1998
	ADH1B*2	***ADH2*2***	**Hyperactive** (x 43 / *ADH1B*1*)	Européenne 0-10 % Africaine 0-15 % Asiatique 10-90 %	
	*ADH1B*3*	*ADH2*3*	Hyperactive		
ADH1C	***ADH1C*1***	***ADH3*1***	**Hyperactive** (x 2,5 / *ADH1C*2*)	Européenne 45-70 % Africaine 75-90 % Asiatique 85-100 %	Bosron, 1986 ; Quertemont, 2004 ; Brennan, 2004b ; Coutelle, 1998
	*ADH1C*2*	*ADH3*2*	Active		
ALDH2	*ALDH2*1*		Active		Crabb, 1989 ; Brennan, 2004b
	ALDH2*2		**Inactive** (/ *ADLH2*1*)	Européenne 0-5 % Asiatique 0-35 %	
CYP2E1	*c1*		Active		Bouchardy, 2000 ; Hildesheim, 1997
	c2		**Hyperactive** (/ *CYP2E1 c1*)	Européenne 0-10 % Asiatique 20-25 %	

Institute National du Cancer, www.e-cancer.fr 2007



Matsuda et al, Chem Res Toxicol 2006

Table II. Relative risk (odds ratios) of digestive tract cancers among Japanese alcoholics after adjustment for confounders among ALDH2-deficient subjects compared with those with the normal ALDH2 enzyme.

Type of cancer	Odds ratios
Oropharyngolaryngeal	11.1
Oesophageal	12.5
Stomach	3.5
Colon	3.4
Oesophageal cancer concomitant with oropharyngolaryngeal and/or stomach cancer	54.2

Abbreviation: ALDH2 =mitochondrial aldehyde dehydrogenase.
Source: Yokyama et al. [20].

Yokoyama et al, Carcinogenesis 1998

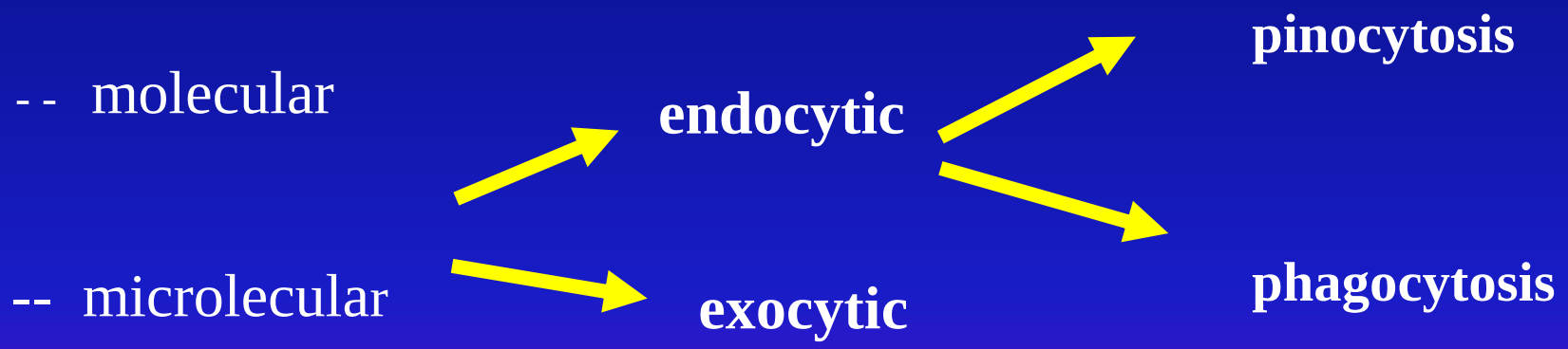
IMPACT OF ALDH2-DEFICIENCY GENES ON THE RISK FOR OESOPHAGEAL CANCER

Genes/polymorphisms	Alcohol 1-30 g/day	Alcohol > 30/ g/day
ALDH2-active	OR <7.2	
ALDH2-deficiency	OR 14.5	OR 102.5
Slow ADH1B + ALDH2-deficiency	OR 37.5	OR 382.3

Salaspuro M, Scand J Gastroenterol 2009

ALCOHOL AND ORAL CANCER

Cytological alterations (reduction cytoplasmic area,abnormal DNA profile...)
- mucosal transport : intercellular passage
- mucosal transport : intracellular mechanisms



Cowpe et al, 1988; Axford et al, 1999; Howie et al, 2001; Graham, 2005; Tramacere et al, Oral Oncology 2010

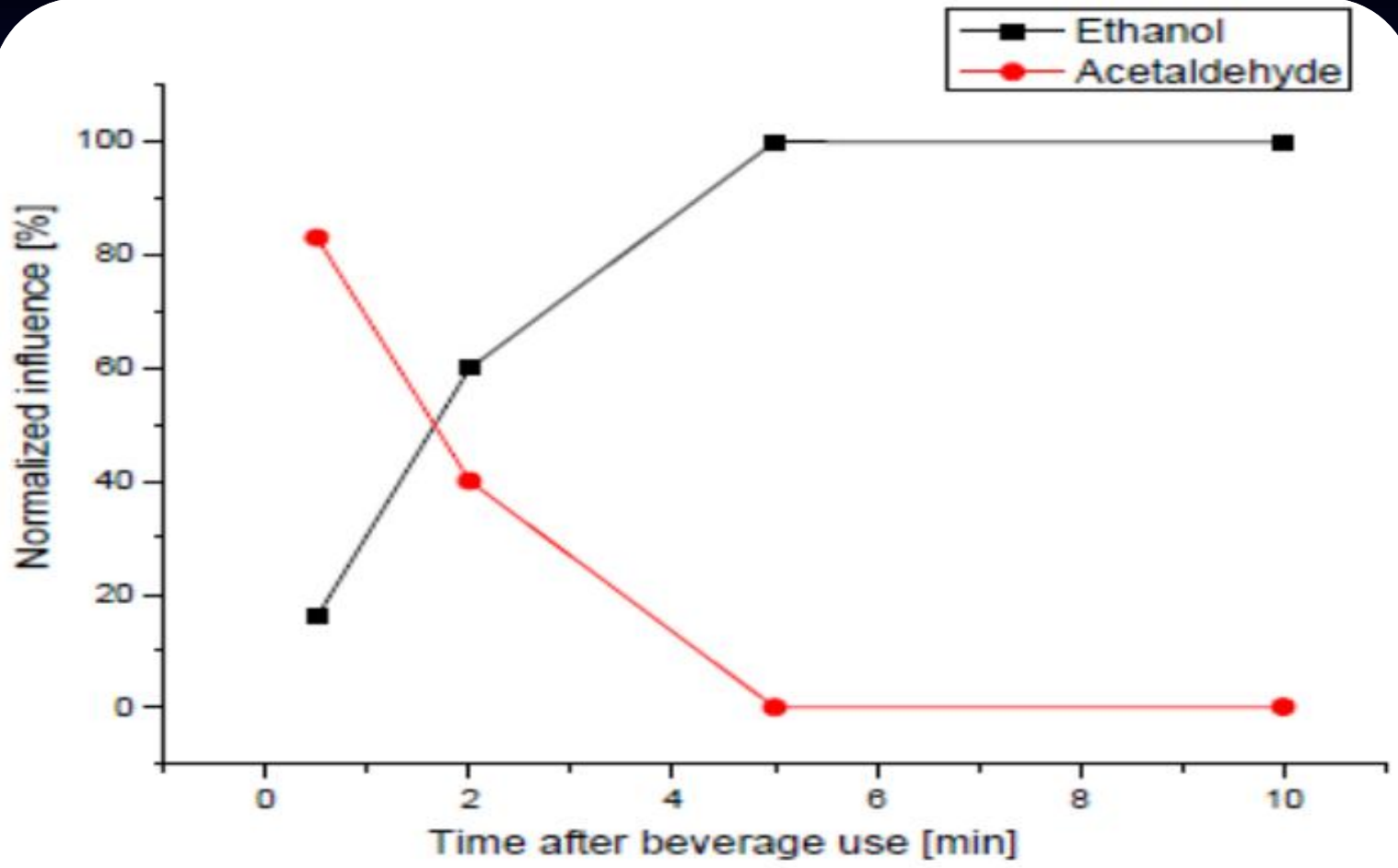


Figure 2 Influence of ethanol and acetaldehyde content of the beverages on the salivary acetaldehyde concentration.

Lachenmeier and Monakhova, J Exp Cin Cancer Res 2011

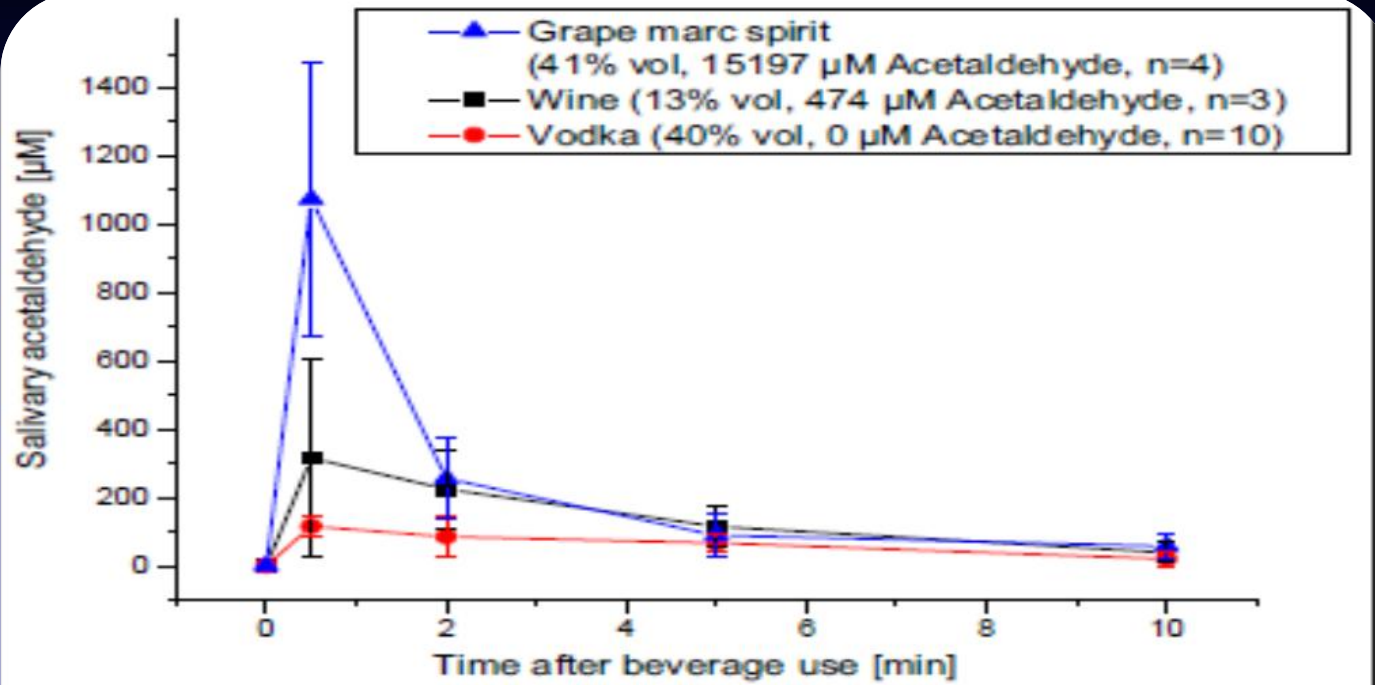


Figure 1 Salivary acetaldehyde concentrations after alcoholic beverage use in three different samples. The values are average and standard deviation of all assessors. The figure legend states the alcoholic strength (in % vol) and the acetaldehyde content (in µM) in the beverages, as well as the number of assessors used for each beverage.

Lachenmeier and Monakhova, J Exp Clin Cancer Res 2011

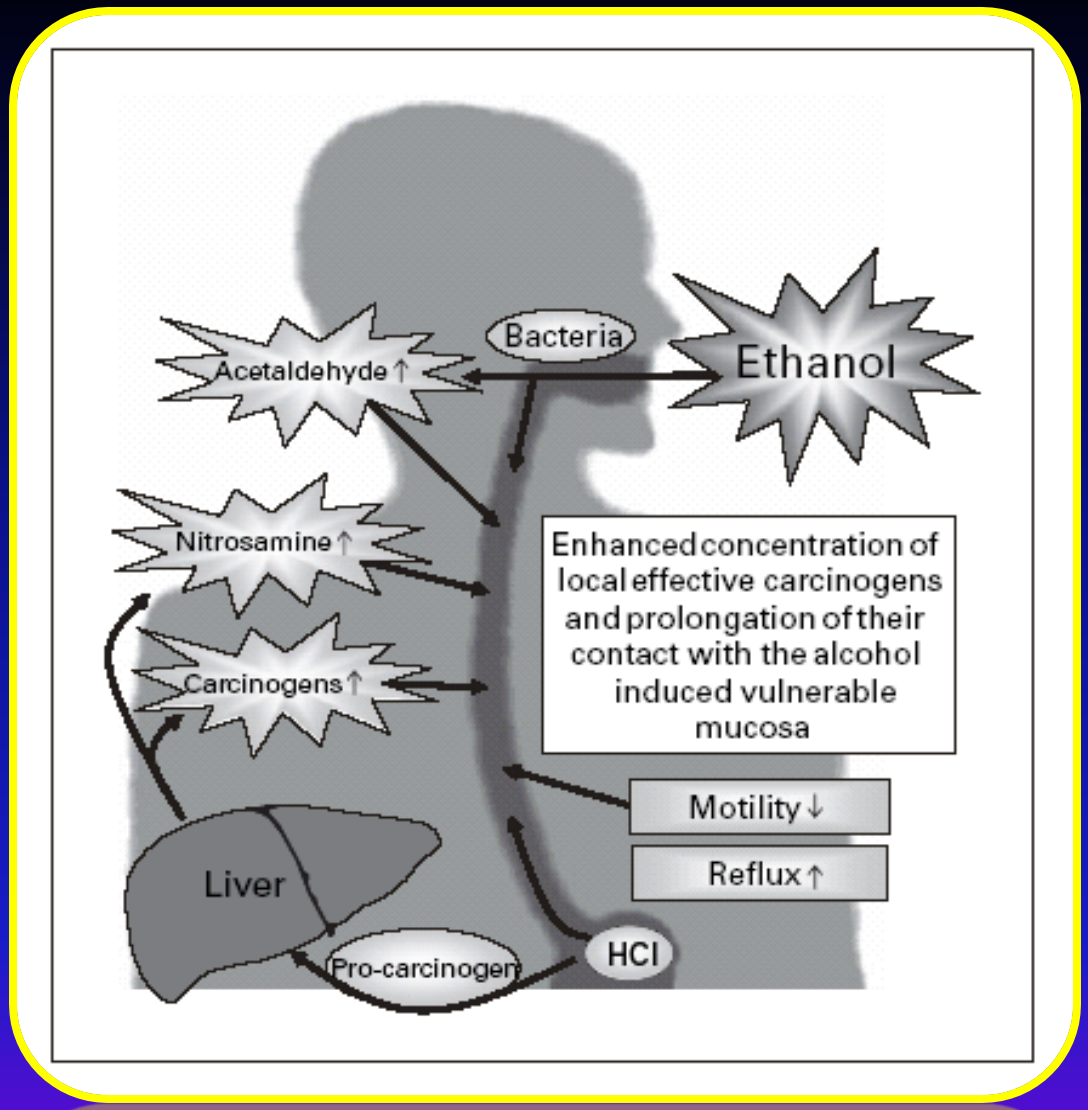
….. mutagenic amount of acetaldehyde in saliva falls between 50 and 150 micronM/L

Salaspuro M, Novartis Found Symp 2007

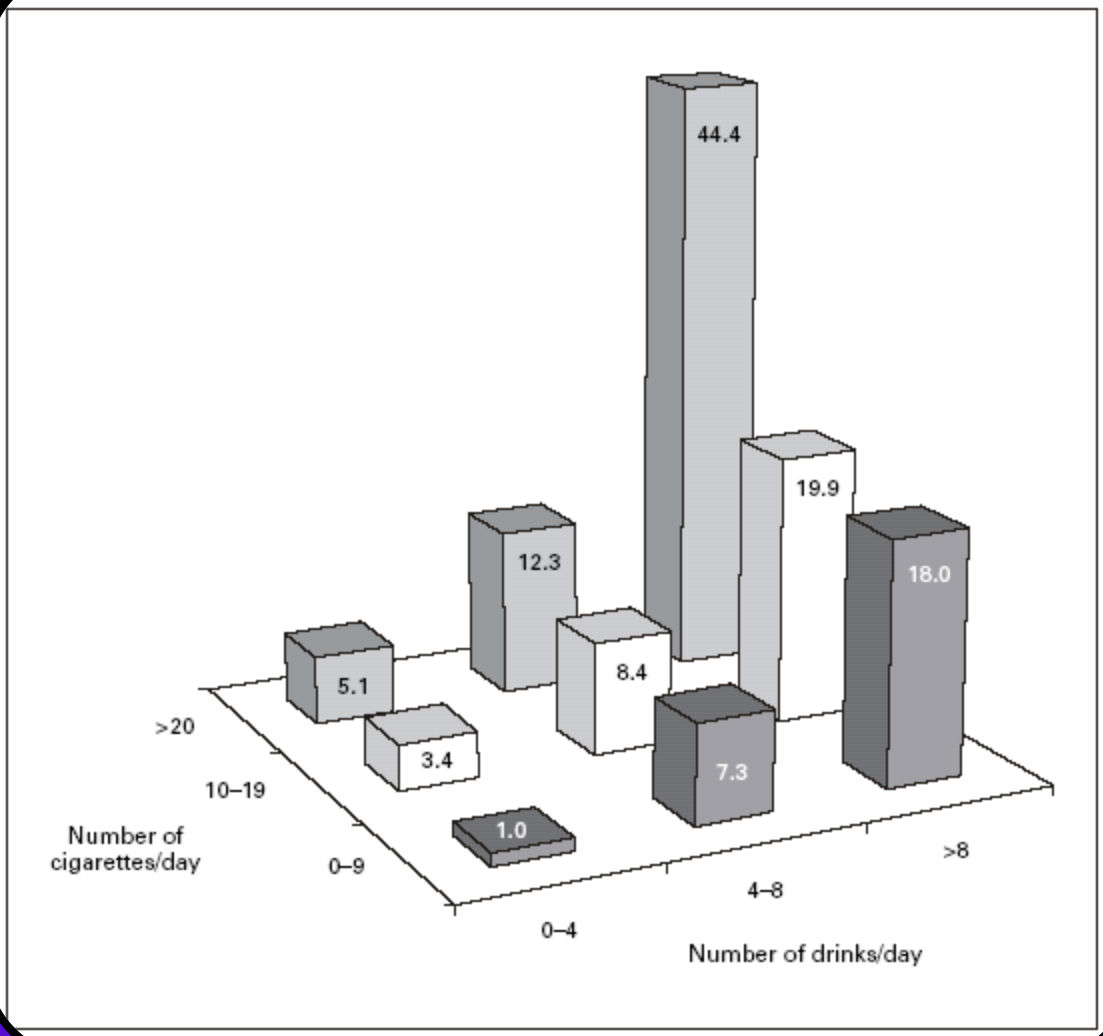
Lachenmeier and Monakhova, 2011

Effects of acute and chronic consumption on esophageal motility

Parameter	Acute effects (healthy humans)	Chronic effects (alcoholics)
Tonus of the lower esophageal sphincter	Decreased	Increased,normalization during abstinence
Tubullary contractions	Decreased amplitudes and propagation Increase in double- peaked and simultaneous contractions	Increase in higher amplitudes and simultaneous contraction Prolongation of each contraction,no normalization during abstinence
Esophageal clerance	Decreased	Decreased , normalization during abtinence
Number of refluxes	Icreased	No data



Franke et al, Dig Dis 2005



Franke et al, Dig Dis 2005

CARCINOGENESIS
NUTRITIONAL FACTORS

Ethanol and Retinoid Metabolism

vitamin A and Retinoic Acid in the liver
(> catabolism by rthanol – induced CYP2E1)

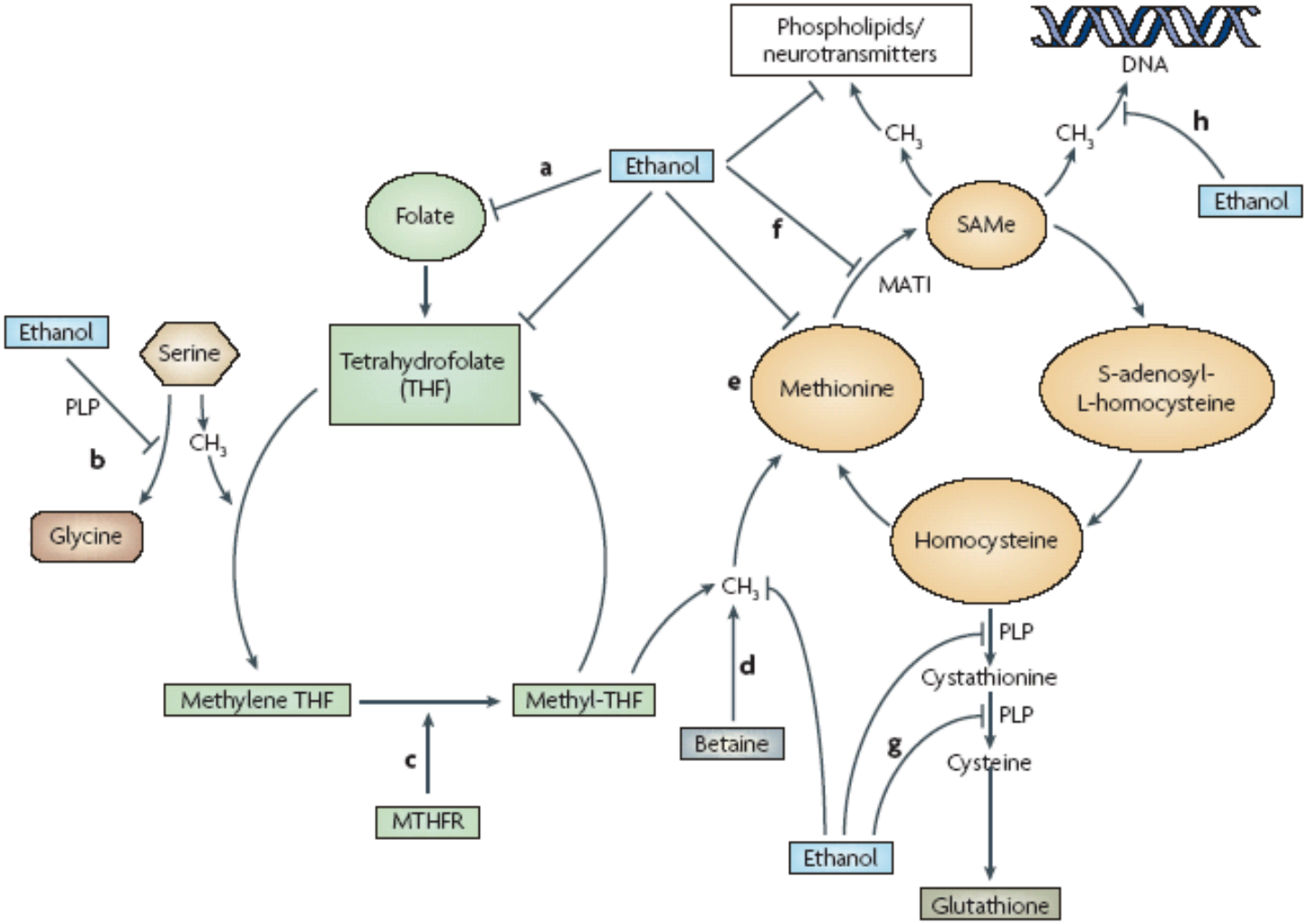
< in mitogen -activaded protein kinase (MAPK)
> in levels of phosphorylated JNK

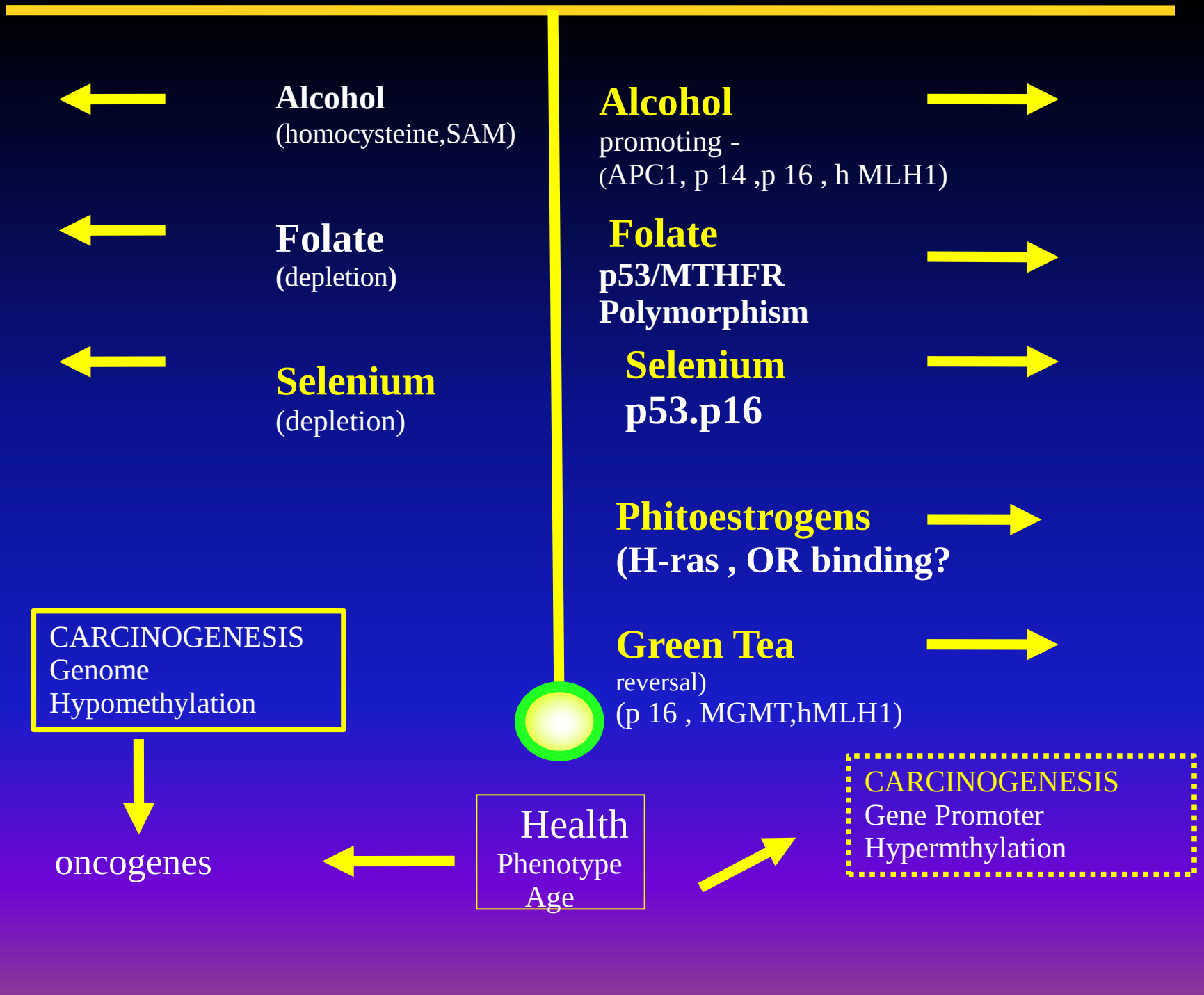
expression AP1 (JUN and FOS) transcripttional complex

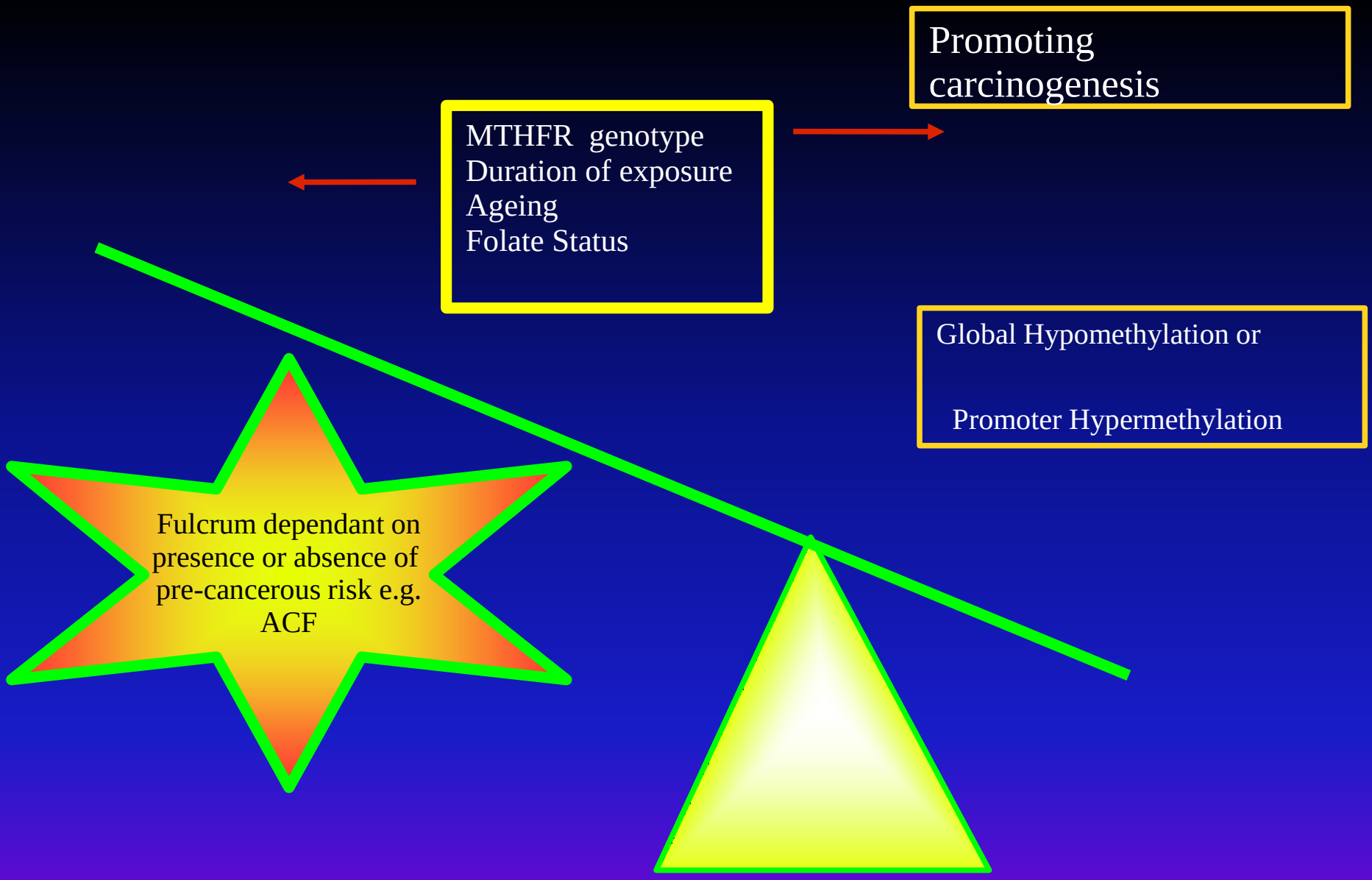
> cell hyperproliferation/ < apoptosis

Liu et al, Gastroenterology 2001; Chung et al Carcinogenesis 2001;
Liu et al , Alcoholism Clin Exp Res 2002; Napoli JL 2011

Ethanol and Altered Methyl Group Transfer (Thompson et al, Liver Int 2011)


Phospholipids/
neurotransmitters
DNA
CH3
CH3
h
Ethanol
a
Ethanol
Folate
f
SAMe
MATI
Ethanol
Serine
Tetrahydrofolate
(THF)
e
Methionine
S-adenosyl-
L-homocysteine
PLP
b
CH3
Glycine
Homocysteine
CH3
PLP
Cystathionine
d
PLP
Methylene THF
Methyl-THF
Betaine
g
Cysteine
c
MTHFR
Ethanol
Glutathione


Alcohol
(homocysteine,SAM)
Folate
(depletion)
Selenium
(depletion)
Alcohol
promoting -
(APC1, p 14 ,p 16 , h MLH1)
Folate
p53/MTHFR
Polymorphism
Selenium
p53.p16
Phitoestrogens
(H-ras , OR binding?
Green Tea
reversal)
(p 16 , MGMT,hMLH1)
CARCINOGENESIS
Genome
Hypomethylation
oncogenes
Health
Phenotype
Age
CARCINOGENESIS
Gene Promoter
Hypermthylation

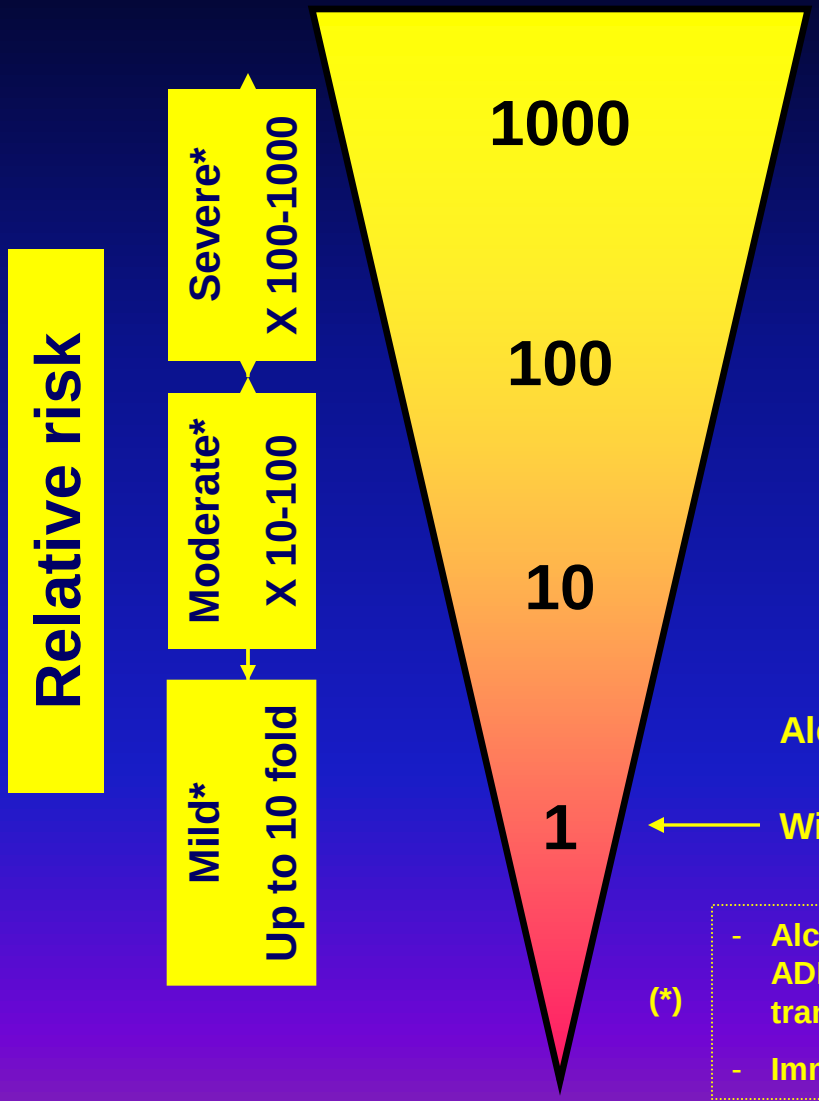


Arasdaradnam et al, Epigenetics 2008

Most alcohol- induced disease increases in a linear fashion as intake increases; oral oesophagus, breast and colon cancer fall into this pattern, with no "safe level"of consumption

Sheron et al, Gut 2008

Strenght of genetic and environmental risk factors of chronic pancreatitis



N291/R122H + smoking

N291/R122H

SPINK1/N34S (homozygous)/alcohol

PRSS1/Smoking/Alcohol

N34S + alcohol

N34S/CFTR

Alcohol 80 g/d

Without detectable risk

(*)

- Alcohol-Metabolizing/Detoxifying Genes (ADH2, ADH3, CYP2E1 polimorphisms, Glutathione S-transferase, ALDH2)
- Immune Response Genes (HLA patterns)

Dufour, Pancreas 2003; Teich, Med Sci Monit 2004; Keim, Scand J Surg 2005; Conwell 2008

Distribution of pancreatic cancer cases and controls , Ors and corresponding 95% Ci[a] by smoking and drinking habits , Italy 1991 - 2008

	Drinking habits (drinks / week)[b]						**Total**
	< 7		7- 20		> 21		
	Ca:Co	OR (95%CL)	Ca:Co	OR (95%CL)	Ca:Co	OR (95%CL)	OR(95%CL)
Smoking habits							
Never	47:133	1[c]	54:119	1.68(1.00-2.82)	25:53	2.42(1.20-4.86)	1[c]
Former	19:40	1.09(0.53-2.21)	19:51	1.52(0.74-3.12)	41:76	2.67(1.38-5.17)	1.09(0.73-1.63
Current (cigarettes/days)							
<20	12:24	1.65(0.71-3.85)	17:27	1.76(0.81-3.82)	22;24	4.15(1.87-8.18)	1.53(0.97-2.41
>20	11:8	3.33(1.08-10.23)	9:8	3.78(1.15-12.36)	21:27	4.29(1.93-9.56)	2.38(1.37-4.1
Total	1[c]			1.46(0.98-2.17)		2.53(1.58-4.07)	

[a] Estimates from conditional logistic regression conditioned on cente , sex and age , and adjusted for year of interview ,education,historyof diabetes mellitus and body max index

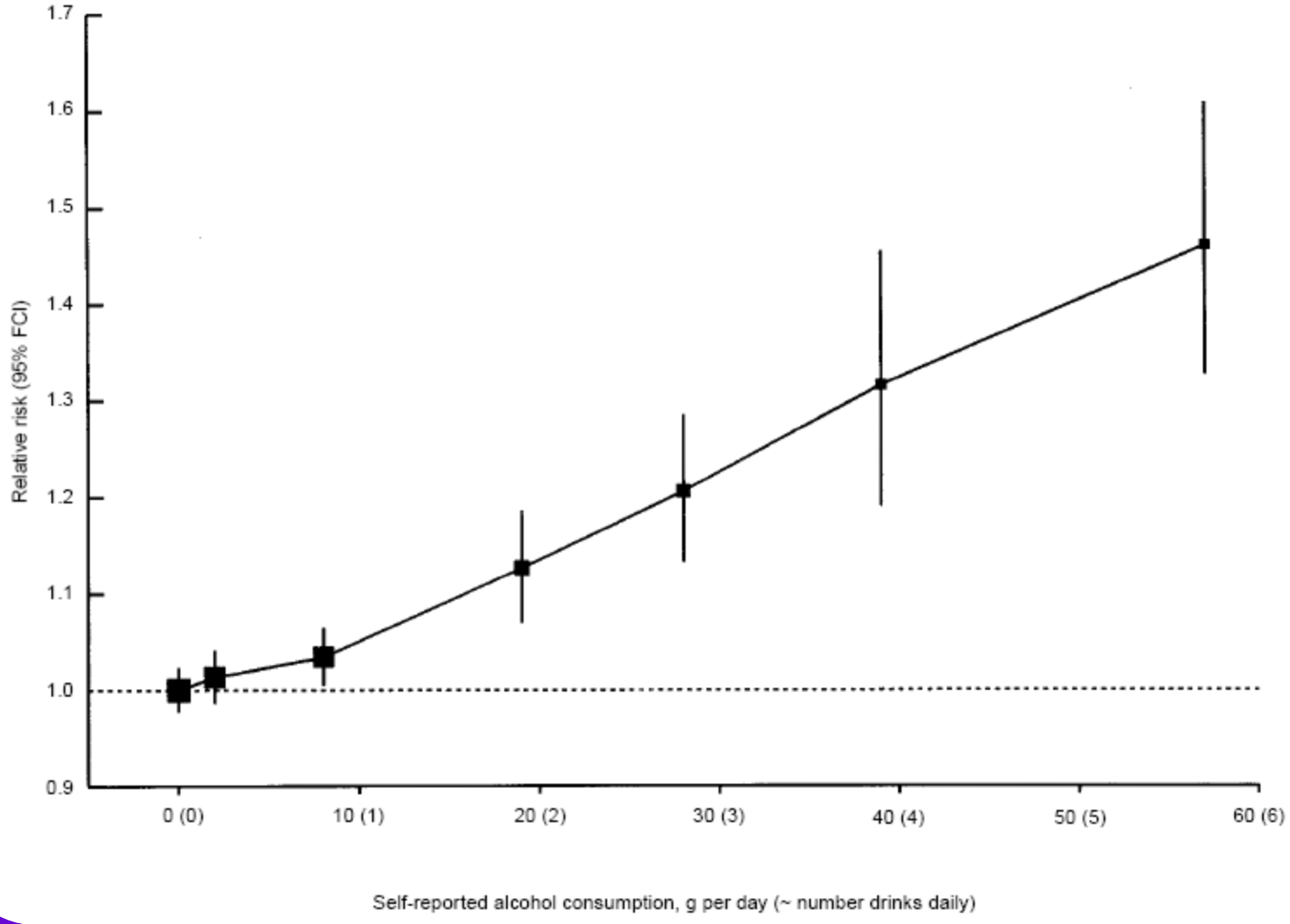
[b] Former drinkers excluded

[c] **R**eference category

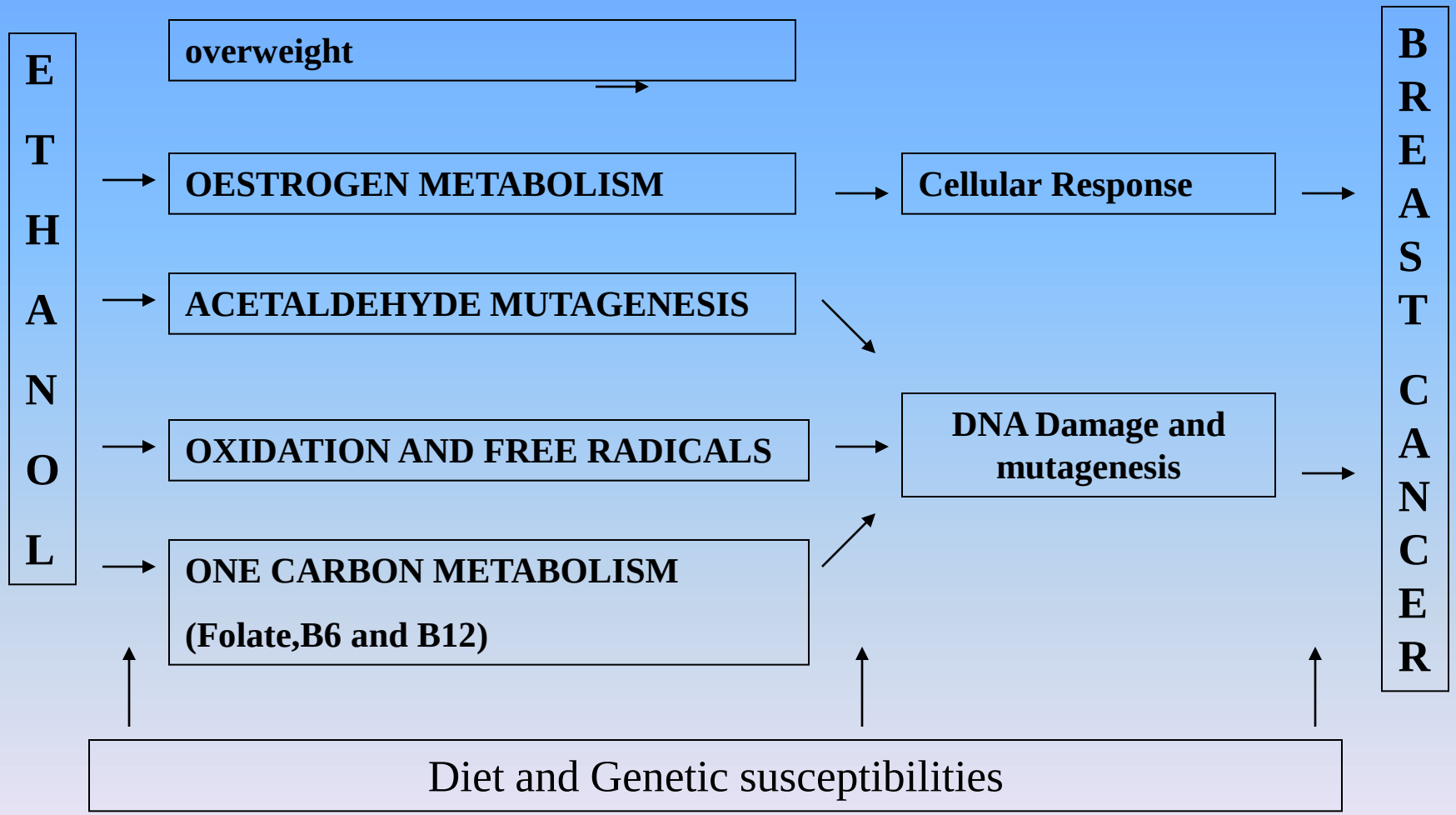
ASSOCIATION OF ALCOHOL INTAKE WITH PANCREATIC CANCER MORTALITY

Alcohol Intake, Drinks per Day	No. of Deaths	Relative Risk (95% CI)
Nondrinker	1792	1.00
Occasional	469	1.08
1	141	1.06
2	92	1.02
> 3	131	1.36

Gapstur et al, Arch Intern Med 2011



Br J of Cancer, 2002


ETHANOL
overweight
OESTROGEN METABOLISM
ACETALDEHYDE MUTAGENESIS
OXIDATION AND FREE RADICALS
ONE CARBON METABOLISM
(Folate,B6 and B12)
Cellular Response
DNA Damage and mutagenesis
BREAST CANCER
Diet and Genetic susceptibilities

ALCOHOL PROMOTES MAMMARY TUMOR DEVELOPMENT

Increased expression of aromatase (converts androgens to estrogens)

Increased systemic estrogen levels

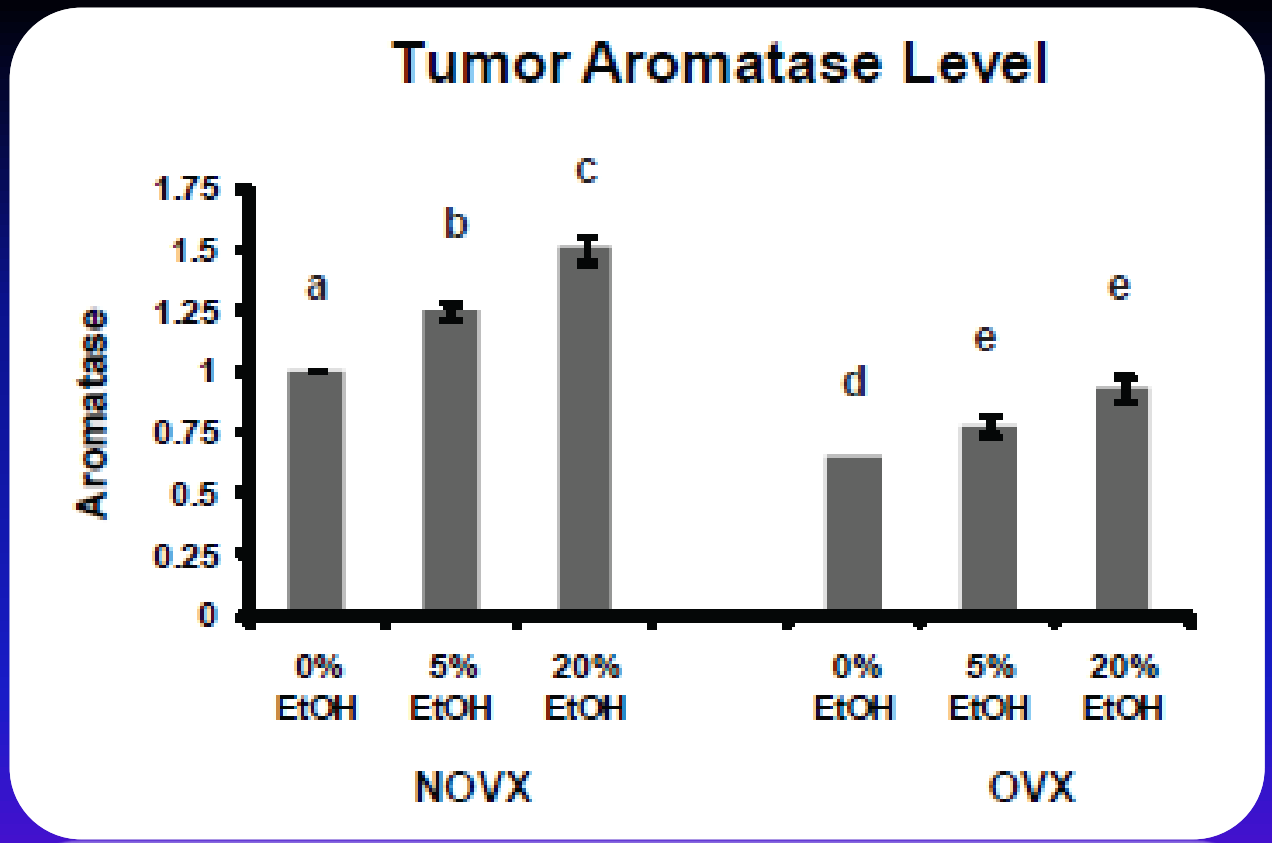
Increased expression Estrogen Receptor alpha

Wong et al., Alcoholism: Clinical and Experimental Research 2011

Alcohol increases insulin sensitivity

and promotes mammary tumorigenesis

Hong et al, Cancer Letters 2010


Tumor Aromatase Level
Aromatase
1.75
1.5
1.25
1
0.75
0.5
0.25
0
a
b
c
d
e
e
0% EtOH
5% EtOH
20% EtOH
0% EtOH
5% EtOH
20% EtOH
NOVX
OVX

Wong AW, 2011

Low doses of alcohol are associated with the risk of breast cancer

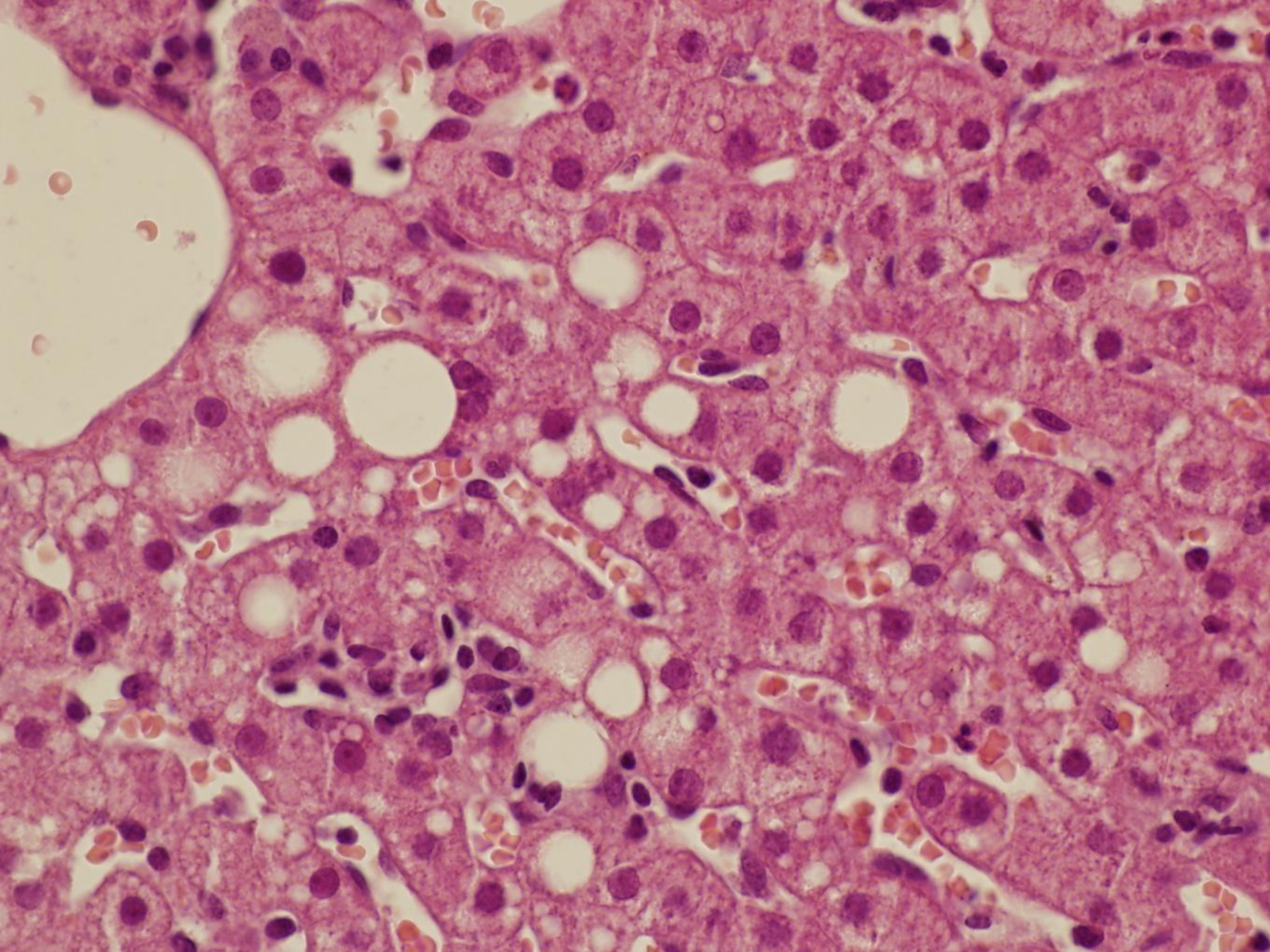
- **up to one drink per day***
- **3-6 drinks/ week****

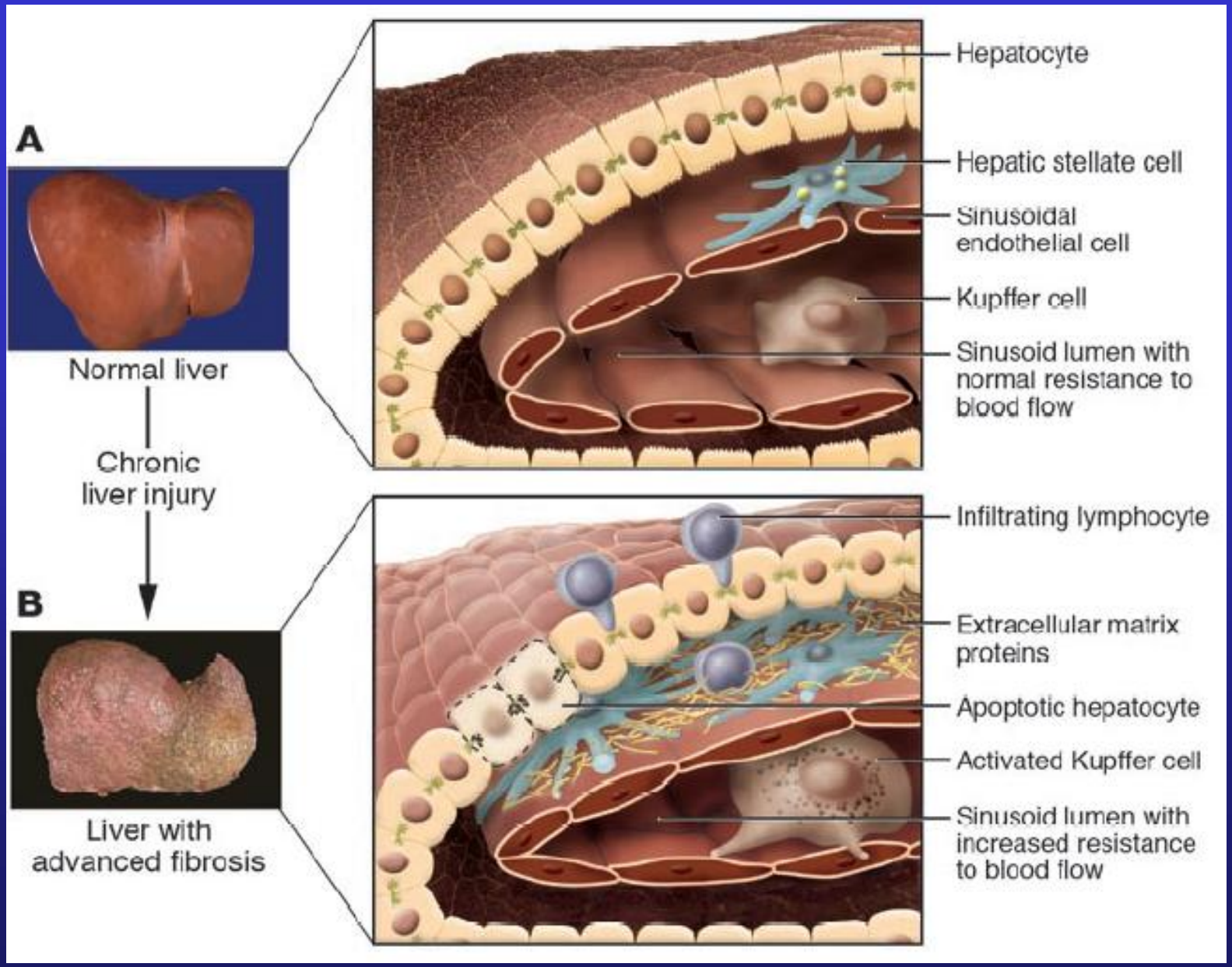
*** Giacosa et al, Eur J Cancer Prev 2011**

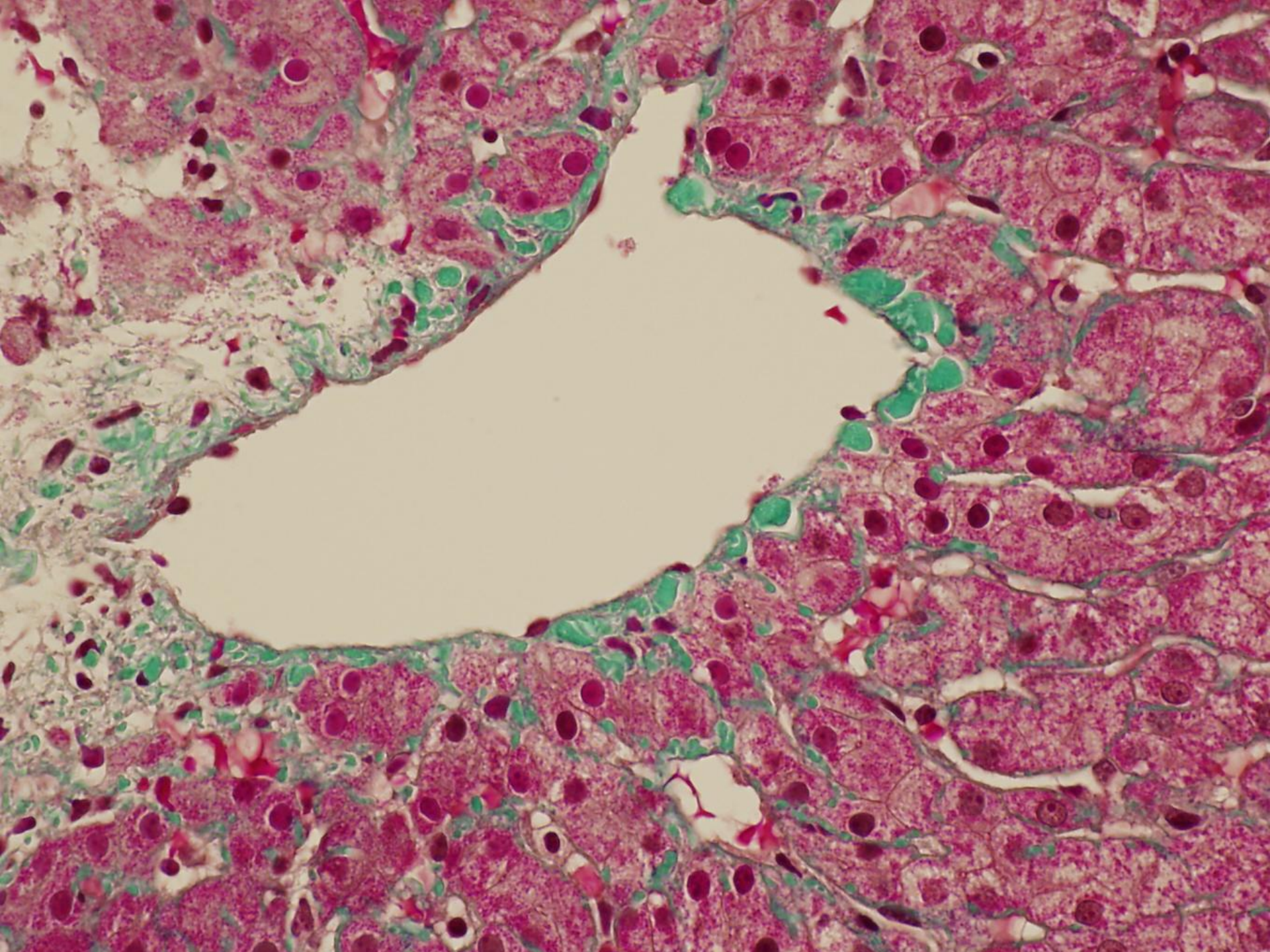
**** Pelucchi et al, Nutr Cancer 2011**

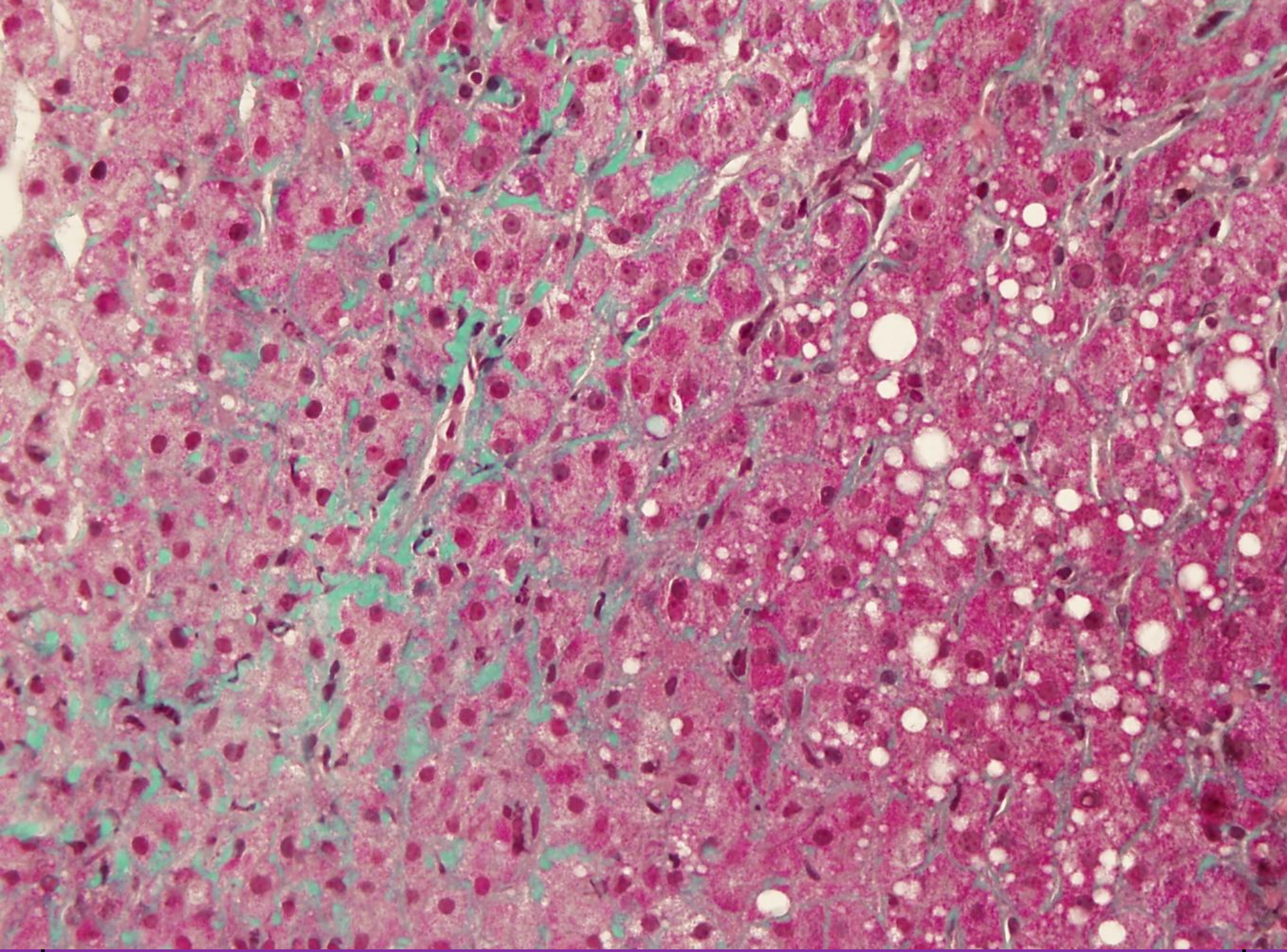
... women who do not drink should not start,
and those who do drink should do so in moderation ,
which is generally recognized to be about a drink per day.
Alcohol intake is one of the few modifiable breast cancer risk factors yet identified

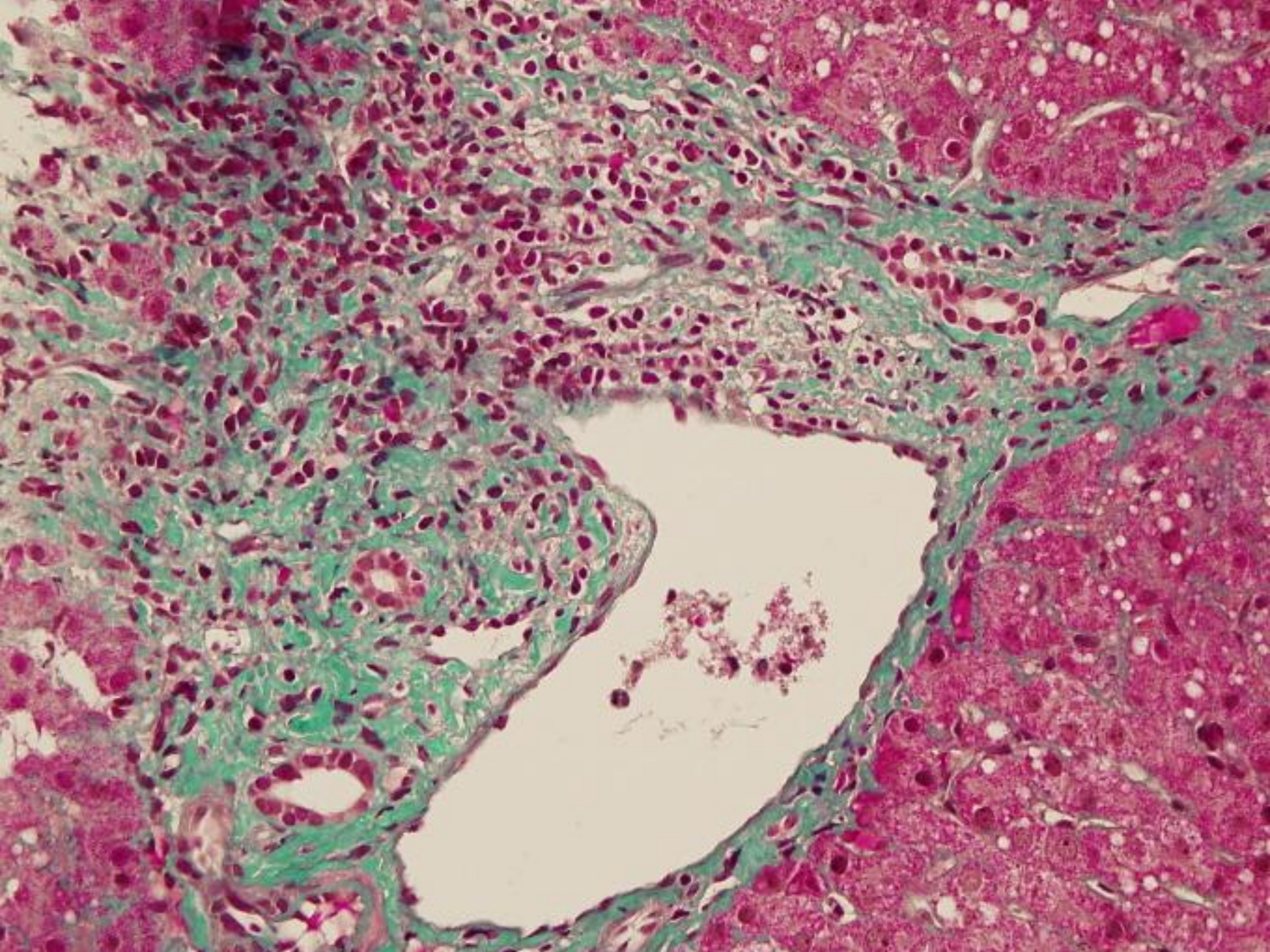
Singletary and Gapstur, JAMA 2001



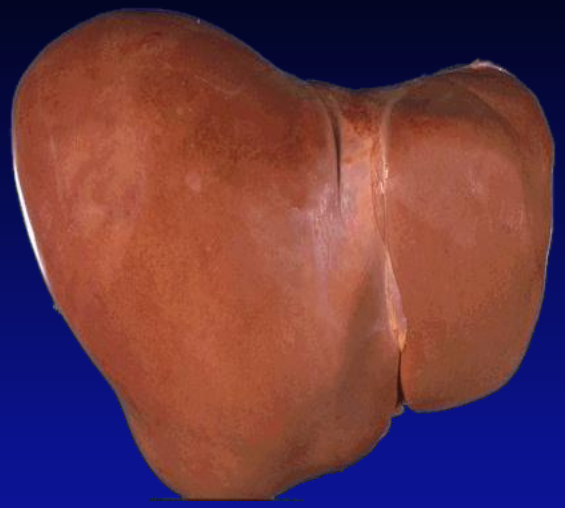

A
Normal liver
Chronic liver injury
B
Liver with advanced fibrosis
Hepatocyte
Hepatic stellate cell
Sinusoidal endothelial cell
Kupffer cell
Sinusoid lumen with normal resistance to blood flow
Infiltrating lymphocyte
Extracellular matrix proteins
Apoptotic hepatocyte
Activated Kupffer cell
Sinusoid lumen with increased resistance to blood flow







gr/die ⟶



12-20 women, 25-80 men

O'Shea, 2010

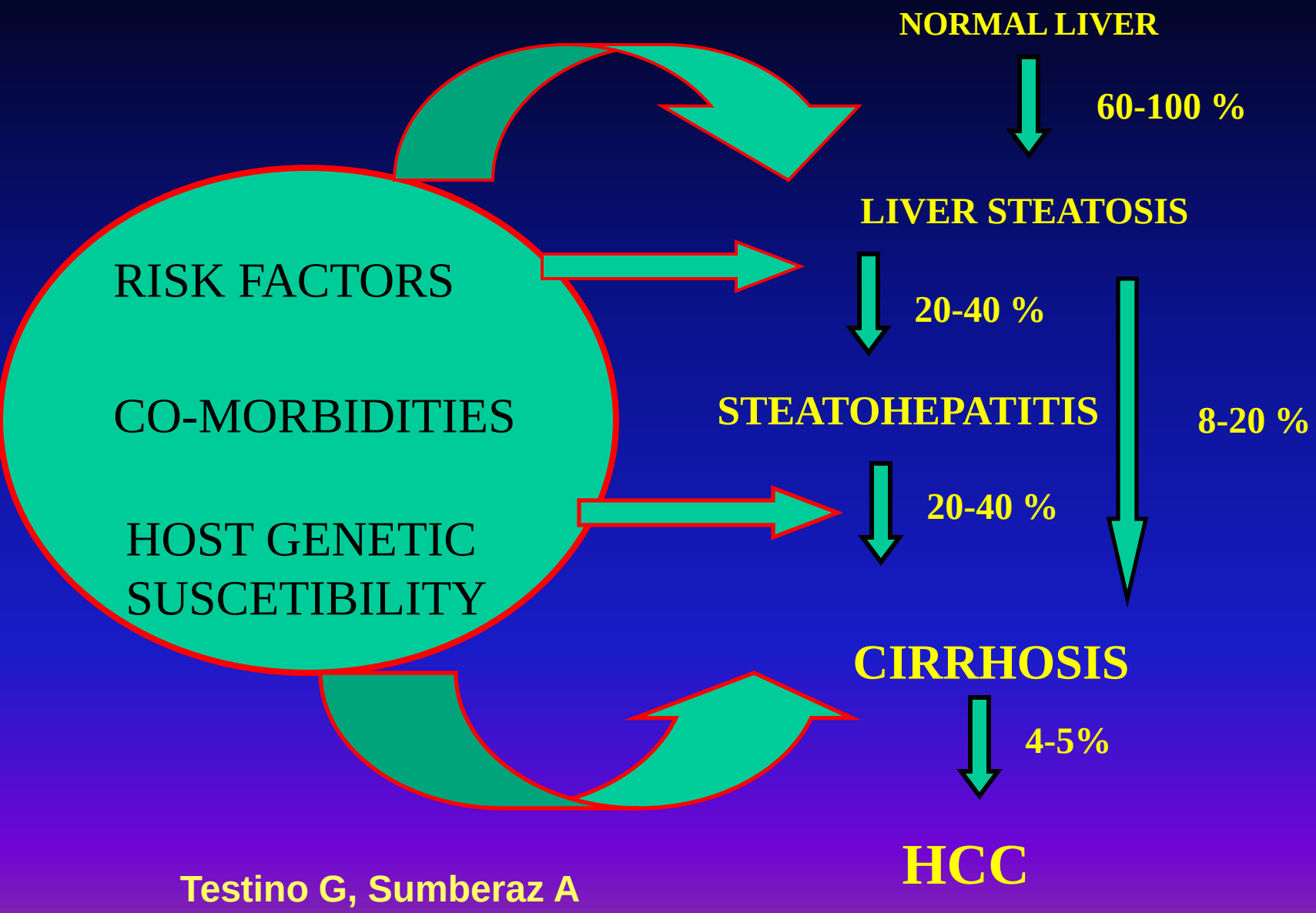
Daily Alcohol Intake > 30 g/day

Odds of developing cirrhosis or lesser degrees of liver disease

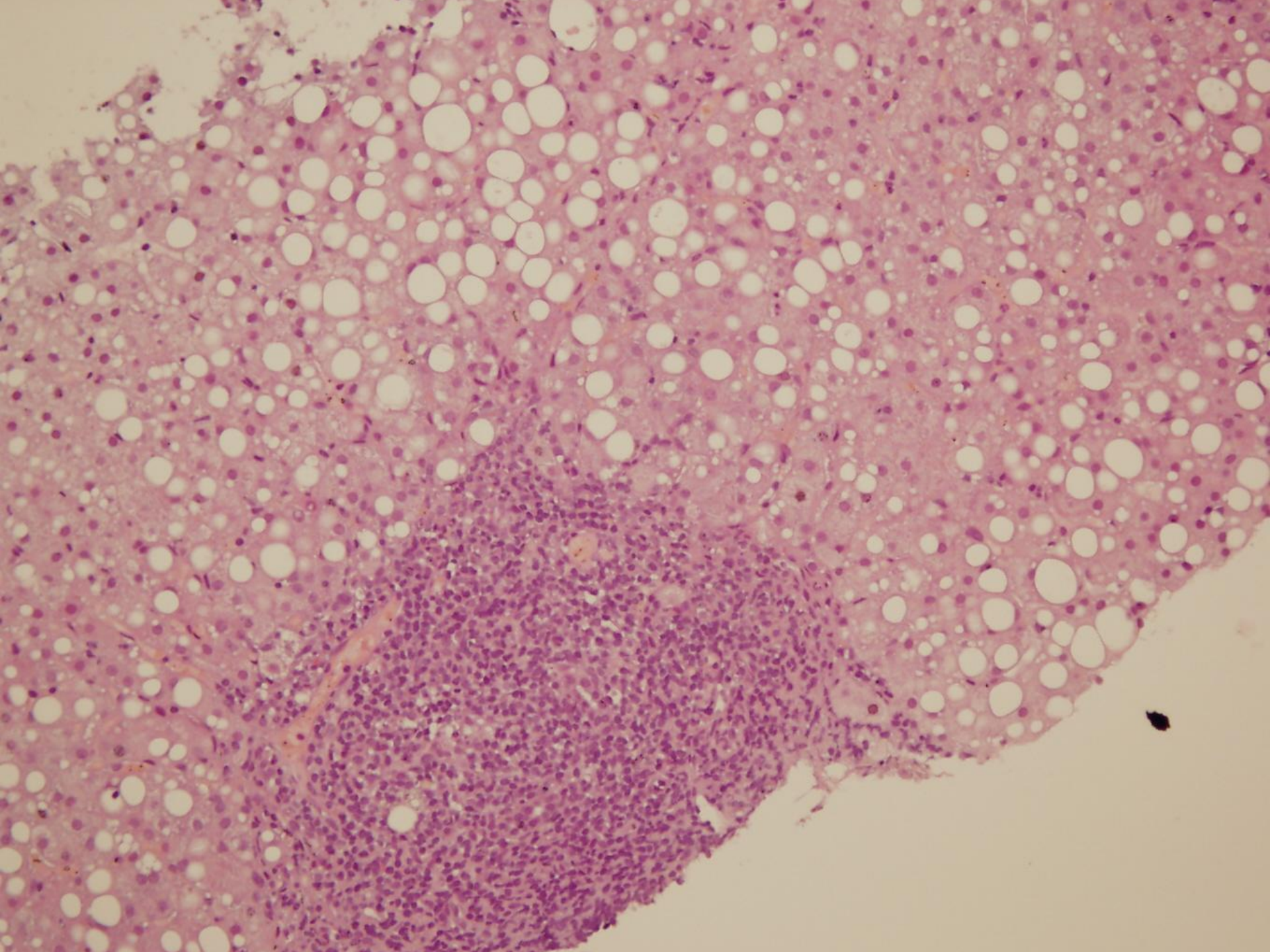
cirrhosis: 13.7; lesser degrees: 23.6

Bellentani et al, 1997

CHRONIC ALCOHOL DRINKER



Testino G, Sumberaz A
Hepatogastroenterol, 2008



Alcol – HCV : Epidemiologia

8-55.5 % dei pazienti affetti da epatite cronica alcolica sono positivi per anticorpi anti-HCV

(Sata J Viral Hepat 1996; Kwon 2000 J Gastroenterol Hepatol; Ashwani J Clin Gastroenterol 2007)

HCV-RNA positivo 4-82 % (Befrits Scand J Gastroenterol 1995)

HCV –RNA POSITIVO / EPATOPATIA ALCOLICA : 30%

(Testino G et al, 2009)

HCV REPLICATION AND ALCOHOL

Increase in release of HCV RNA from alcohol – damaged hepatocytes

Direct stimulatory effect of alcohol on HCV replication

Endotoxin activates NF – KB nuclear transcription

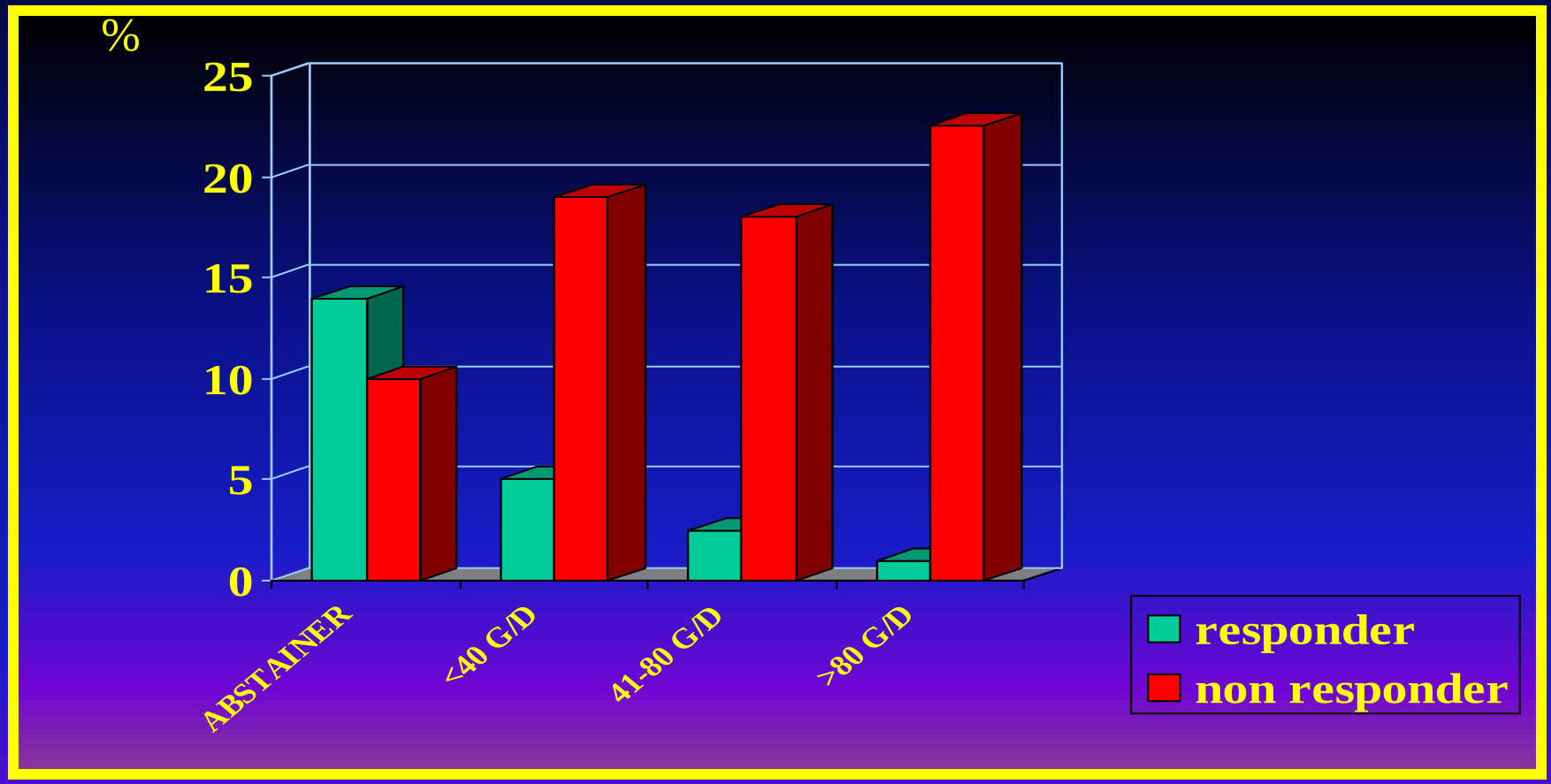
Upregulate cyclooxygenase-2 expression

Modulation of innate and acquired immune responses to HCV

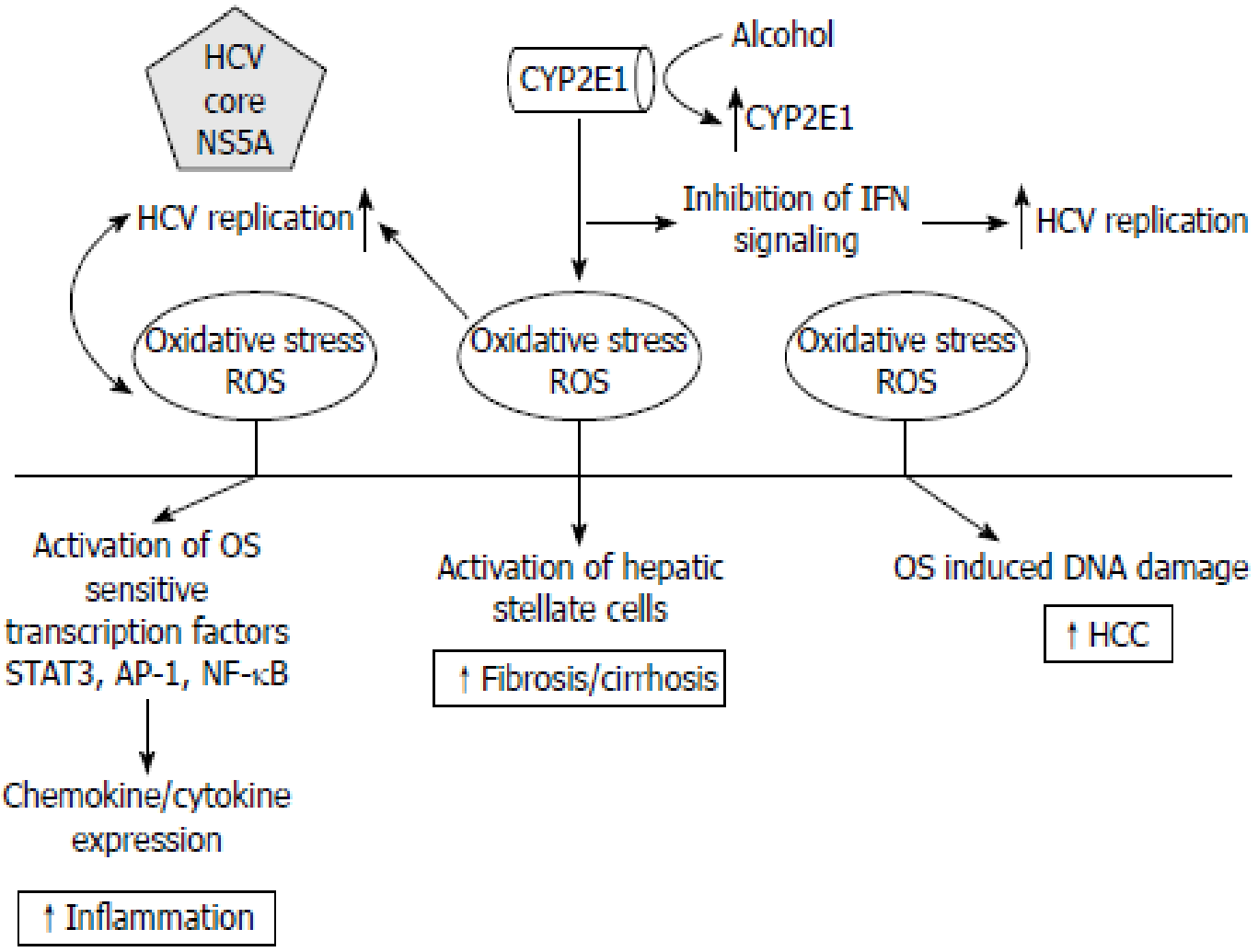
Synergistic induction of oxidative stress

Plumlee et al, Virology Journal 2005
Dey and Cederbaum, Hepatology 2006
Ashwani et al, J Clin Gastroenterol 2007
Reuben A, Current Op Gastroent 2008
McCartney and Beard, WJG 2010

Percentage of chronic hepatitis patients responding to interferon as a function of ethanol use



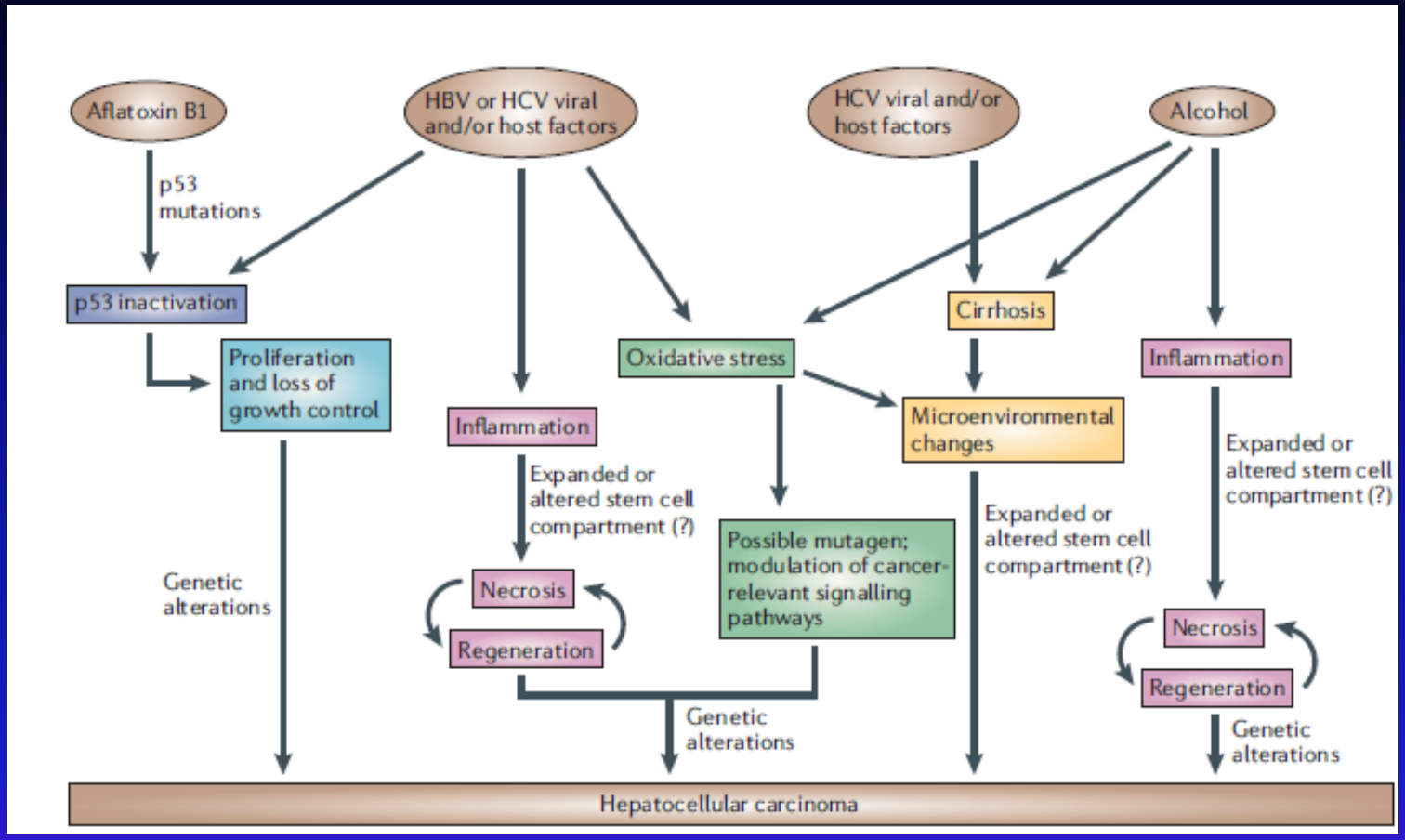
G. Testino, 2006



McCartney and Beard, WJG 2010

Variables	Progressive fibrosis ($n = 44$)	Non-progressive fibrosis ($n = 34$)	
Sex (M/F)	28/16	16/18	
Transmission route (IDU/BT/SEX/HCW/unknown)	16/12/3/2/1	16/10/1/2/5	
Genotype (1/2/3/unknown)	19/11/12/2	18/4/10/2	
Age at initial biopsy (years)	36.8 (27.1–44.3)	34.0 (28.1–43.5)	
Age at follow-up biopsy (years)	43.7 (38.5–50.6)	39.0 (35.4–46.0)	
Time between first and follow-up biopsy (years)	6.5(3.9–10.6)	5.5 (2.5–7.7)	
Total amount of alcohol (g ethanol)	15 400 (3300–36 600)	3900 (900–14 500)	$P = 0.007$*
Alcohol per day (g ethanol)	5.7 (2.0–16.0)	2.6 (1.1–7.7)	$P = 0.03$*
Drinking frequency (drinking days/year)	34.5 (21.0–75.0)	8.2 (6.0–25.0)	$P = 0.006$*
Quantity consumed on each occasion (drinks/occasion)	4.0 (3.0–8.0)	3.0 (2.0–6.0)	

Westin et al, J Viral Hep 2002

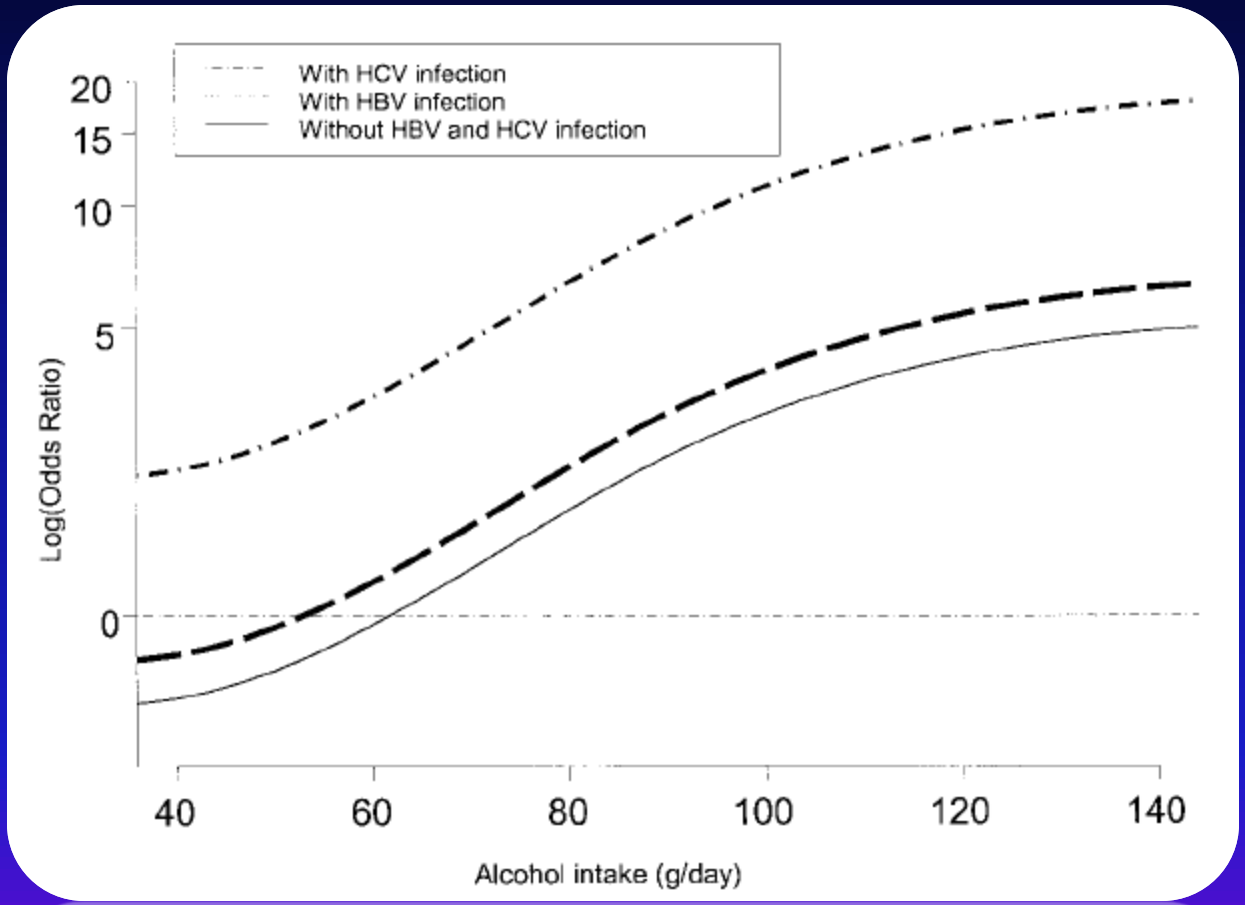


Farazi et al, Nature 2006

Distribution of cases and controls and odds ratios and their 95% confidence intervals according to alcohol intake and the presence of HCV and HBV infection

HCV or HBV infection	Alcohol intake (g/day)					
	0 - 60			> 60		
	Cases /control s (no)	OR	95%CI	Cases / control (no)	OR	95%CI
Neither	30 / 412	Reference		157/ 335	7.0	4.5, 11.1
HCV infection	95/ 21	55.0	29.9, 10.0	76/ 11	109	50.9, 233.0
HBV infection	41 / 27	22.8	12.1, 42.8	51/ 17	48.6	24.1, 98.0

Donato et al , 2002

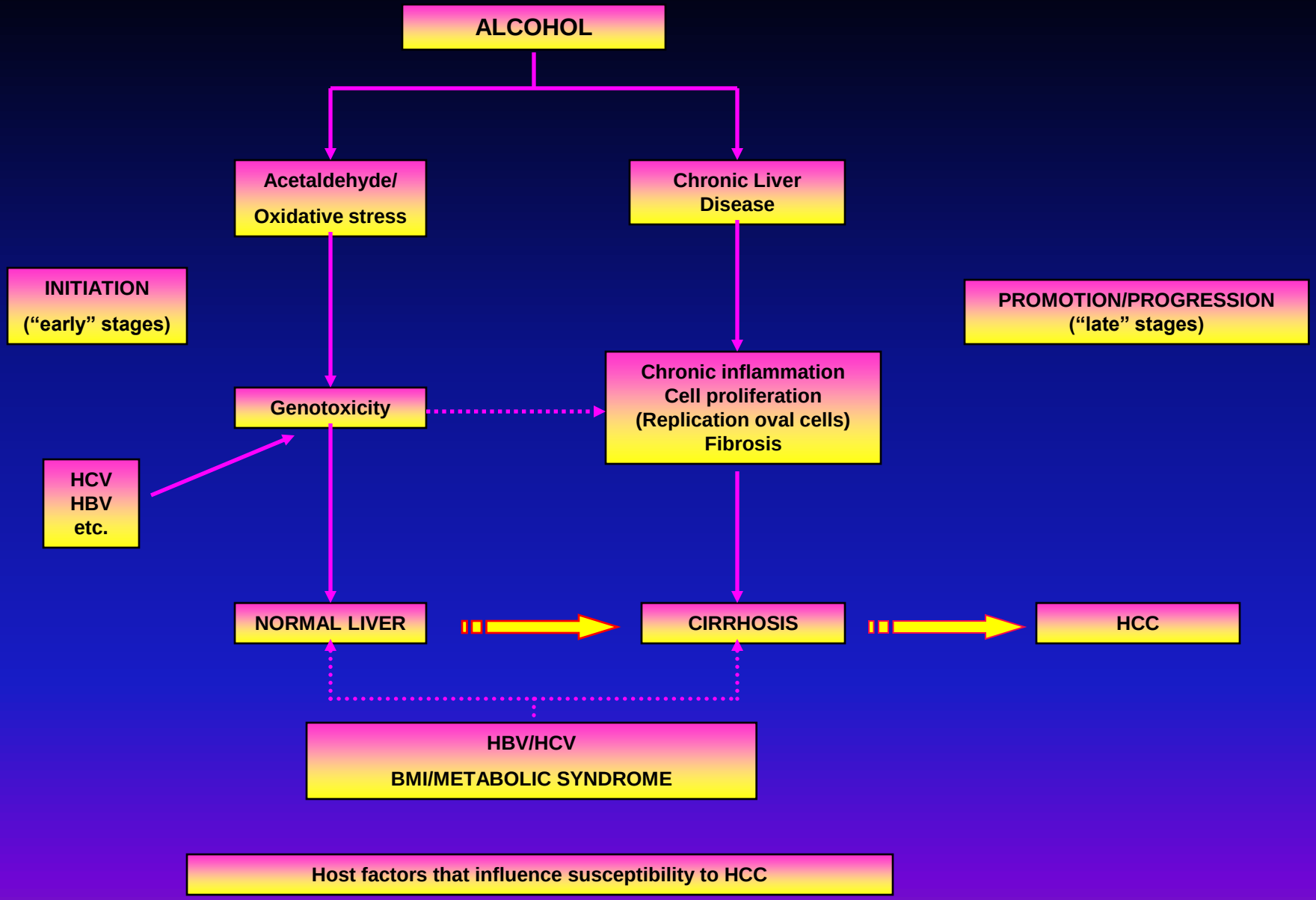


Donato et al., 2002

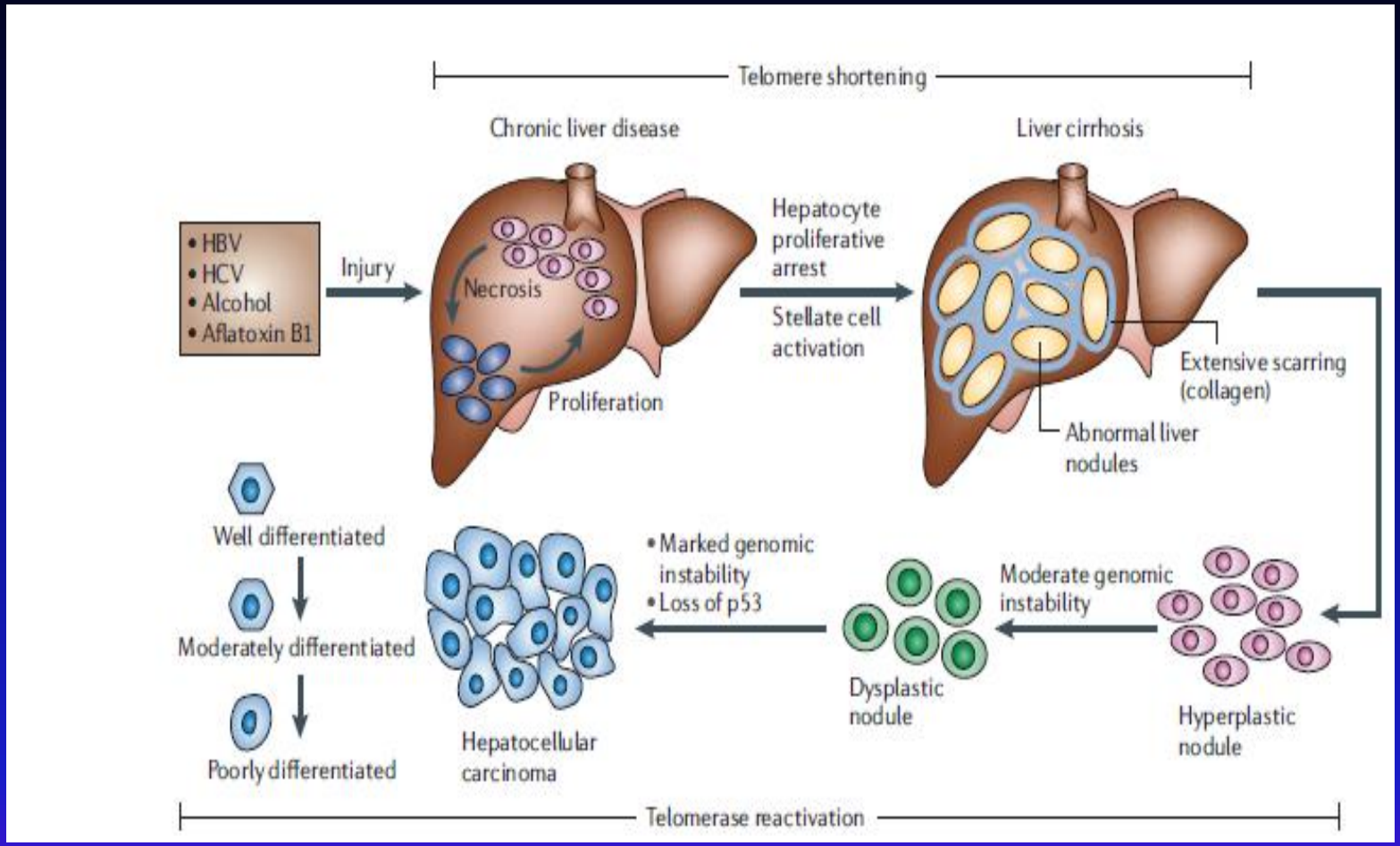
Interaction of Heavy Alcohol Consumption (> 80 mL ethanol/d) With Chronic Hepatitis Virus Infection (HBV or HCV) and Diabetes Mellitus: Logistic Regression Analysis With Adjusted OR

Interaction Variables		β Coefficient (± SE)	P	OR (95% CI)	S (95% CI)*
Virus	Alcohol				
Negative	Negative			1	
Positive	Negative	2.9 (0.79)	0.0001	19.1 (4.1-89.1)	
Negative	Positive	0.87 (0.32)	0.006	2.4 (1.3-4.4)	
Positive	Positive	3.9 (1.04)	0.0001	53.9 (7.0-415.7)	2.7 (1.1-5.2)
Diabetes	Alcohol				
Negative	Negative			1	
Positive	Negative	0.87 (0.33)	0.008	2.4 (1.3-4.5)	
Negative	Positive	0.95 (0.34)	0.004	2.6 (1.4-4.9)	
Positive	Positive	2.3 (0.69)	0.001	9.9 (2.5-39.3)	2.9 (1.3-4.6)

Hassan et al., 2002



Donato et al., 2002



Farazi et al, Nature 2006

TELOMERE LENGHT ACCORDING TO USUAL DRINKING CATEGORIES

	Geometric mean	95% CI	P-value	P-trend
0-1 drink-units/day	0.67	(0.63-0.72)	Ref.	
2-4 drink-units/day	0.61	(0.56-0.68)	0.14	
>4 drink-units/day	0.48	(0.39-0.59)	0.002	0.003

Pavanello et al, International Journal of Cancer 2011

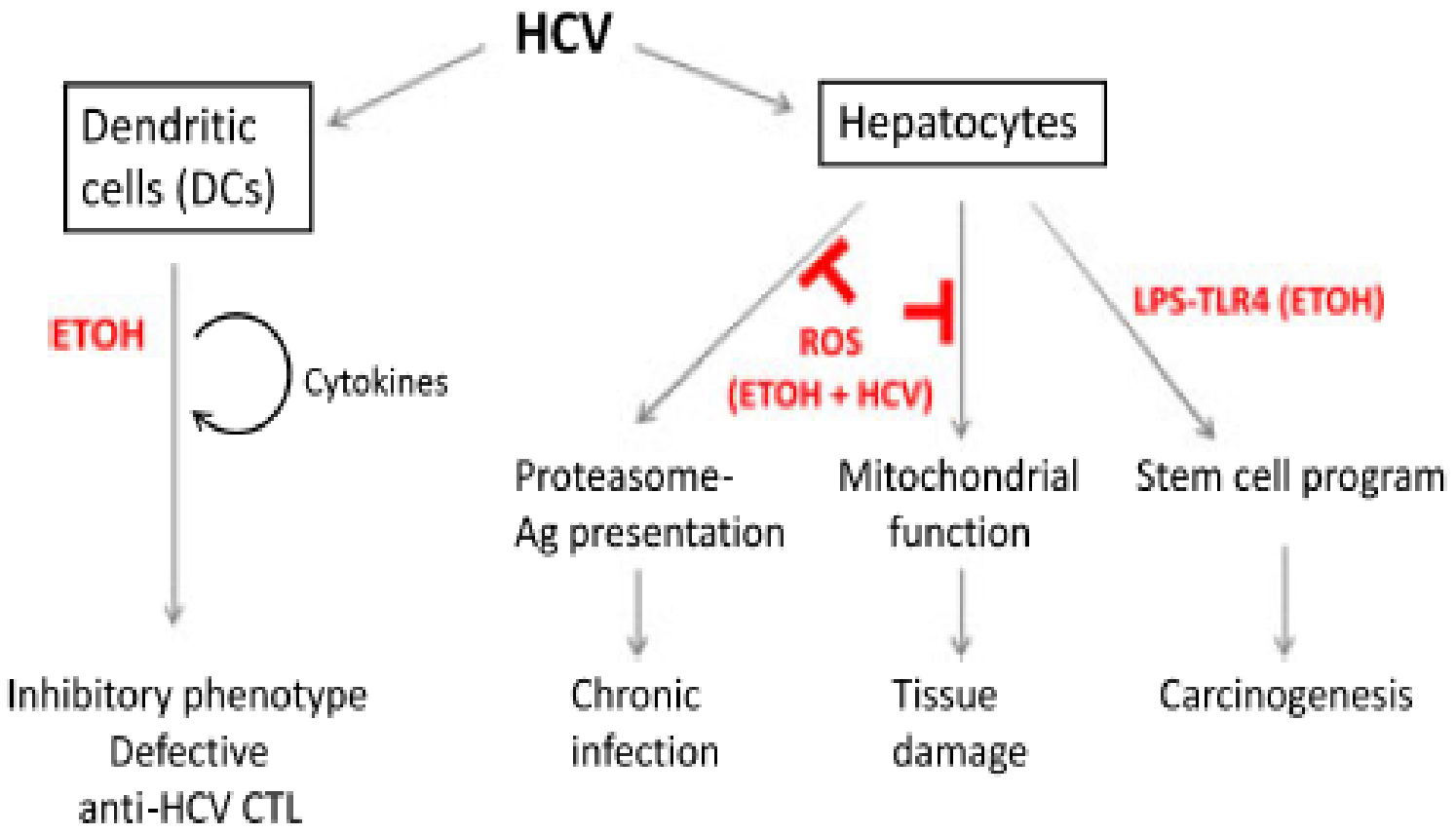
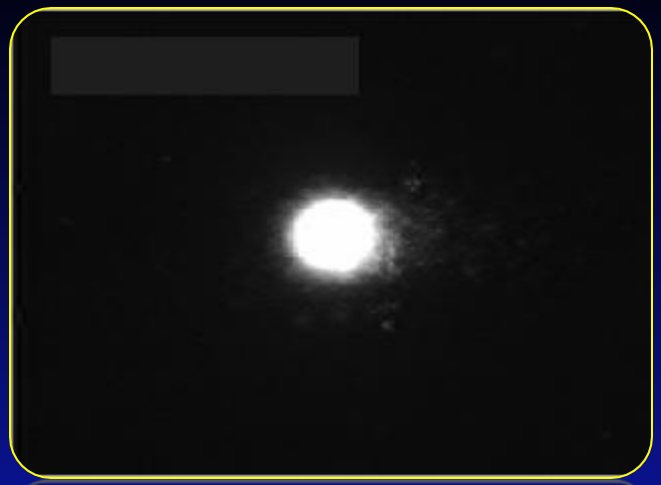
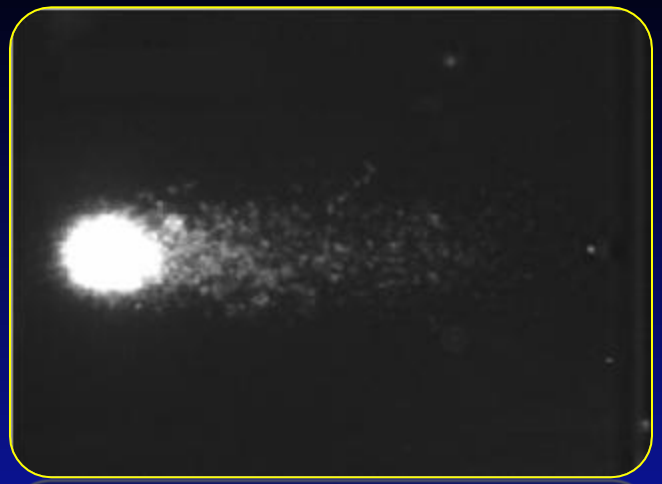


Fig. 1. A schematic of the interactions between alcohol and HCV and their impact on immune cells and liver cells. Ag, antigen.

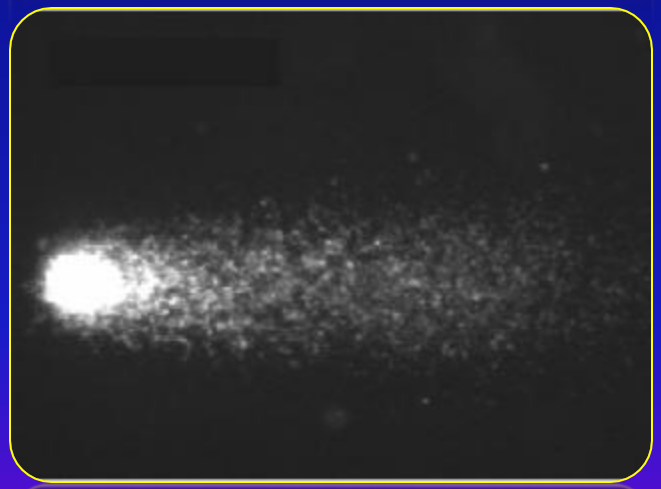
Szabo et al, Alcohol Clin Exp Res 2010



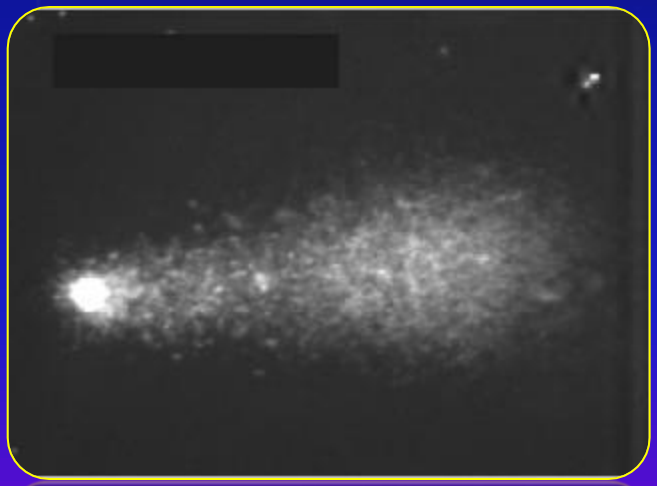
controllo



1



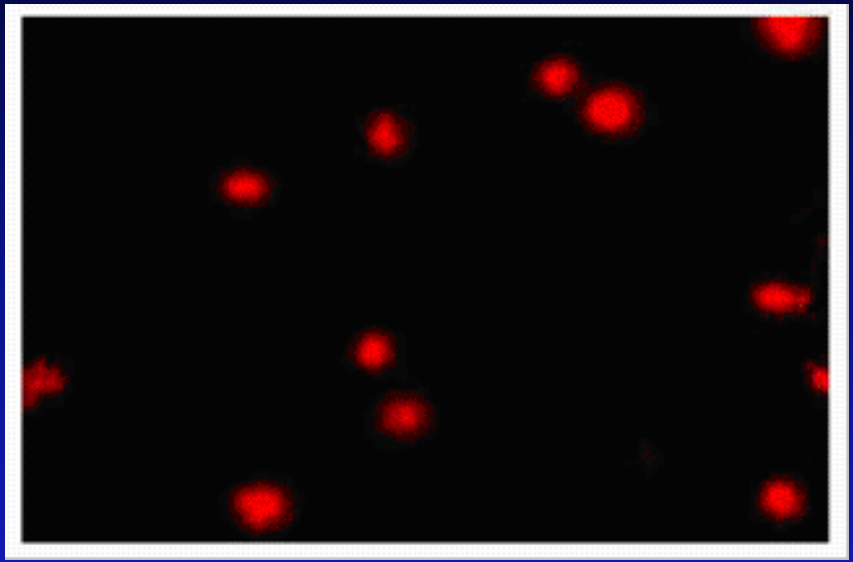
2



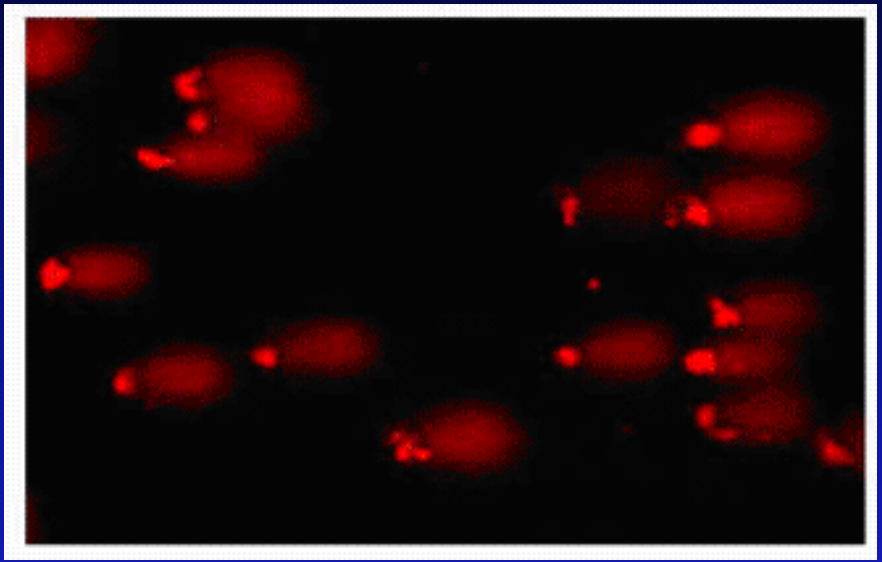
3

1,2,3 = diversi gradi di danno

Martelli, Sumberaz, Testino – European J Gastroenterol Hepatol 2008



controllo



cellula danneggiata

Martelli, Sumberaz, Testino; Eur J Gastroenterol Hepatol 2008

FREQUENCY OF DNA HYPERMETHYLATION IN HCC AND THEIR ASSOCIATION WITH ALCOHOL

Gene	Percentage of hypermethylated tumor samples
RASSF1A	67%
GSTP1	44%
P14 ARF	0%
GNMT	30%
DOK1	60%
MGMT	22%
CHRNA3	33%

RASSF1A: Ras signalling

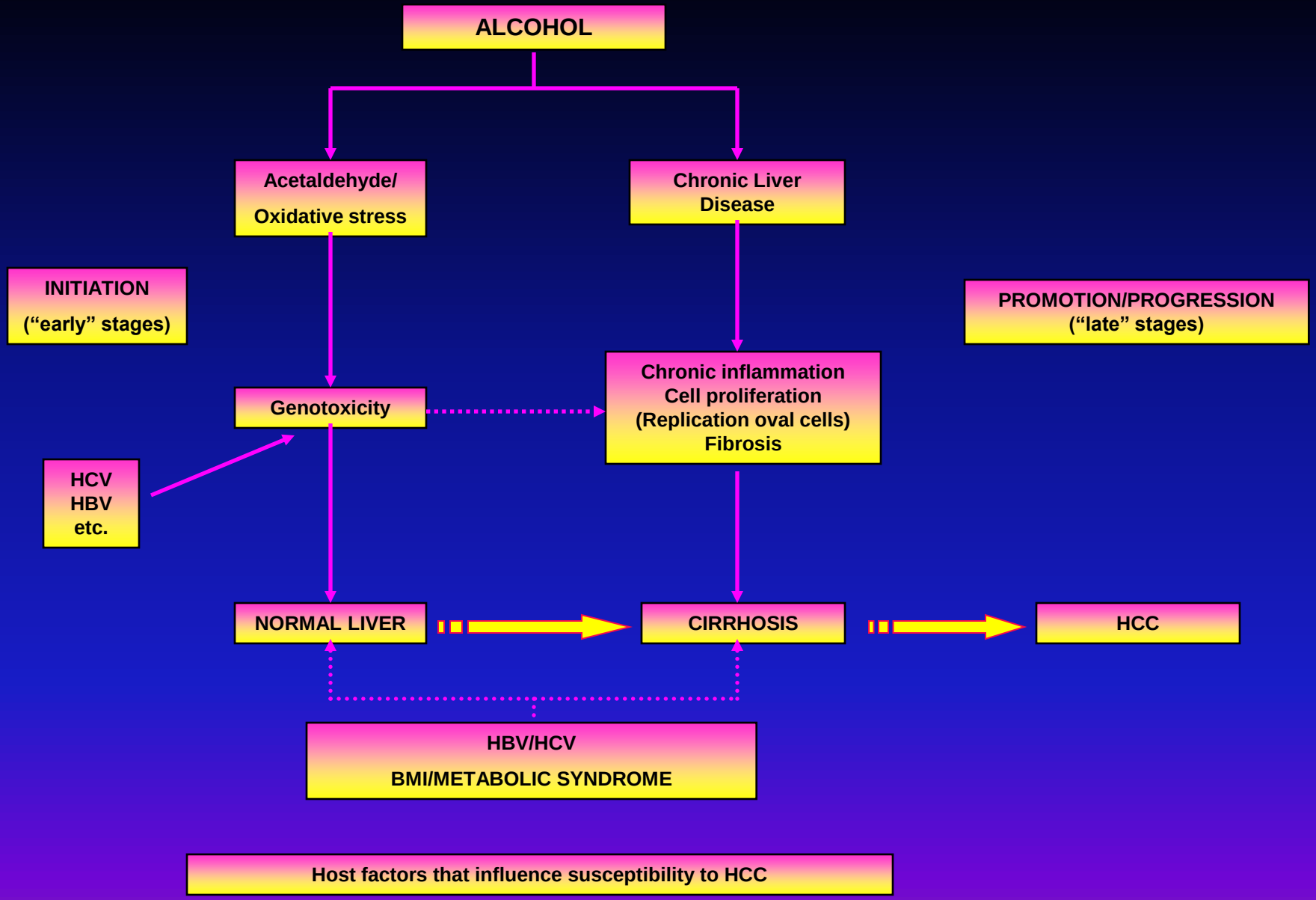
GSTP1: detoxification of carcinogens

DOK1: response to interferon

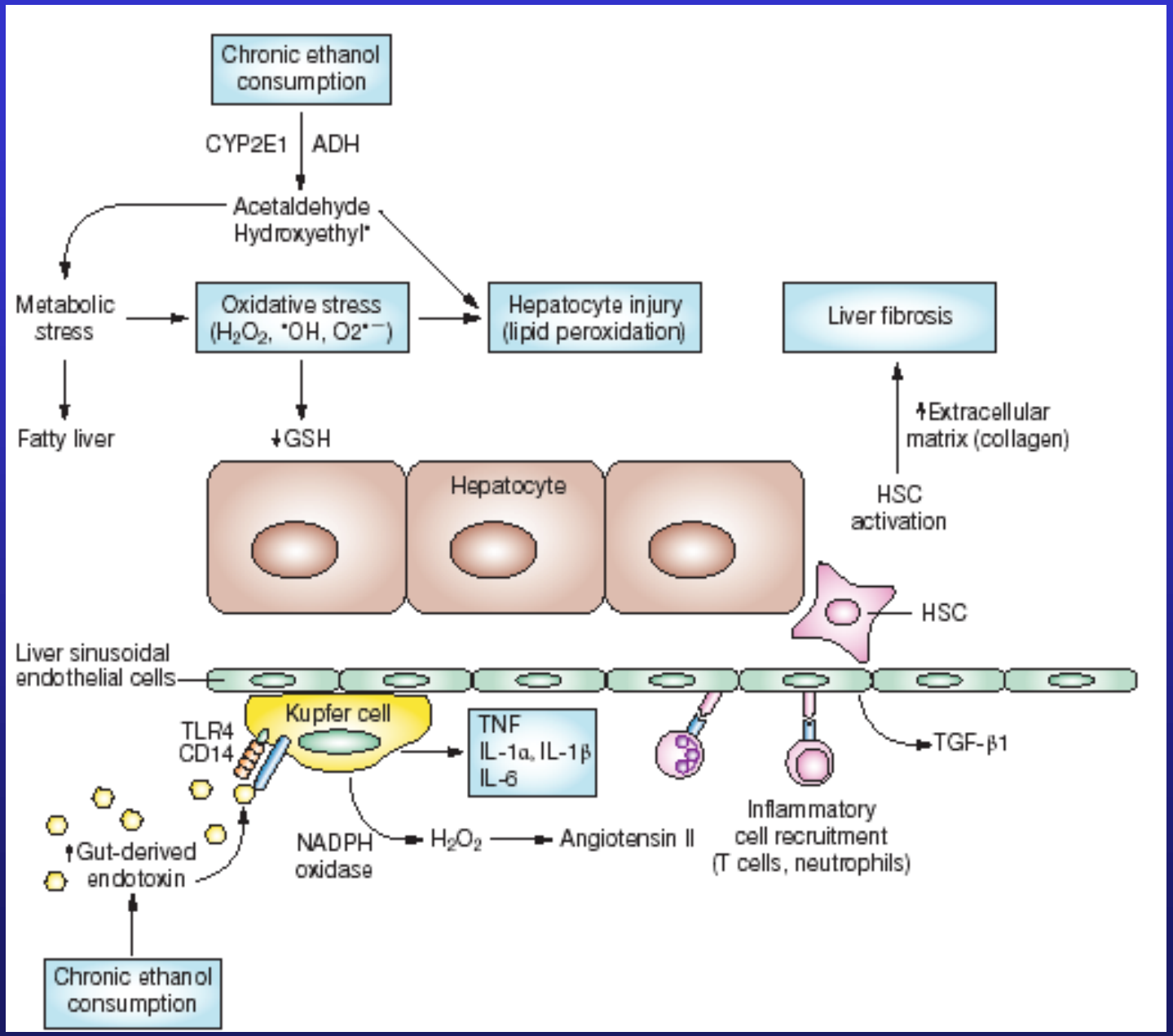
CHRNA3: angiogenic growth

MGMT: DNA repair

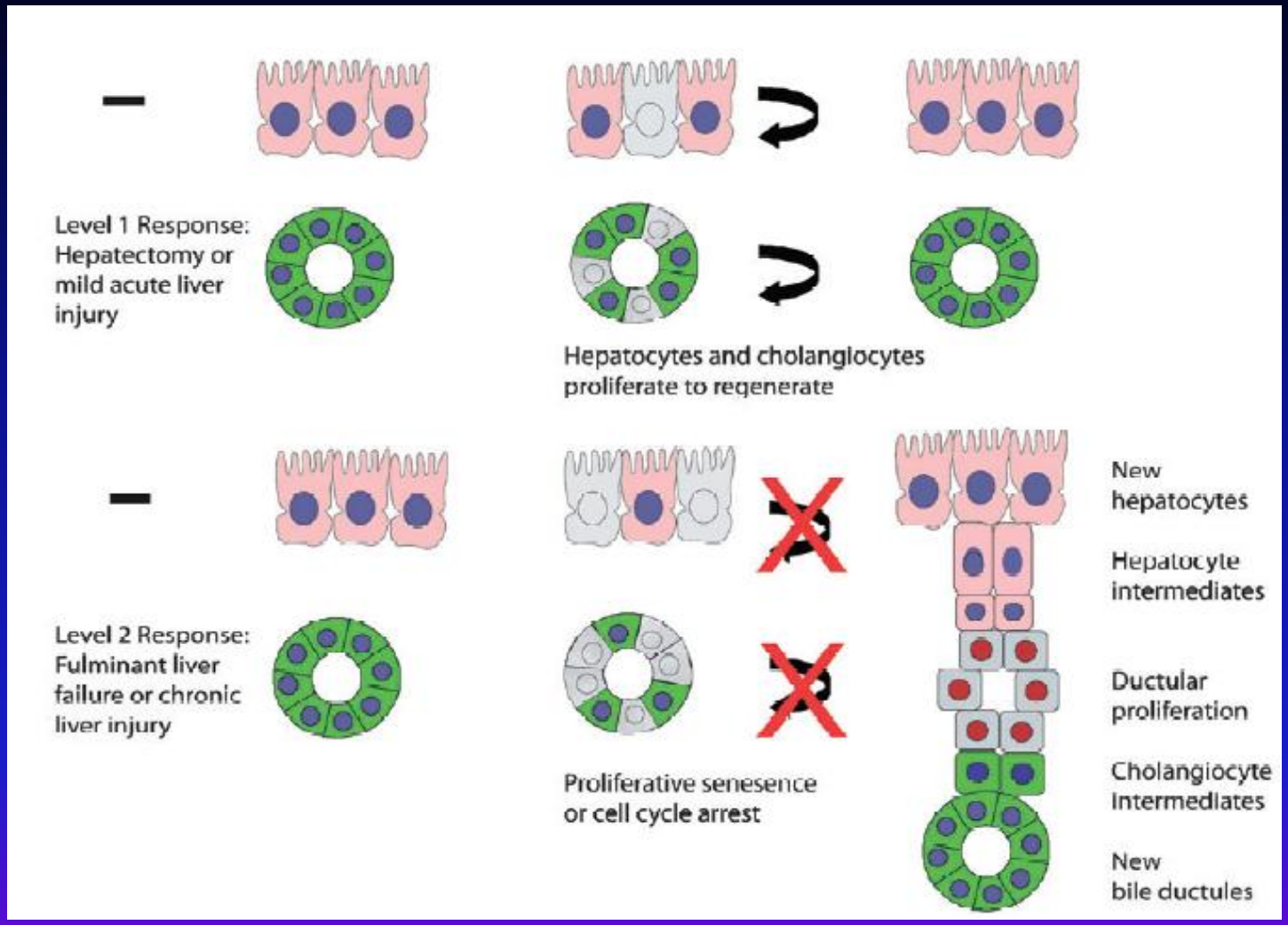
LAMBERT et al, J HEPATOL 2010



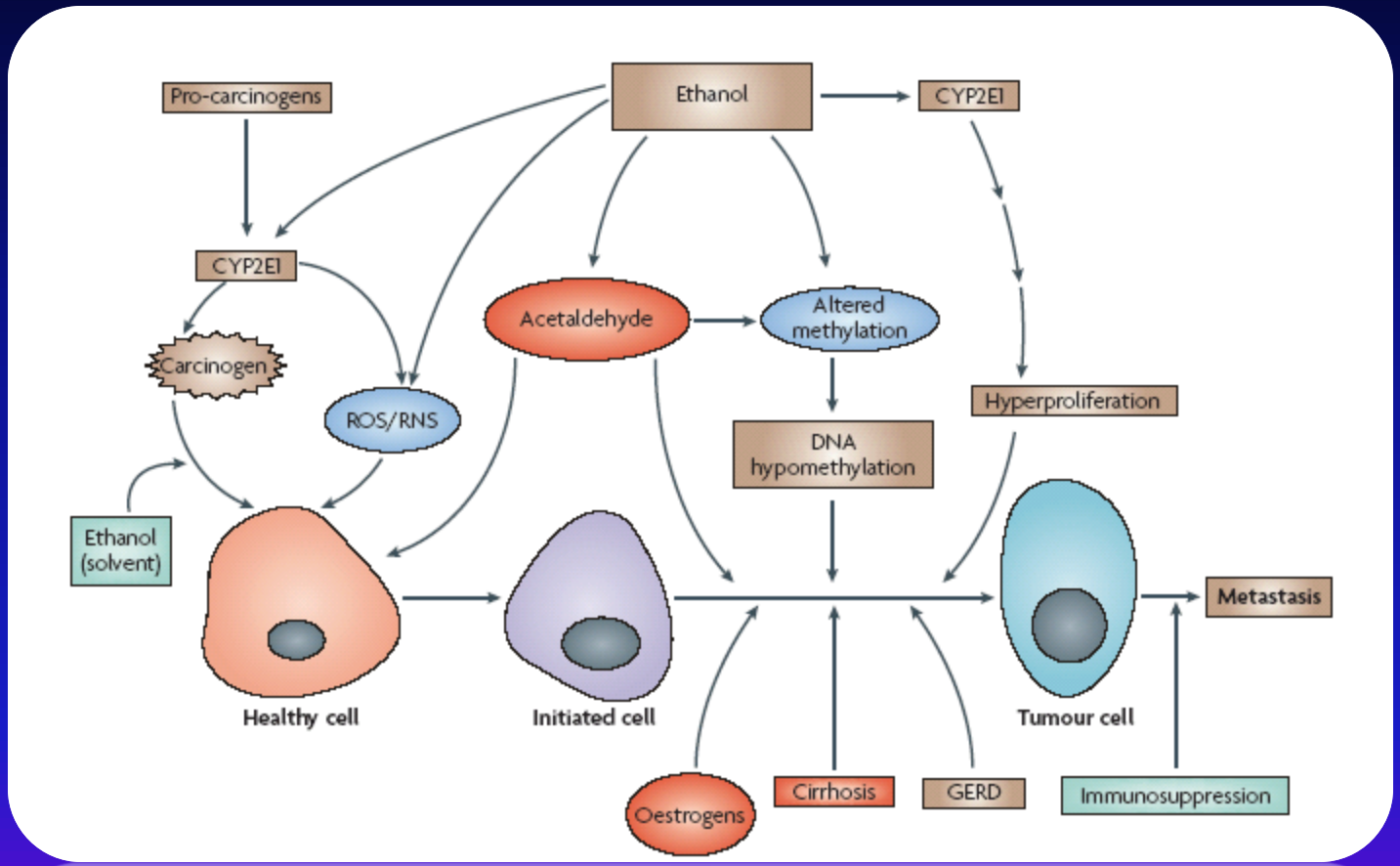
Donato et al., 2002

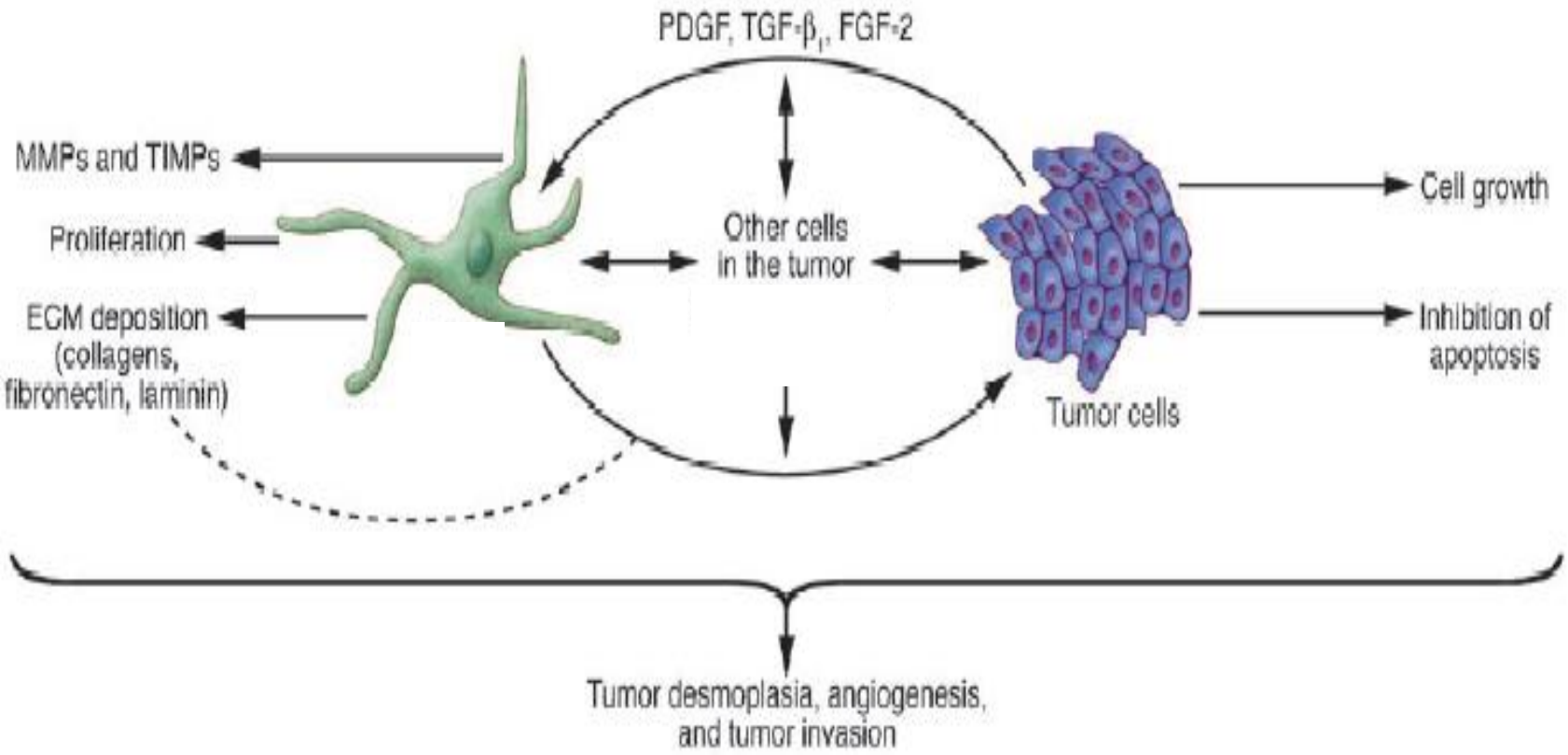

Chronic ethanol consumption
CYP2E1
ADH
Acetaldehyde
Hydroxyethyl•
Metabolic stress
Oxidative stress (H_2O_2, •OH, $O2^{\bullet -}$)
Hepatocyte injury (lipid peroxidation)
Liver fibrosis
Fatty liver
↓GSH
↑Extracellular matrix (collagen)
Hepatocyte
HSC activation
HSC
Liver sinusoidal endothelial cells
Kupfer cell
TLR4
CD14
TNF
IL-1α, IL-1β
IL-6
TGF-β1
Inflammatory cell recruitment (T cells, neutrophils)
↑Gut-derived endotoxin
NADPH oxidase
H_2O_2
Angiotensin II
Chronic ethanol consumption

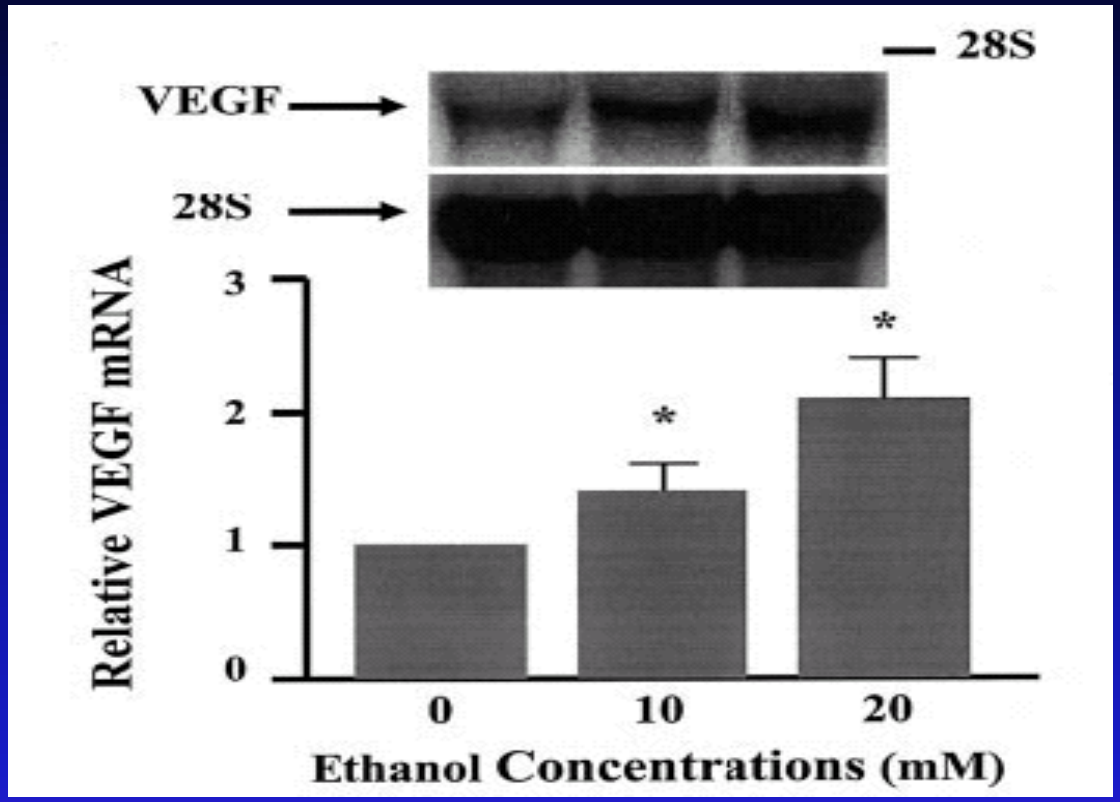
Tilg H., 2007



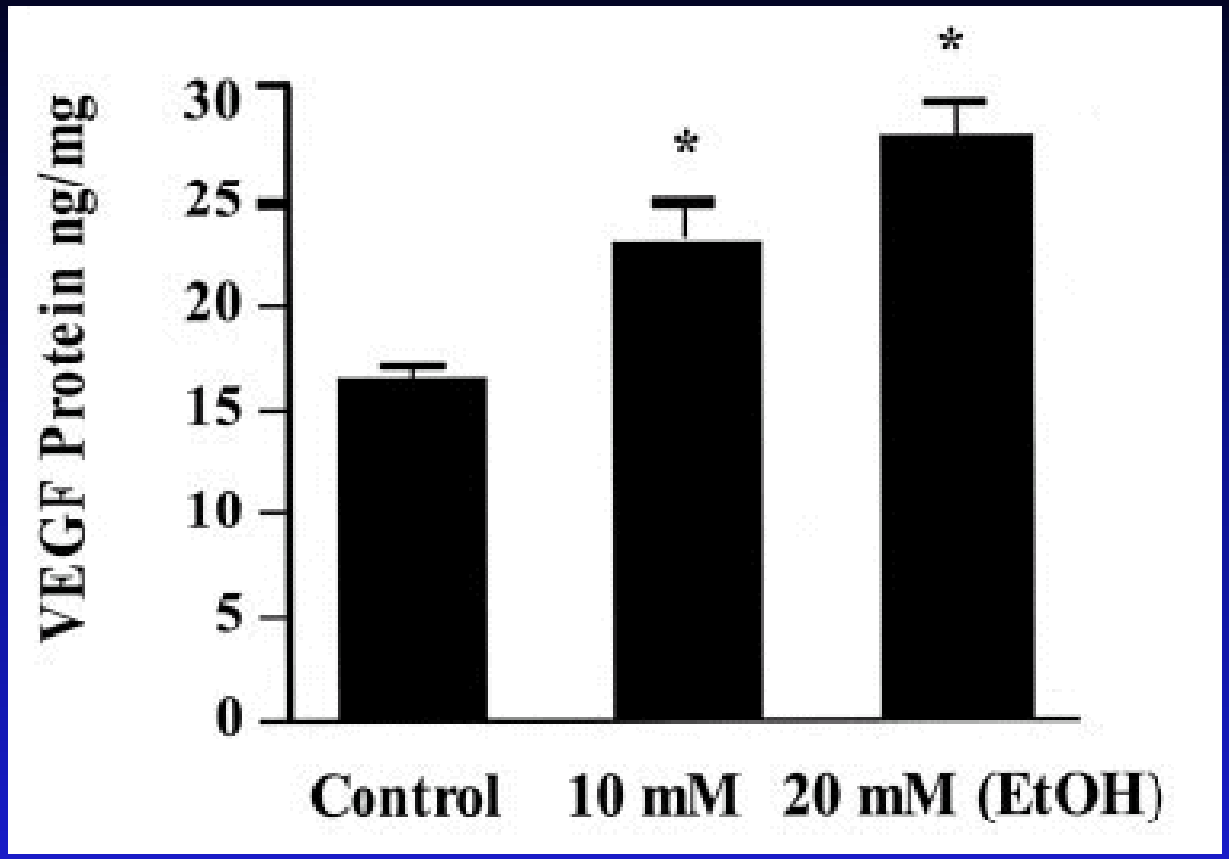
Riehle KJ et al, J Gastroenterol Hepatol 2011


Pro-carcinogens
Ethanol
CYP2E1
CYP2E1
Acetaldehyde
Altered methylation
Carcinogen
ROS/RNS
Hyperproliferation
DNA hypomethylation
Ethanol (solvent)
Metastasis
Healthy cell
Initiated cell
Tumour cell
Oestrogens
Cirrhosis
GERD
Immunosuppression

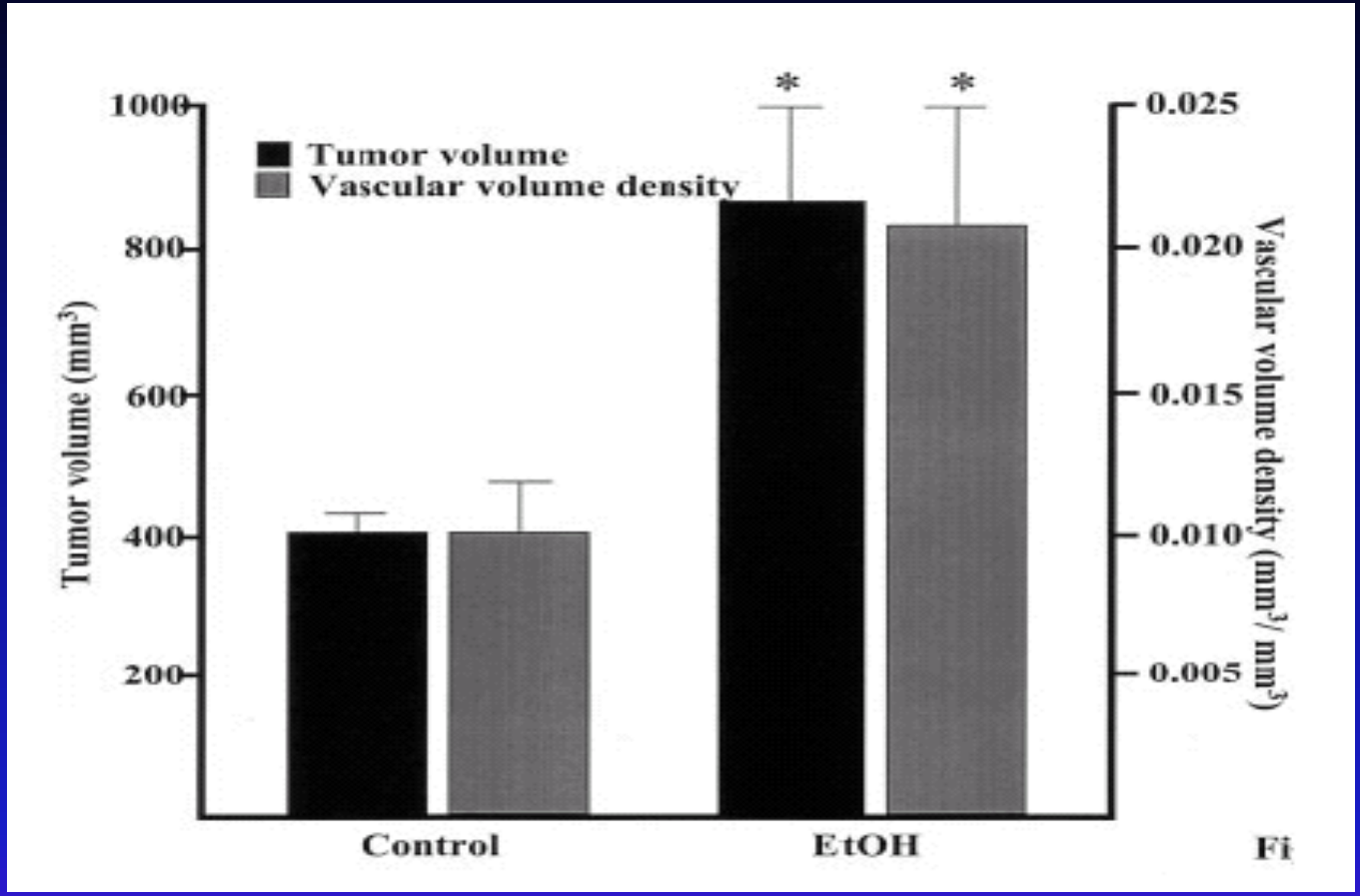

PDGF, TGF-β1, FGF-2
MMPs and TIMPs
Proliferation
ECM deposition
(collagens,
fibronectin, laminin)
Other cells
in the tumor
Cell growth
Inhibition of
apoptosis
Tumor cells
Tumor desmoplasia, angiogenesis,
and tumor invasion



Gu JW et al, Cancer 2005



Gu JW et al, Cancer 2005



Gu JW et al, Cancer 2005

Correlation between Liver Metastasis and Alcohol Consumption

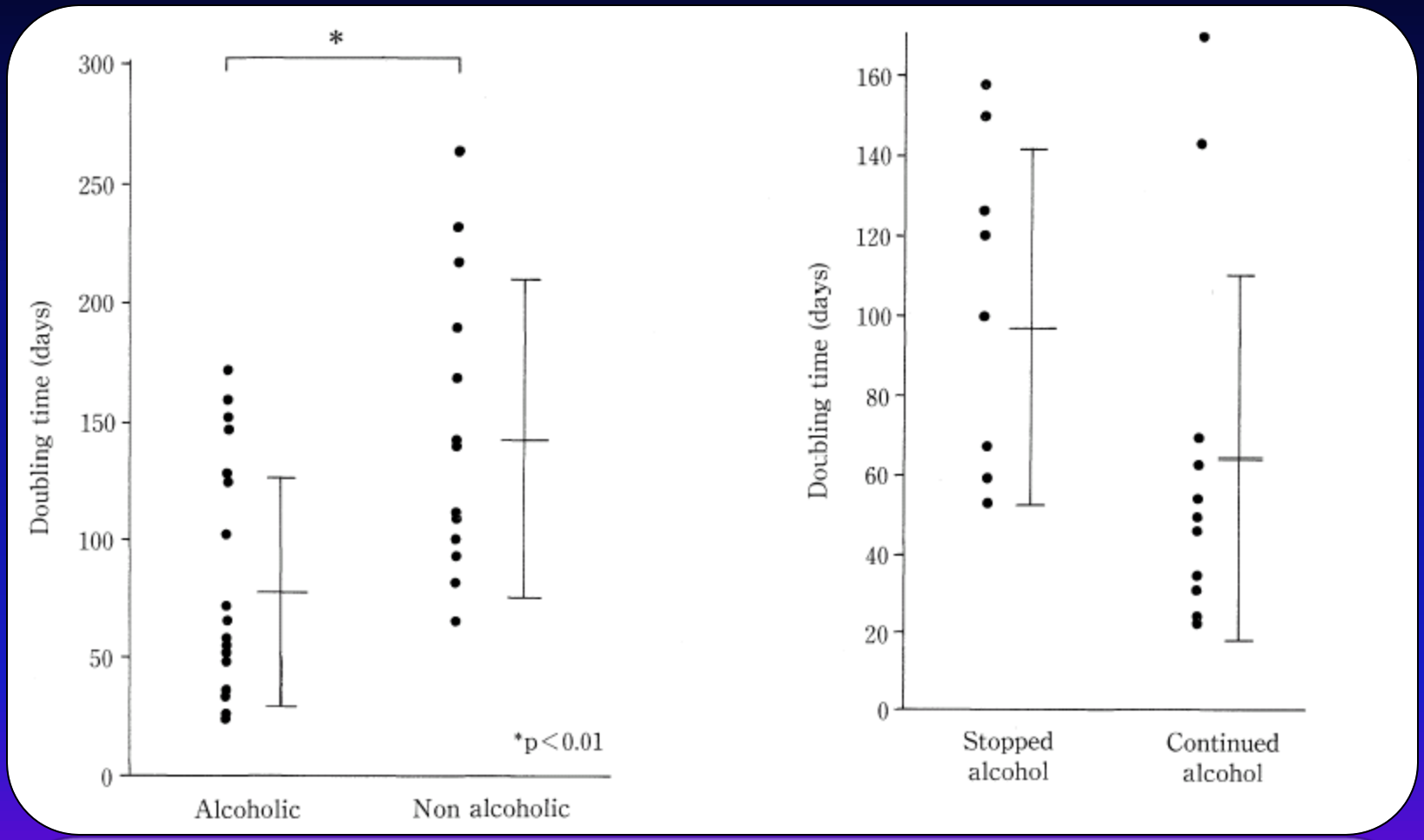
	Liver metastasis cases/total cases		
	NACG	ACG	*P* value[a]
Total	17/95	17/38	0.0021
Synchronous	7/95	9/38	0.0201
Metachronous[b]	10/88	8/29	0.0714

NACG: Nonalcohol-consuming group; ACG: alcohol-consuming group.

[a] Fisher's exact test.

[b] Synchronous liver metastasis cases were excluded.

Maeda M et al, Cancer 1998



After detection HCC 20-80 gr/day

Matsuhashi et al, Internal Medicine 1996

	5– year HCC incidence rate	5 – year death incidence rate
Group 1	0/20 (0%)	1/20 (5%)
Group 2 and 3	4/77 (5.1%)	9/77 (11.6%)
Group 4	32/93 (34.4%)	35/93 (37.6%)

1) N. Polymorphisms
2) 1–2 ALA –SOD 2 ALLELES
3) 2 GMPO ALLESSES
4) 2 GMPO ALLELES + 1-2 ALA – SOD 2 ALLESES

Nathon et al, Hepatology 2009

RISK FACTORS FOR ALCOHOL ASSOCIATED CARCINOGENESIS

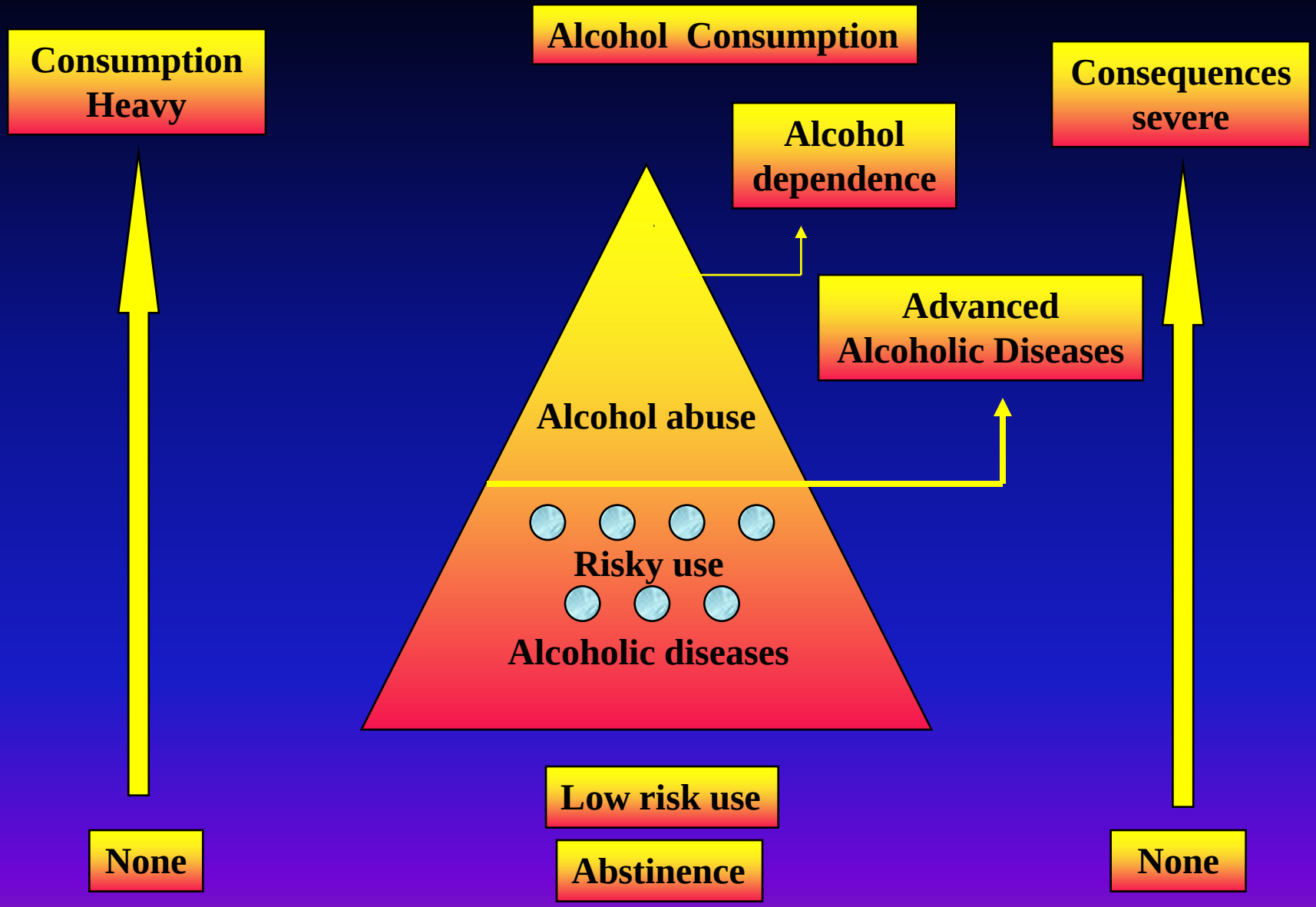
1) **Upper aerodigestive tract**: smoking, poor oral hygiene and poor dental status, highly concentrated alcoholic beverages, additional supplementation of vitamin A an d β-carotene, ADH1C*1,1 homozygocity, ALDH 2*2,2-mutation, precancerous conditions such as Barret's oesophagus and gastro-oesophagus and gastro-oesophagus reflux, atrophic gastritis, Helicobacter pylori infection

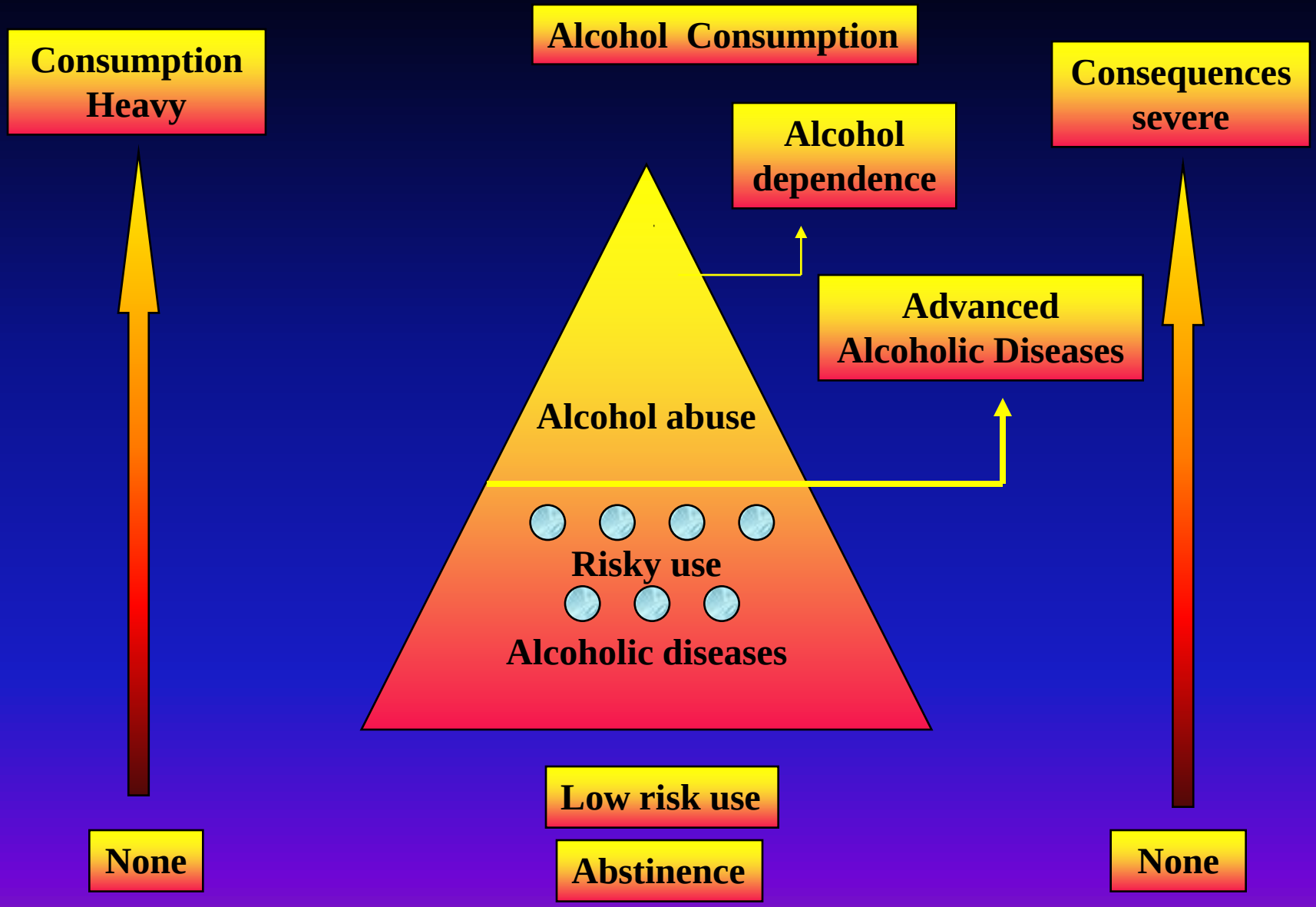
2) **Liver:** cirrhosis, hepatitis B- and C infection, haemochromatosis, exposure to aflotoxins and vinylchloride

3) **Pancreas:** smoke, N291/R122H, SPINK1/N34S, PRSS1

4) **Colorectum**: chronic inflammatory bowel disease, polyps, deficiency of folate, ADH1C*1 homozygocity, ALDH2*2 mutation

5) **Breast**: high oestradiol concentrations (expecially in midcycle), ADH1C*1 genotype? Family history


Alcohol Consumption
Consumption
Heavy
None
Alcohol
dependence
Advanced
Alcoholic Diseases
Consequences
severe
Alcohol abuse
Risky use
Alcoholic diseases
Low risk use
Abstinence
None


Consumption
Heavy
None
Alcohol Consumption
Alcohol dependence
Advanced Alcoholic Diseases
Alcohol abuse
Risky use
Alcoholic diseases
Low risk use
Abstinence
Consequences severe
None

The Union for International Cancer Control includes reducing alcohol consumption in the targets for 2020 in its current World Cancer Declaration (http://www.uicc.org/declaration), but it is clear that the news has been slow to reach the general public

Leyshon, 2010

Consumers should also be aware that cessation or reduction of drinking will reduce cancer risks, albeit slowly over time

Revill, 2005

Room and Rehm, 2010

CANCER COUNCIL AUSTRALIA ALCOHOL WORKING GROUP

Alcohol use is a cause of cancer.

Any level of alcohol consumption increase the risk of developing an alcohol related cancer.

The level of risk increase in line with the level of consumption

Winstanley MH et al, The Medical Journal of Australia 2011

In western Europe, an important proportion of cases of cancer can be attributable to alcohol consumption……..

These data support current political efforts to reduce or to abstain from alcohol consumption to reduce the incidence of cancer.

Schutze et al, British Medical Journal 2011

ALCOHOL AND CANCER RECOMMENDATION

“no safe level” - “low risk”

20 gr/day in healthy man

10 gr/day in healthy women

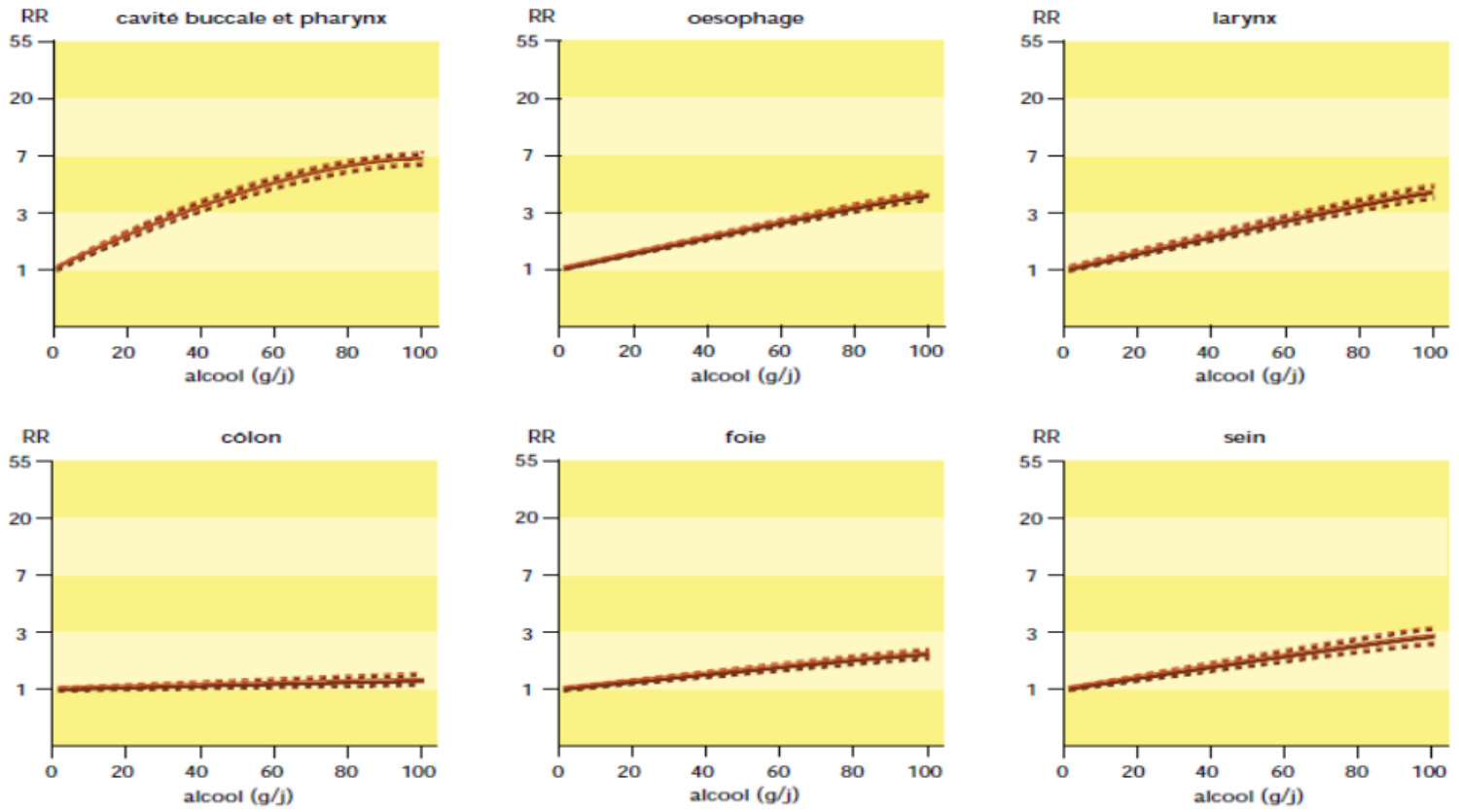
European Code Against Cancer,
Boyle et al; Ann Oncol 2003

28 gr /day in healthy man

14 gr / day in healthy women

US Departments of Agricolture and Health and Human Services; July 2009

FIGURE 10 : ILLUSTRATION SYNTHÉTIQUE DES RISQUES RELATIFS DE CANCER DE LA CAVITÉ BUCCALE ET DU PHARYNX, DE L'ŒSOPHAGE, DU LARYNX, DU CÔLON, DU FOIE ET DU SEIN SELON LES QUANTITÉS D'ALCOOL CONSOMMÉES



Institute National du Cancer, www.e-cancer.fr, 2007

ALCOHOL CONSUMPTION AND CANCER

"THE ANALYSIS WAS UNABLE TO IDENTIFY A THRESHOLD LEVEL OF ALCOHOL CONSUMPTION BELOW WHICH NO INCREASE RISK FOR CANCER IS EVIDENT "

Bagnardi et al, Alcohol Research and Health 2001

Institute National du cancer, Paris 2007
World Cancer Research Fund, American Institute for Cancer Research, 2010
IARC (OMS), 2010
Association of European Cancer Leagues, 2011
Cancer Council Australia, 2011
Public Health, 2011

GRAZIE

PER

L’ATTENZIONE !